

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

March's Monthly Worship Theme: Transformation

Hillcrest Campus Location
 4190 Front Street
 San Diego, CA 92103
 619-298-9978

South Bay Campus Location
 970 Broadway, Suite 104
 Chula Vista, CA 91911
 619-271-5017

Hillcrest Services
 10 am Sundays

South Bay Services
 10 am Sundays

March 17
"Uncovering Authenticity"
 Rev. Kristen Kuriga, Assistant Minister

March 17
"Singing for Our Lives"
 Rev. Justine Sullivan, Lead Minister

March 24
"Rise Up"
 Rev. Justine Sullivan and Swamini Adityananda Saraswati

March 24
"Rise Up"
 Livestream of the Hillcrest Service

March Generosity Offering
UU Justice Ministry of California

Throughout the month of March our offering is being received in support of the UU Justice Ministry of California (UJMCA). Their mission is to advance justice in our state by cultivating and connecting leaders and communities, and by empowering the public voice of those who share UU values and principles. In April, UJMCA will be partnering with Casa de Luz and UU Refugee and Immigrant Services and Education (UURISE) to offer a border pilgrimage and home build. Our offering will go towards the supplies needed to build a home for a family in Tijuana. You can learn more about the pilgrimage [HERE](#). You can donate at church or on our [website](#), under gift designation select "Generosity."

Journey Toward Wholeness (JTW)
What Can I Do?

"Third Annual Clara Breed Civil Liberties Lecture"
 Tuesday, March 26, 6 pm — 8 pm, Neil Morgan Auditorium, Central Library. Featuring Dr. Stanley Rodriguez, educator and president of Kumeyaay Community College. Dr. Rodriguez, a member of Advocates for Indigenous California Language Survival, will share his insights and experiences in revitalizing cultural knowledge. A Santa Ysabel Band of the Iipay Nation member, Dr. Rodriguez learned traditional Kumeyaay knowledge from his grandmother and elders. As President of Kumeyaay Community College, he has led indigenous language revitalization efforts, developed language immersion programs, and actively advocated for indigenous education.

What's Happening?

Seeking Board of Trustees Candidates

Please consider becoming a candidate for a Board of Trustees position that begins in July. Four church members, including one with a financial background, are being sought for Trustee-at-Large positions to work with five incumbent Board members. The Board provides congregational oversight and direction as per our policy governance guidelines. Informational forums about the Trustee positions are coming soon. Email nomcom@firstuusandiego.org or call 858-449-0431.

First UU Hosts Interfaith Homeless Shelter March 10-24

This winter/spring our congregation is hosting the Interfaith Shelter at our congregation. We are providing shelter for up to 12 guests and breakfast, lunch and dinner for two weeks, from March 10-24. During this time, the common room and room 113 on the Hillcrest Campus are our guests' home.

Volunteers provide potluck evening meals, serve as greeters, overnight hosts, and can help with a variety of small projects, including: washing bedding, organizing laundry, shopping for food and supplies, and set-up and clean-up of the shelter. We also need daytime volunteers for shifts on weekend days.

Check out our [frequently asked questions sheet](#).

For more information or to sign up, contact Alex Bates-Lamparella, Shelter Project Coordinator: SJET@firstuusandiego.org
Laura Ball: earlyworm@sbcglobal.net, 619-548-3231

GA 2024 Coming Right Up — June 20-23

UUA General Assembly will be all virtual this year and Article II will be the hot topic for consideration (among other issues). We are asking for members to fill 10 delegate slots for First UU.

If you only want to attend business sessions, you are asked just for a donation to defray GA expenses. If you want to attend all sessions and programming, you must pay full registration fee. Full online registration includes access to the business sessions and on-demand programming including featured speakers, and major workshops. If you register before March 15, the fee is \$280. Between March 15 — May 15, \$315 and after May 15, \$400. It pays to register early! More information at www.uua.org/ga/registration

Only delegates can vote on business items. To be a delegate from First UU (with either registration), our church must provide credentials to you. An application form with requirements is available on the church website or please contact johnschaibly@gmail.com. Church reimbursement will not be available this year for GA expenses.

How to Call Into a Zoom Meeting

Call into a Zoom by phone at 1-669-900-6833.

D4\$ 2024: Events are Now Needed!

D4\$ is our beloved community-building fundraising auction of different events between June 2024 and December 2024. We're trying a semi-annual format this year for the first time. We need You! Consider being a host for a fun-filled event at your home, on a hike, at the beach, or a myriad of different activities or destinations that folks can bid on during the month of May. Please go to our [D4\\$ webpage](#) for a link to the online event submission form and creative ideas on what to offer. Submit your event(s) no later than April 15. If you'd like to volunteer in-person at church on Sundays to help folks with this, contact [Laurie Crehan](#) or [Robie Evans](#).

