

WALKS—Type and Starting Points

Remember to wear a mask and stay 6 feet apart.

Mission Bay Park: Level paved or grass near bay: From I-5 exit at Clairemont Drive, west to parking

lot, and either direction near the water. For grass, walk south and wind around.

Belmont Park: Level paved near the ocean: From W. Mission Bay Dr & Mission Blvd. south ½ block

to parking. Cross Mission Blvd and a block toward the ocean to the walkway.

Sunset Cliffs Coastal Trail: Level, mostly smooth, above ocean and cliffs. Park on Point Loma Ave.

east of Sunset Cliffs Blvd, south 1 block to trail.

Fishing Pier at Ocean Beach: Sidewalks and wooden pier: Park near Newport Ave, and Abbot St.,

walk 1 block south to pier.

Mission Hills sidewalks, a few needing repairs, parking abundant

- Uphill from Cosoy Way on Presidio Dr. to Arista St. or drive up Presidio Dr., park and

continue.

- Fairly level from Ft. Stockton Dr. and St. James Pl. mostly winding in any direction.

Homestretch Sep 19 Summary- Marv Pulliam

Osher Lifelong Learning Institute

Covers On-Line Osher programs offered at UCSD and SDSU

UCSD (On Zoom)

Contact Info

Tel.:(858) 534-3409

Email: olli@ucsd.edu

Website: extension.ucsd.edu

(Select Osher Lifelong Learning Institute under Courses & Programs)

Membership: Annual-\$265, Quarterly-\$165, Monthly-\$80,

Class fees: Online classes and lectures included in membership

SDSU (On Zoom)

Contact Info

Tel.: 619 594-2863

Email: osher@sdsu.edu

Website: <https://ces.sdsu.edu/osher-lifelong-learning-institute-sdsu>

Membership: \$30 per term

(No new members accepted at this time)

Class fees: Fall 2020 Free Online Webinars Only to Current Members

OASIS

San Diego Oasis (On Zoom)

Contact Info

Tel.: 619 881 6262

Email: info@SanDiegoOasis.org

Website: <https://san-diego.oasisnet.org>

Membership: No fee to become a member

(Processing fee when paying for first class in a new term)

Class Fees: Varies~\$10 and up

HOME STRETCH

VIRTUAL OPPORTUNITIES FOR CONTINUED LEARNING

(REQUIRES ACCESS TO THE INTERNET TO ACCESS UCSD PROGRAMS)

(VARIETY OF PROGRAMS and COURSES AVAILABLE)

GENERAL (UNIVERSITY CALENDAR COVERS A BROAD RANGE OF ACTIVITIES)

<https://calendar.ucsd.edu/search/category/talks-lectures>

UCSD EXTENSION DIVISION - LECTURES, MUSIC, UCTV

<https://extension.ucsd.edu/news-and-events>

<https://extension.ucsd.edu/community-and-research/uctv-and-ucsd-tv>

<https://extension.ucsd.edu/news-and-events/public-events-and-lectures>

UCSD -SCHOOL OF GLOBAL POLICY AND STRATEGY (GPS)

<https://gps.ucsd.edu/news-events/events/covid-19-webinar-series.html>

UCSD INSTITUTE FOR HEALTHY AGING (MEDICAL SCHOOL)

<https://medschool.ucsd.edu/research/aging/about/Pages/default.aspx>

The Center for Academic Research and Training in Anthropogeny* (CARTA)

<https://carta.anthropogeny.org>

Photos of Stars and Space

Hubble Space Telescope: <https://www.spacetelescope.org/images/archive/top100/>

More from Hubble: https://www.nasa.gov/mission_pages/hubble/multimedia/index.html

Photos of Earth from Space: <https://www.nasa.gov/topics/earth/images/index.html>

Virtual Museum Tours

Suggest you start with your favorite museum or a museum have wanted to visit. Otherwise here are some suggestions:

Top Ten Museum tours <https://www.theguardian.com/travel/2020/mar/23/10-of-the-worlds-best-virtual-museum-and-art-gallery-tours>

75 Virtual Museum Tours <https://upgradedpoints.com/best-virtual-museum-tours/>

11 Science Museum tours <https://interestingengineering.com/11-science-and-tech-museums-you-can-tour-virtually>

What you will find

1. Tour the museum exhibit by exhibit, minimal commentary. The Vatican's Sistine Chapel <http://www.museivaticani.va/content/museivaticani/en/collezioni/musei/cappella-sistina/tour-virtuale.html>
2. Lecture series, usually an hour or more, San Diego Natural History Museum <https://www.youtube.com/user/SDNaturalHistory/playlists>
3. Projects for Children – things you can do at home, science, art, history, etc
4. "Short and Sweet": choose one painting and learn more about it

San Diego Museum of Art: 60 second story of a masterpiece:

<https://www.sdmart.org/masterpiece-minute/>

Barnes Foundation in Philadelphia: 10 minute lecture on one painting

https://www.youtube.com/watch?v=NsxcVMcY1Vk&list=PLqj_NobvmUQ1bcAZrF5AnZLEp_pAyTxDB&index=3

Timken Museum: 10 minutes on one topic

<http://www.timkenmuseum.org/art/exhibitions//curators-corner/>

Architecture Tours

Guggenheim Museum Bilbao <https://artsandculture.google.com/project/guggenheim-bilbao>

Sydney Opera House <https://www.sydneyoperahouse.com/digital/videos.html> and acts that performed there

Tenement Museum in New York https://www.tenement.org/events/?event_type=tenement-talks# 3 options, each about 40 minutes

Gamble House in Pasadena <https://gamblehouse.org/videos/> 6 minutes

MORE Ideas from Living the Homestretch

These are the suggestions we received from the Breakout Groups on September 19, 2020.

Japanese Friendship Garden San Diego <https://www.niwa.org/>

Voice of San Diego Politifest www.voiceofsandiego.org/politifest

Eldergym, an exercise program for seniors <https://www.youtube.com/c/Eldergym/videos>

Online courses from 140 colleges and universities from around the world <https://www.edx.org/>

Harvard University's online course on Justice <https://online-learning.harvard.edu/course/justice?delta=1>

First UU's discussion of the 8th principle. Please contact board members Laura Ball at earlyworm@sbcgobal.net and/or Angela Garcia-Sims at agarciasim@aol.com for details.

UCSD programs on cosmology <https://www.ucsd.tv/search-moreresults.aspx?catSubID=25>

Use Google Earth to view old neighborhoods where you grew up: schools, churches, houses and apartments <https://www.google.com/earth/>

Exercise videos and more at the YMCA <https://ymca360.org/>

Medical news at <http://mednews.com/> and <https://pubmed.ncbi.nlm.nih.gov/>

Lecture series at University of San Diego <https://www.sandiego.edu/bridges/lectures/>

Great Courses <https://www.thegreatcourses.com/>

Walking tours of Mission Hills <https://www.missionhillsheritage.org/>

New York Metropolitan Opera <https://www.metopera.org/>

Local theatres have performances and discussion groups on line

Look at your favorite author's website for book discussions with the author

Music, dance and theater streaming service marquee.tv/