

## Calendar of Events

### Sunday, February 4, 2024

#### **Hillcrest In Person Social Hour**

Sundays, following service, Bard Hall.  
Coffee and tea provided.

#### **Virtual Social Hour**

Sundays, 11 am,  
[bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour),  
Meeting ID 824 042 297.  
Password: FUUSD

#### **ZUUMERS**

February 4, first Sundays,  
11:30 am, online. For more information  
and link, please contact Claudia at  
[obata.claudia@gmail.com](mailto:obata.claudia@gmail.com).

#### **Board Chat**

February 4, first Sundays, 12:30 pm,  
[bit.ly/FirstUUBoardChat](https://bit.ly/FirstUUBoardChat), Meeting ID: 863  
0218 5062 Passcode: 203946.

#### **Hillcrest Song Circle**

February 4, first Sundays, 2 pm — 4 pm,  
Room 323. Bring your guitar/and or voice.  
[Wombated@gmail.com](mailto:Wombated@gmail.com) or  
[cmack5913@gmail.com](mailto:cmack5913@gmail.com).

#### **Open Heart Sangha**

Sundays, 4 pm — 5:30 pm, Bard Hall.  
[margewur@gmail.com](mailto:margewur@gmail.com)

### Monday, February 5, 2024

#### **Women's Choir**

Mondays, 7 pm — 8:30 pm, Bard Hall.

### Tuesday, February 6, 2024

#### **Young Adult Group**

Tuesdays, 5:30 pm — 7 pm, Room 114b.  
Young Adults aged 22-35 are gathering in  
room 114b every Tuesday. Contact [Lara](mailto:Lara).

### Wednesday, February 7, 2024

#### **Chalice Choir Rehearsal**

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

### Thursday, February 8, 2024

#### **Food Pantry Midweek Bagging**

Thursdays, 11 am — 12:30 pm, South Bay  
Campus Room 105. Join us putting  
together bags of healthy  
food for Saturday's distribution.  
[foodpantry@firstuusandiego.org](mailto:foodpantry@firstuusandiego.org)

#### **Our Grief Journeys**

February 8, second & fourth Thursdays,  
until May 28, 1:30 pm — 3 pm, Room  
323. For information contact  
[karenthurst@gmail.com](mailto:karenthurst@gmail.com).

#### **Review of Medical Decision Forms Book Club**

February 8, second Thursdays, 6 pm,  
Zoom. We will be discussing the one San  
Diego book: *The Sum of Us*. Please join  
us for a lively discussion. Contact [Mina](mailto:Mina).

### Upcoming Events

#### **Memory Matters Gathering**

February 9, second and fourth Fridays, 10  
am — 11:30 am, online. This is a place  
for those who worry about memory  
problems care partners. Email  
[hybertsen@att.net](mailto:hybertsen@att.net) for the link.

#### **Women Together Meeting**

February 10, second Saturdays, 12 pm —  
2 pm, Common Room. Contact Claudia  
[obata.claudia@gmail.com](mailto:obata.claudia@gmail.com).

#### **Dances of Universal Peace**

February 10, second Saturdays, 4 pm —  
6 pm, Bard Hall.

#### **Kirtan Chanting**

February 10, second Saturdays,  
6 pm — 7 pm, Common Room.

#### **Rainbow Action Group's Koffee Klatch**

February 11, second Sundays, 11:15 am  
— 12:15 pm, Room 323. All family, friends  
and allies are invited.

#### **Cosmos**

February 11, second Sundays, 1 pm — 3  
pm, room 323. The only prerequisite is an  
open heart and mind. Contact [James](mailto:James)  
[Long](mailto:Long) for information.

#### **California Setbacks on Climate Change Efforts: The Road Forward**

February 11, Sunday, 3:30 pm  
<https://bit.ly/1stUU>  
[ClimateJustice](mailto:ClimateJustice)

#### **Special Membership Meeting**

##### **– Please vote!**

February 18, Sunday, 1 pm, Zoom only  
[bit.ly/SCM1UU](https://bit.ly/SCM1UU). We will approve and  
open the voting for two proposed  
amendments revisions.

# Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

*Create community, nurture spiritual growth, heal the world.  
Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.*

February's Monthly Theme: Justice & Equity

## "Joyful Resistance"

Rev. Kristen Kuriga, *Assistant Minister*

Jan Garbosky, *Worship Associate*

Marshall Voit, *Music Director*

Tomás Acosta, *Collaborative Pianist*

First UU SD Women's Choir

Sunday, February 4, 2024

10 am Hillcrest Meeting House with Patio Viewing



First  
Unitarian Universalist  
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103  
South Bay: 970 Broadway Chula Vista, CA 91911  
619-298-9978

Visit [firstuusandiego.org](https://firstuusandiego.org) for more information

## **Bell / Campana**

— Rev. Kristen Kuriga, *Assistant Minister*

## **Opening Hymn / Himno de apertura**

#361 “Enter, Rejoice, and Come in” / #65 “Ven, ven alégrate hoy”

## **Call to Worship and Chalice Lighting / Llamado a la adoración y encendido del cáliz**

### **Introit / Introito**

“I Am Willing” — w. & m. Holly Near, arr. Steven Milloy  
~ First UU San Diego Women’s Choir

## **Words of Welcome and Land Acknowledgment / Palabras de bienvenida y reconocimiento de tierra**

— Jan Garbosky, *Worship Associate*  
— Rev. Kristen Kuriga

## **Church Hymn and Aspiration / Himno y Aspiración de la iglesia**

## **Time for All Ages & Affirmation / Tiempo para todas las edades y afirmación**

Joy — Corrinne Averiss, Illustrations by Isabelle Follath  
~ Rev. Kristen Kuriga

## **Announcements & Offering Words / Anuncio y ofrecimiento de palabras**

San Diego Flood Response Fund

## **Offering Music / Ofreciendo música**

“Here Comes the Sun” — m. John Lennon and Paul McCartney

## **Reading / Lectura**

From *Inciting Joy* — Ross Gay  
Read by Jan Garbosky

## **Special Music / Musica especial**

“This Joy (World Can’t Take It Away)” — w. & m. Shirley Caesar  
~ First UU San Diego Women’s Choir

## **Sermon / Sermón**

“Joyful Resistance” — Rev. Kristen Kuriga

## **Closing Hymn / Himno de clausura**

“This Joy (World Can’t Take It Away)” Reprise

## **Blessing and Extinguishing of the Chalice / Bendición y extinción del cáliz**

— Rev. Kristen Kuriga

## **Postlude / Postludio**

“59th Street Bridge Song” — m. Paul Simon

### **Church Hymn**

From all who dwell  
below the skies,  
Let faith and hope  
with love arise,  
Let beauty, truth, and  
good be sung,  
Through ev’ry land,  
by ev’ry tongue.

De todos bajo el gran sol,  
Surja esperanza, fe, amor  
Verdad y belleza cantando,  
De cada tierra, cada voz.

### **Our Affirmation**

We are Unitarian  
Universalists, a people of  
open minds, loving hearts,  
and welcoming hands.

Somos Unitarios  
Universalistas, personas de  
mentes abiertas, corazones  
amorosos, y manos que dan  
la bienvenida.

### **Church Aspiration**

May love be the spirit of this  
church,  
May the quest for truth be its  
sacrament,  
And service be its prayer  
To dwell together in peace,  
To seek knowledge in  
freedom,  
And to help one another in  
fellowship,  
This is our Aspiration.

Que el amor sea la doctrina  
de esta iglesia, la búsqueda  
de la verdad su sacramento,  
y el servicio su oración.  
Vivir juntos en paz, buscar la  
verdad con libertad,  
y ayudarnos mutuamente en  
comunidad, a eso aspiramos.

*\*\*Our sign language interpreter today is Paul Lambert  
\*\* Join us for In Person Hillcrest Social Hour after Worship*

*\*\* Join us for Virtual Social Hour at 11 am  
<https://bit.ly/FirtUUSocialHour>*