Two UU Conferences in April

April 19-21: UUA Pacific Western Region will hold its biennial Assembly in Denver. There will be no delegates or voting but it will feature UUA President Rev. Sofia Betancourt's Keynote address which will be remotely broadcast. This talk plus several workshops by prominent UUs including our previous members, Dr. Melissa James and Sarah Gibb Millspaugh, will be also available remotely. More information at bit.ly/PWregion

April 26-28: Camp de Benneville Pines Annual Assembly held in Ventura. We need to send 10 delegates to Ventura or to attend by ZOOM to elect board members, and do the business of our precious mountain resource. There will be camp status reports by Janet James and our own Pat Gordon, Board President in addition to workshops and entertainment. More information and registration at bit.ly/CampAssembly. Want to be a delegate? Contact johnschaibly@gmail.com.

Transforming Conflict Learning Series

What's your relationship with conflict? As a congregation, we want to learn how to engage with conflict in loving and covenantal ways. Join us for a learning series on the book *Transforming Conflict: The Blessings of Congregational Turmoil* by Terasa Cooley. Copies of the book are available at church or you can purchase a copy here: <https://a.co/d/e0INIEv>

Mark your calendar and join us for the below zoom sessions where we will read, reflect, and practice new skills. You are welcome to join us even if you couldn't make other sessions. Before each session, please read the chapters and bring a quote with you to share. Each session will be on zoom and will be co-facilitated by Rev. Justine Sullivan and Rev. Kristen Kuriga: <https://zoom.us/j/7434659479>

- Session 4: Chapters 7-8, 3/26, 6:30 pm — 8 pm
- Session 5: Chapters 9-10, 4/9, 6:30 pm — 8 pm

Register for All Church Camp

Join us for All Church Camp at de Benneville Pines May 31 — June 2! For more information and to register, visit: www.firstuusandiego.org/all-church-camp.html.

What's Happening?

Adult RE: Governance - Last Chance to Register!

March 15, Friday, 6:30 pm — 9 pm, Zoom. DLFF, Tony Bianca, will explore the policies, practices and procedures that form the governance structure of our congregation. This event is free and open to the public but registration is required to receive the Zoom link for the evening. To register, visit: form.jotform.com/221945094745160

Estate Planning Documents

March 16, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Richard Scott Stewart, Esq., a local attorney specializing in elder law, will lead a discussion on wills, trusts, and other legal documents for estate planning. Hosted by UU Seniors.

Front Street Productions Presents!

March 16, Saturday, 7:30 pm, Meeting House. Front Street Productions presents "Susan Straight Author Talk." Featuring her award-winning unforgettable novel "Mecca" examining race, history, family and destiny. You must register to attend this open-seating show through [Eventbrite](https://www.eventbrite.com). For more information, contact [Robie Evans](mailto:Robie.Evans@frontstreetproductions.com).

Hillcrest In-Person Social Hour

March 17, Sundays, following worship, Bard Hall. Join your community in Bard Hall after the service for coffee, snacks, and conversation.

Virtual Social Hour

March 17, Sundays, 11 am, bit.ly/FirstUUSocialHour. Meeting ID 824 042 297. Password: FUUSD.

Spiritual Agnostics Film Study & Discussion Group

March 17, Sunday, 11:30 am, Room 323. The film will be "Our Brand Is Crisis", starring Sandra Bullock, Billy Bob Thornton, and Joaquin de Alameda. Critically & viewer acclaimed, based on the involvement of the American Corp. of G.C.S., in the 2002 Bolivian Presidential Election.

Open Heart Sangha

March 17, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

Women's Choir

March 18, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women who create community through joyful, spirit-filled singing. No experience required.

Board Meeting

March 19, third Tuesdays, 6:30 pm, Bard Hall & online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the [website](https://www.uu.org).

Chalice Choir

March 20, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest musical ensemble.

Memory Matters Gathering

March 22, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Coping With Chronic Conditions Support Group

March 25, 2nd and 4th Mondays, 1:30 pm — 3 pm, zoom. Contact [Chris Smith](mailto:Chris.Smith@uu.org) prior to attending 619-300-7477.

Men's Fellowship 4th Monday Meeting

March 25, Monday, 6 pm, Common Room. Reconnect with old friends, meet new ones and to learn what we do. (We welcome men who identify as straight, gay or transgender.)

