

## Calendar of Events

### Sunday, January 14, 2024

#### **Rainbow Action Group's Koffee Klatch**

January 14, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

#### **Steps to Membership**

January 14, Sunday, 11:30 am, Room 321. Join Rose Littler-Riedel and Swamini Saraswati to learn about how to become a member of First UU and have your questions answered!

#### **Cosmos**

January 14, second Sundays, 1 pm — 3 pm, room 323. The only prerequisite is an open heart and mind. Contact [James Long](mailto:James.Long@firstuusandiego.org) for information.

#### **How Can the Church Go Greener?**

January 14, Sunday, 3:30 pm, [bit.ly/1stUUClimateJustice](https://bit.ly/1stUUClimateJustice). The Climate Justice Action Team will discuss ideas for greening our beloved church campus, which is already pretty green (e.g. solar panels, plant-centered meals.)

#### **Open Heart Sangha**

Sundays, 4 pm — 5:30 pm, Bard Hall. [margewur@gmail.com](mailto:margewur@gmail.com).

### Monday, January 15, 2024

#### **Women's Choir**

Mondays, 7 pm — 8:30 pm, Bard Hall.

### Tuesday, January 16, 2024

#### **Young Adult Group**

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Monday. Contact [Lara](mailto:Lara@firstuusandiego.org).

### Wednesday, January 17, 2024

#### **Chalice Choir Rehearsal**

Wednesdays, 7 pm — 8:30 pm, Bard Hall..

### Thursday, January 18, 2024

#### **Food Pantry Midweek Bagging**

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. [foodpantry@firstuusandiego.org](mailto:foodpantry@firstuusandiego.org).

#### **Book Club - Note Different Night!**

January 18, Thursday, 6 pm, Zoom. We will be discussing *Watchmaker of Filagree St* by Natasha Pulley. In February, we will be discussing the one San Diego book: *The Sum of Us* at our regular second Thursday date. Please join us for a lively discussion.

### Upcoming Events

#### **Aging in India**

January 20, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Swamini Saraswati, our intern minister, will lead a discussion on the Indian perspective on aging with stories from Hinduism. Hosted by UU Seniors.

#### **Coping With Chronic Conditions**

##### **Support Group**

January 22, Mondays (second & fourth), 1:30 pm — 3 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

#### **Caregivers/Allies Support Group**

January 23, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, online. For information contact [Les Vivian](mailto:Les.Vivian@firstuusandiego.org).

#### **Coalition for Reproductive Justice Annual Fundraiser**

January 24, Wednesday, 5 pm, Mingei Museum, Balboa Park. Join us for Empowerment in Action: Harnessing Community Power for Positive Change. The keynote speaker is Carly Manes, abortion doula and author of *What's an Abortion Anyway*, a medically accurate, gender-inclusive, and nonjudgmental book for kids about abortion. This year's "Reproductive Advocate" and "Audre Lorde Emerging Leader" will be recognized for their ongoing commitment to reproductive justice.

#### **Mid-Year State of the Congregation congregational meeting**

January 28, Sunday, 12:30 pm, Meeting House.

#### **Racialized Identities Awareness Book Group**

February 2, Friday, 6:30 pm — 8 pm, Room 323. Please come join the Racialized Identities Awareness Book Group's discussion of *South to America: A Journey Below the Mason Dixon to Understand the Soul of a Nation* by Imani Perry. Contact Louise Titlow at [lmittlow@gmail.com](mailto:lmittlow@gmail.com) for more information.

#### **ZUUMERS**

February 4, first Sundays, 11:30 am, online. For more information and link, please contact Claudia at [obata.claudia@gmail.com](mailto:obata.claudia@gmail.com).

#### **Board Chat**

February 4, first Sundays, 12:30 pm, [bit.ly/FirstUUBoardChat](https://bit.ly/FirstUUBoardChat), Meeting ID: 863 0218 5062, Passcode: 203946.

# Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.*

*Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

January's Monthly Theme: Liberating Love

## "An Unjust Law is No Law at All: Remembering Martin Luther King"

Rev. Justine Sullivan, *Lead Minister*

Marshall Voit, *Music Director*

Andrea Spiero, *JUUL Tones Director*

Tomás Acosta, *Collaborative Pianist*

Sunday, January 14, 2024

10 am Hillcrest Meeting House with Patio Viewing



First  
Unitarian Universalist  
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103  
South Bay: 970 Broadway Chula Vista, CA 91911  
619-298-9978

Visit [www.firstuusandiego.org](http://www.firstuusandiego.org) for more information

## **Prelude / Preludio**

“There Will Be Peace in the Valley for Me” — m. Thomas A. Dorsey

## **Call to Worship and Chalice Lighting / Llamado a la adoración y encendido del cáliz**

— Rev. Justine Sullivan, *Lead Minister*

## **Opening Hymn / Himno de apertura**

#153 “Woke Up This Morning”

## **Words of Welcome and Land Acknowledgment / Palabras de bienvenida y reconocimiento de tierra**

— Ruth Turner, *Worship Associate*

— Andrea Spiero, *JUUL Tones Director*

## **Church Hymn and Aspiration / Himno y Aspiración de la iglesia**

## **Time for All Ages & Affirmation /**

## **Tiempo para todas las edades y afirmación**

“New Member Blessing”

— Rose Littler-Riedel, *Communications Coordinator*

— Swamini Adityananda Saraswati, *Intern Minister*

## **Candle of Life for Rev. Jim Grant / Vela de la vida para el rev. Jim Grant**

— Rev. Justine Sullivan, *Lead Minister*

## **Offering Words / Palabras de oferta**

## **Offering Music / Ofreciendo música**

“If I Can Dream” — m. W. Earl Brown

## **Remembering Dr. King / Recordando al Dr. King**

— Rev. Justine Sullivan, *Lead Minister*

## **Special Music / Música especial**

“Abraham, Martin, and John” — w. & m. Dick Holler

## **Reading / Lectura**

~ Rosalba Ciampi, *Worship Associate*

~ Martha Davis, *Worship Associate*

~ Ruth Turner, *Worship Associate*

~ Rev. Justine Sullivan, *Lead Minister*

~ Swamini Adityananda Saraswati, *Intern Minister*

## **Song / Canción**

#30 “Over My Head”

## **Closing Hymn / Himno de clausura**

#169 “We Shall Overcome” / “Nosotros Venceremos”

## **Blessing and Extinguishing of the Chalice / Bendición y extinción del cáliz**

## **Postlude / Postludio**

“Shed a Little Light” — w. & m. James Taylor

### **Church Hymn**

From all who dwell  
below the skies,  
Let faith and hope  
with love arise,  
Let beauty, truth, and  
good be sung,  
Through ev'ry land,  
by ev'ry tongue.

De todos bajo el gran sol,  
Surja esperanza, fe, amor  
Verdad y belleza cantando,  
De cada tierra, cada voz.

### **Our Affirmation**

We are Unitarian  
Universalists, a people of  
open minds, loving hearts,  
and welcoming hands.

Somos Unitarios  
Universalistas, personas de  
mentes abiertas, corazones  
amorosos, y manos que dan  
la bienvenida.

### **Church Aspiration**

May love be the spirit of this  
church,  
May the quest for truth be its  
sacrament,  
And service be its prayer  
To dwell together in peace,  
To seek knowledge in  
freedom,  
And to help one another in  
fellowship,  
This is our Aspiration.

Que el amor sea la doctrina  
de esta iglesia, la búsqueda  
de la verdad su sacramento, y  
el servicio su oración.  
Vivir juntos en paz, buscar la  
verdad con libertad,  
y ayudarnos mutuamente en  
comunidad, a eso aspiramos.

\*\*Our sign language interpreter today is Paul Lambert

\*\* Join us for In Person Hillcrest Social Hour after Worship

\*\* Join us for Virtual Social Hour at 11 am

<https://bit.ly/FirtUUSocialHour>