Caregivers/Allies Support Group

March 26, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact [Les Vivian](mailto:Les.Vivian@uu.org).

Our Grief Journeys

March 28, second & fourth Thursdays, until May 28, 1:30 pm — 3 pm, Room 323. This is a safe, supportive space for sharing our unique experiences of grief & loss, co-facilitated by Marcia Biller and [Karen Thurston](mailto:Karen.Thurston@uu.org).

The Burrito Project

March 28, Thursday, 5 pm, Common Room. Join us for the next burrito making project! Distribution to our unhoused neighbors will take place at around 6:30 pm. Folks will return to church around 8:30 pm.

The Racialized Identities Awareness Book Group

April 5, Friday, 6:30 pm — 8 pm, Room 323. *Between the World and Me* by Ta-Nehisi Coates will be discussed. Please come and join us, contact [Louise Titlow](mailto:Louise.Titlow@uu.org).

Board Chat

April 7, Sunday, 12:30 pm, bit.ly/FirstUUBoardChat.

Hillcrest Song Circle

April 7, first Sundays, 2 pm — 4 pm, Room 323. As always, bring your guitar/and or voice. This is a fun chance to sing—we are not a choir. For information contact Wombated@gmail.com or cmack5913@gmail.com.

Neighborhood Group without Borders

April 10, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Susan Riegel Harding invites you to a brown bag lunch. Chat, play games, plant succulents, whatever we feel like doing. Coffee, water, and beverages will be provided. Text RSVP to 619-987-6234.

Book Club

April 11, second Thursdays, 6 pm, Zoom. We will be discussing *Mecca* by Susan Straight. Contact Minastaylor@gmail.com for info.

Finance Committee Meeting

April 11, Thursday, 6:30 pm, link in the members area of the [website](https://www.uu.org). Non-committee members do not take part in discussions or have a vote.

Volunteers Needed as Ushers and Greeters!
Contact [Rose](mailto:Rose@uu.org) to find out more!

What's Happening?

Women Together Meeting

April 13, second Saturdays, 12 pm — 2 pm, Common Room. Come visit old friends, meet new friends, and experience sharing with a caring group of women. New members welcome. Contact obata.claudia@gmail.com.

Dances of Universal Peace

April 13, second Saturdays, 4 pm — 6 pm, Bard Hall.

Kirtan Chanting

April 13, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of Kirtan.

South Bay Campus

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

South Bay Mini Music Sunday

March 17, Sunday, 10 am, Worship Hall. Join us for a mini music Sunday in the South Bay this week as Rev. Justine Sullivan, Music Director Marshall Voit, and new South Bay music leader Lexi Pulido share a service built around songs of hope and transforming love. And stay after the service for a hymn sing-along... yes, we'll take requests! We'd love to see you there as we lift up our voices together in song.

South Bay Wisdom Circle

March 20, Wednesday, 6:30 pm on [zoom](#). Join us for inspiring conversations about this month's theme of Transformation. Each month offers the gift of connecting with members of our beloved community to discuss inspiring and important issues, and revel in the wisdom that emerges. Due to staff illness, March's South Bay drop-in Wisdom Circle needed to be rescheduled. Join us just this month for a Wednesday evening session on zoom. In April we will return to our regular schedule on the second Sunday of the month after service in-person at 11:30 am. For more information contact swamini@firstuusandiego.org.

Family & Lifespan

Sunday RE

This Sunday, March 17, we'll offer our usual three Sunday RE Groups for children and youth: PreK - 1st; 2nd - 5th, and Jr & Sr High School during the 10 am service.

Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm. Room 114b was impacted by the recent rainstorm. If you are interested in attending young adult group contact Young Adult Coordinator, [Lara Anderson](#) for guidance on temporary meeting locations.

Register for All Church Camp

We hope you can join us for All Church Camp at de Benneville Pines May 31 — June 2! For more information and to register, visit:

<https://www.firstuusandiego.org/all-church-camp.html>

Social Justice

Climate Action:

Support Rooftop Solar Master Metering

Due to recent rulings by the CPUC, solar power is now infeasible for California multi-metered buildings such as apartments and schools. California SB1148 would enable multi-family housing, ADUs, schools, government buildings, and churches to install a master meter with submetering, thus re-enabling rooftop solar on these buildings. See bill details [HERE](#), then contact your state representatives to support SB1148!

UU Justice Ministry of California Border Pilgrimage

"Building Homes, Creating Community" House Build Project. April 4 — 7, 2024. We are excited to offer an in-person immersion experience for individuals interested in engaging with the realities of immigration at the California border. Registration is free but don't hesitate to make a financial contribution if you can. Youth and Adults are welcome to attend the Pilgrimage. Learn more: uujmca.org/building-homes-creating-community/

South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? Let a minister or staff person know, or call the pantry office: (619) 271-5017.

How to Donate to the South Bay Food Pantry

Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

Food Pantry Needs Your Grocery Bags!

The pantry can use the plastic grocery bags you're collecting! And we always need easy-open no-cook food, hygiene items, and adult incontinence supplies. Drop off in Hillcrest on Sunday morning in the Meeting House.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.

Cluster News

An Invitation from the San Dieguito Fellowship

UUFSD welcomes you to join us April 14-16 at Camp de Benneville Pines. We will offer a creative writing experience with Eberly Barnes, chair of the writing department at Roosevelt College at UCSE, yoga, hiking, art, and improv games. Kids can explore, try archery, and play games. All are welcome. Registration is at UUFSD.org. Questions to chrisfaller5@gmail.com or christieturner@gmail.com.

Week at a Glance Calendar

Friday, March 15, 2024

Adult RE: Governance

March 15, Friday, 6:30 pm — 9 pm, Zoom. DLFF, Tony Bianca, will explore the policies, practices and procedures that form the governance structure of our congregation. To register, visit: form.jotform.com/221945094745160

Saturday, March 16, 2024

Estate Planning Documents

March 16, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Richard Scott Stewart, Esq., a local attorney specializing in elder law, will lead a discussion on wills, trusts, and other legal documents for estate planning.

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. foodpantry@firstuusandiego.org.

Front Street Productions Presents!

March 16, Saturday, 7:30 pm, Meeting House. Front Street Productions presents "Susan Straight Author Talk." Featuring her award-winning unforgettable novel "Mecca" examining race, history, family and destiny. You must register to attend this open-seating show through [Eventbrite](https://www.eventbrite.com). For more information, contact [Robie Evans](mailto:RobieEvans).

Sunday, March 17, 2024

Worship Service & Livestream

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship Service

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

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March 17, Sunday, 11:30 am, Room 323. We will be watching "Our Brand Is Crisis," starring Sandra Bullock, Billy Bob Thornton, and Joaquim de Alameda (about U.S. Corp. G.C.S.'s involvement in the 2002 Bolivian Presidential Election).

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, March 18, 2024

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, March 19, 2024

Young Adult Group

Tuesdays, 5:30 pm — 7 pm. Contact [Lara](#) for location info.

Wednesday, March 20, 2024

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, March 21, 2024

Food Pantry Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. foodpantry@firstuusandiego.org.

Upcoming Events

Memory Matters Gathering

March 22, second and fourth Fridays, 10 am — 11:30 am, online. This is a place for those who worry about memory problems care partners. Email hybertsen@att.net for the link.

Coping With Chronic Conditions Support Group

March 25, Mondays (second & fourth), 1:30 pm — 3 pm, Zoom. Contact Chris Smith at 619-300-7477 or [email](#).

Men's Fellowship Fourth Monday Meeting

March 25, Monday, 6 pm, Common Room. Contact [Les Vivian](#), [Chris Guelich](#), or [Mike Dorfi](#) for more info.

Caregivers/Allies Support Group

March 26, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, online. For information contact [Les Vivian](#).

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April 7, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat. Meeting ID: 863 0218 5062 Passcode: 203946.

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April 7, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Neighborhood Group without Borders

April 10, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Text RSVP to 619-987-6234 to reserve one of 14 available spaces.

Book Club

April 11, second Thursdays, 6 pm, Zoom. We will be discussing *Mecca* by Susan Straight. Minastaylor@gmail.com

Finance Committee Meeting

April 11, Thursday, 6:30 pm, link in the members area of the [website](#).

Women Together Meeting

April 13, second Saturdays, 12 pm — 2 pm, Common Room. Contact Claudia obata.claudia@gmail.com.

Dances of Universal Peace

April 13, second Saturdays, 4 pm — 6 pm, Bard Hall.

Kirtan Chanting

April 13, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of uplifting Kirtan.

Rainbow Action Group's Koffee Klatch

April 14, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Lone Broussard, *Affiliate Minister*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Rose Littler-Riedel, *Communications Coordinator & Chaplain Intern*
Lara Anderson, *Youth and Young Adult Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Alex Bates-Lamparella, *Shelter Project Coordinator*
Ray Evans, *Facilities Manager*
Mark Epler, *Event Coordinator*

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi,
Steve Howard, and Gay Hybertsen **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement