

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

April's Monthly Worship Theme: Interdependence

Hillcrest Campus Location
 4190 Front Street
 San Diego, CA 92103
 619-298-9978

South Bay Campus Location
 970 Broadway, Suite 104
 Chula Vista, CA 91911
 619-271-5017

Hillcrest Services
 10 am Sundays

South Bay Services
 10 am Sundays

April 7
"Resist False Choices"
 Rev. Justine Sullivan, Lead Minister

April 7
"Resist False Choices"
 Livestream of the Hillcrest Service

April 14
"The Sound of All of Us"
 Rev. Justine Sullivan, Lead Minister

April 14
"Blooming" - Flower Communion
 Rev. Kristen Kuriga, Assistant Minister

April Generosity Offering
I Am Green

Throughout the month of April our offering is being received in support of I Am Green. I Am Green's roots are firmly planted in Southeastern San Diego, and their mission is to reconnect people back to the planet and each other. In the face of climate change inequities and environmental harm, they are dedicated to educating, advocating, and adding value to the most affected communities. Through the EV Education, Environmental Literacy & Eco-Stewardship Training, and Deconstructing Decarbonization initiatives, I Am Green is working for more robust, resilient, and regenerative lives for all. Save the date for an opportunity to hear from leaders at I Am Green in our Earth Day worship service on Sunday, April 28. You can learn more about the organization here: www.iamgreenandsoareyou.org/. You can donate at church or on our [website](#), under gift designation select "Generosity."

Journey Toward Wholeness (JTW)
What Can I Do?

Under new repatriation rules, museums must now gain consent from Native American tribes before displaying their cultural items. The Museum of Us in Balboa Park was already complying.

Under the 1990 Native American Graves Protection and Repatriation Act, tribes or descendants are allowed to begin the process of reclaiming the items or their ancestors' remains. Because museums have been so slow to relinquish hundreds of thousands of objects--often obtained generations ago through exploitative purchases or grave looting--they now face a new mandate to again consult with tribes about the items they still have, including those on display. To read more about the mandate, visit [HERE](#). To learn more about the efforts at the Museum of Us visit [HERE](#).

What's Happening?

We're Hiring!

First UU San Diego is hiring for a full-time Membership and Social Justice Coordinator. [Here is a link](#) to the position description and how to apply. Share with your networks or anyone you think might be interested in applying. Questions? Contact Rev. Kristen Kuriga, kristen@firstuusandiego.org, 619-398-4435.

Transforming Conflict Learning Series

What's your relationship with conflict? As a congregation, we want to learn how to engage with conflict in loving and covenantal ways. Join us for a learning series on the book *Transforming Conflict: The Blessings of Congregational Turmoil* by Terasa Cooley. Copies of the book are available at church or you can purchase a copy here: <https://a.co/d/e0INIEv>

Mark your calendar and join us for the below zoom session where we will read, reflect, and practice new skills. You are welcome to join us even if you couldn't make other sessions. Before the session, read the chapters and bring a quote with you to share. On zoom and will be co-facilitated by Rev. Justine Sullivan and Rev. Kristen Kuriga: <https://zoom.us/j/7434659479>

- Session 5: Chapters 9-10, 4/9, 6:30 pm — 8 pm

D4\$ 2024: Events are Now Needed!

D4\$ is our beloved community-building fundraising auction of different events between June 2024 and December 2024. We're trying a semi-annual format this year for the first time. We need You! Consider being a host for a fun-filled event at your home, on a hike, at the beach, or a myriad of different activities or destinations that folks can bid on during the month of May. Please go to our [D4\\$ webpage](#) for a link to the online event submission form and creative ideas on what to offer. Submit your event(s) no later than April 15. If you'd like to volunteer in-person at church on Sundays to help folks with this, contact [Laurie Crehan](#) or [Robie Evans](#).

Two UU Conferences in April

April 19-21: UUA Pacific Western Region will hold its biennial Assembly in Denver. There will be no delegates or voting but it will feature UUA President Rev. Sofia Betancourt's Keynote address which will be remotely broadcast. This talk plus several workshops by prominent UUs including our previous members, Dr. Melissa James and Sarah Gibb Millspaugh, will be also available remotely. More information at bit.ly/PWregion

April 26-28: Camp de Benneville Pines Annual Assembly held in Ventura. We need to send 10 delegates to Ventura or to attend by ZOOM to elect board members, and do the business of our precious mountain resource. There will be camp status reports by Janet James and our own Pat Gordon, Board President in addition to workshops and entertainment. More information and registration at bit.ly/CampAssembly. Want to be a delegate? Contact johnschaibly@gmail.com.

Contact [Rose](#) to add your group's info to the Window!

Staff Accounting Transition

As of March 17, 2024, Connie Hayes is no longer the church's Controller/Bookkeeper. We've hired ESP Accounting, a firm which specializes in church and non-profit accounting. Connie has been with us for over thirteen years and we are grateful for her many years of dedicated service to First UU - we wish her well. All future accounting questions or queries should be directed to [Robie Evans](#).

Register for All Church Camp

Join us for All Church Camp at de Benneville Pines May 31 — June 2! For more information and to register, visit: www.firstuusandiego.org/all-church-camp.html.

GA 2024 Coming Right Up — June 20th - 23rd

UUA General Assembly will be all virtual this year and final approval of Article II will be the hot topic for consideration (among other issues). We are asking for 10 volunteer delegates for our congregation.

This year, First UU is paying full registration for all delegates! Delegate registration grants voting privilege in business sessions and on-demand programming including featured speakers, and major workshops. If you would like to be a delegate, please contact johnschaibly@gmail.com. Rev. Justine will provide your credentials. More information about GA at <https://www.uua.org/ga/registration>.

Join us for Fun on the Membership Committee

Our recent meeting was so much fun, we decided to invite you to join us on the Membership Committee! Besides hanging out with Lynda Gilgun, Karen Thurston, Rhiannon Smith, Steve Howard, and Swamini Adityananda Saraswati, you will experience the satisfaction of helping to welcome new folks into our Beloved Congregation. We would love to have new members as well as long-time members. Contact Swamini at Swamini@FirstUUSanDiego.org.

No Foolin' — April Ice Cream Social

This Sunday, April 7 our youth groups, and Friends of de Benneville, will serve tasty dips in Bard Hall after the service. All proceeds will go toward youth camperships starting this summer. We're striving to reach our goal of \$2,000 by June and we're just about there! Bring cash.

The Racialized Identities Awareness Book Group

April 5, Friday, 6:30 pm — 8 pm, Room 323. *Between the World and Me* by Ta-Nehisi Coates will be discussed. Please come and join us, contact [Louise Titlow](#).

Reception for LGBTQ Youth Art show

April 6, Saturday, 6 pm — 8 pm, Bard Hall. Support San Diego Pride's youth by attending the LGBTQ Youth Art Show. Youth will talk about their artwork and refreshments will be served. Contact Keaslerart@gmail.com.

Follow us on *Instagram* @firstuusd and @uus_south_bay

What's Happening?

Chalice Choir to Sing at Community Event

April 6, *this Saturday*, 6:30 pm — 8 pm, UCSD's Park and Market space. First UU's Chalice Choir will participate in "Intersecciones: Crossing Voices," an event at that will feature community choirs from Tijuana and San Diego. Parking is limited, but the trolley stops right at the venue. **More info can be found here.** We hope you'll come and support our community members at this exciting event.

Hillcrest In-Person Social Hour

April 7, Sundays, following worship, Bard Hall. Join your community in Bard Hall after the service for coffee, snacks, and conversation.

Virtual Social Hour

April 7, Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

Board Chat

April 7, Sunday, 12:30 pm, bit.ly/FirstUUBoardChat.

Hillcrest Song Circle

April 7, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. A fun chance to sing—not a choir. Contact Wombated@gmail.com or cmack5913@gmail.com.

Open Heart Sangha

April 7, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

Coping With Chronic Conditions Support Group

April 8, second and fourth Mondays, 1:30 pm — 3 pm, zoom. Contact [Chris Smith](mailto:Chris_Smith) prior to attending 619-300-7477.

Caregivers/Allies Support Group

April 8, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact [Les Vivian](mailto:Les_Vivian).

Women's Choir

April 8, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women. Join this warm and welcoming group of women. No experience required.

Neighborhood Group without Borders

April 10, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Susan Riegel Harding invites you to a brown bag lunch. Coffee, water, and beverages will be provided. Text RSVP to 619-987-6234.

Chalice Choir

April 10, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest ensemble. All have a place in the choir, come and take yours! No experience required.

Our Grief Journeys

April 11 second & fourth Thursdays, until May 28, 1:30 pm — 3 pm, Room 323. This is a safe, supportive space for sharing our unique experiences of grief & loss, co-facilitated by Marcia Biller and [Karen Thurston](mailto:Karen_Thurston).

Book Club

April 11, second Thursdays, 6 pm, Zoom. We will be discussing *Mecca* by Susan Straight. Contact Minastaylor@gmail.com for info.

Finance Committee Meeting

April 11, Thursday, 6:30 pm, link in the members area of the [website](#). Non-committee members do not take part in discussions or have a vote.

Memory Matters Gathering

April 12, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Women Together Meeting

April 13, second Saturdays, 12 pm — 2 pm, Common Room. Come visit old friends, meet new friends, and experience sharing with a caring group of women. New members welcome. Contact obata.claudia@gmail.com.

Dances of Universal Peace

April 13, second Saturdays, 4 pm — 6 pm, Bard Hall. A heart-centered circle dance combining movement, sound, and breath. Embracing the many sacred traditions of humanity, this practice promotes peace with live music and open-hearted friends. No experience is necessary.

Kirtan Chanting

April 13, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of Kirtan.

Rainbow Action Group's Koffee Klatch

April 14, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Cosmos

April 14, second Sundays, 1 pm — 3 pm, Room 323. Join us as we explore the birth and evolution of our universe. Contact [James Long](mailto:James_Long).

Pending California Bills on Climate and the Environment

April 14, Sunday, 3:30 pm, bit.ly/1stUUClimateJustice. Join the Climate Justice Team to look at some of the California bills that may be passed this legislative session aimed at slowing climate change and environmental damage. Decide which bills YOU want to support by calling and writing to your state legislators!

Board Meeting

April 16, third Tuesdays, 6:30 pm, Bard Hall & online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the [website](#).

End-of-Life Conversations

April 20, Saturday, 10 am, Bard Hall, there will be **NO ZOOM** option. Rev. Justine Sullivan will lead a discussion on how to share the medical end-of-life documents and estate planning documents with your family and loved ones. Hosted by UU Seniors. If you need a ride, contact Nedra Bickel at 310-486-1515. There will be coffee, tea, and snacks. Come early and socialize.

What's Happening?

Men's Fellowship 4th Monday Meeting

April 22, Monday, 6 pm, Common Room. Reconnect with old friends, meet new ones and to learn what we do. (We welcome men who identify as straight, gay or transgender.)

Front Street Productions Presents!

April 26, Saturday, 7:30 pm, Meeting House. Front Street Productions presents "Emma's Revolution" concert featuring Pat Humphries and Sandy O. Known for fearless, truth-telling lyrics and melodies you can't resist singing, they consistently write songs about critical issues happening in the world and enthusiastically lend their voices to the movements those issues inspire. Register to attend through [Eventbrite](#). For more information, contact [Robie Evans](#).

Israel and Gaza:

The Question of Genocide, International Law, and the Struggle for Palestinian Liberation

April 30, Tuesday, 6 pm, Zoom. Join First UU's Palestine-Israel Justice Team for a virtual event with guest speaker Dr. Raz Segal, an Israeli historian, Associate Professor of Holocaust and Genocide Studies, and Endowed Professor in the Study of Modern Genocide at Stockton University. A Q&A will follow the presentation. Register for the event at <https://bit.ly/49fHwSN> to receive the Zoom link. Questions to pi.justice.team@gmail.com.

Family & Lifespan

Sunday RE

This Sunday, April 7, we'll have our usual three RE Groups for Children and Youth during the 10 am service: PreK - 1st, 2nd - 5th, Jr&SR High.

Parents' Lounge

Join other parents for conversation and community after the service on Sunday, April 7. Tony will lead a conversation: "What Nourishes You and What Do You Need?"

Parents' Night Out

April 19, Friday, 6:30 pm — 9 pm. We provide dinner and childcare so that you can have the night to do with what you want. RSVP to tony@firstuusandiego.org

April 21st will be a MultiGen Service

Featuring Flower Communion, stories, magic and music that include the Sesame Street & Avengers Theme Songs!

Youth Book Club

The youth will be choosing a new book for discussion in May. For more information and to participate, email lara@firstuusandiego.org.

Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm. Room 114b was impacted by the recent rainstorm. Contact Young Adult Coordinator, [Lara](#) for guidance on temporary meeting locations.

Burrito Project

Join the Young Adults to make and distribute burritos to those experiencing food insecurity on the last Thursday of the month starting at 5 pm in the Common Room. Email lara@forstuusandiego.org for info and to join.

Social Justice

Climate Action: Support Kw'tsan National Monument

Urge President Biden to designate a new national monument in Imperial County to preserve the cultural values, belief systems, and traditional practices of the Quechan people. Kw'tsán National Monument would provide essential protections for wildlife and sacred cultural sites, prevent harmful new mine claims and large-scale industrial development. Learn more [HERE](#).

UU Justice Ministry of California Border Pilgrimage

"Building Homes, Creating Community" House Build Project. April 4 — 7, 2024. We are excited to offer an in-person immersion experience for individuals interested in engaging with the realities of immigration at the California border. Registration is free but don't hesitate to make a financial contribution if you can. Youth and Adults are welcome to attend the Pilgrimage. Learn more [HERE](#).

South Bay Campus

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

South Bay Wisdom Circle

April 14, second Sundays, 11:30 am, South Bay Worship Hall. Join us for inspiring conversations about this month's theme of Transformation. Each month offers the gift of connecting with members of our beloved community to discuss inspiring and important issues, and revel in the wisdom that emerges. The South Bay Wisdom Circle will be facilitated by our intern minister, Swamini Adityananda Saraswati. Contact swamini@firstuusandiego.org.

South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? Let a minister or staff person know, or call the pantry office: (619) 271-5017.

How to Donate to the South Bay Food Pantry

Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

Food Pantry Needs Your Grocery Bags!

The pantry can use the plastic grocery bags you're collecting! And we always need easy-open no-cook food, hygiene items, and adult incontinence supplies. Drop off in Hillcrest on Sunday morning in the Meeting House.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.

Week at a Glance Calendar

Friday, April 5, 2024

The Racialized Identities Awareness Book Group

April 5, Friday, 6:30 pm — 8 pm, Room 323. *Between the World and Me* by Ta-Nehisi Coates will be discussed. Please come and join us, and contact [Louise Titlow](mailto:Louise.Titlow@firstuusandiego.org) if you're interested.

Saturday, April 6, 2024

Reception for LGBTQ Youth Art show

April 6, Saturday, 6 pm - 8 pm, Bard Hall. Please support San Diego Pride's youth program and First UU Art Guild by attending the LGBTQ Youth Art Show.

Sunday, April 7, 2024

Worship Service & Livestream

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship Service

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. foodpantry@firstuusandiego.org.

Board Chat

April 7, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

April 7, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, April 8, 2024

Coping With Chronic Conditions Support Group

April 8, second and fourth Mondays, 1:30 pm — 3 pm, zoom. Contact [Chris Smith](mailto:Chris.Smith@firstuusandiego.org) prior to attending 619-300-7477.

Caregivers/Allies Support Group

April 8, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. For additional information about participating contact [Les Vivian](mailto:LesVivian@firstuusandiego.org).

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, April 9, 2024

Young Adult Group

Tuesdays, 5:30 pm — 7 pm. Contact [Lara](mailto:Lara@firstuusandiego.org) for location info.

Wednesday, April 10, 2024

Neighborhood Group without Borders

April 10, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Text RSVP to 619-987-6234 to reserve one of 14 available spaces.

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, April 11, 2024

Food Pantry Midweek Bagging

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Finance Committee Meeting

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Upcoming Events

Memory Matters Gathering

April 12, second and fourth Fridays, 10 am — 11:30 am, online. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Women Together Meeting

April 13, second Saturdays, 12 pm — 2 pm, Common Room. Contact Claudia obata.claudia@gmail.com.

Dances of Universal Peace

April 13, second Saturdays, 4 pm — 6 pm, Bard Hall.

Kirtan Chanting

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Rainbow Action Group's Koffee Klatch

April 14, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

Cosmos

April 14, second Sundays, 1 pm — 3 pm, room 323. The only prerequisite is an open heart and mind. Contact [James Long](mailto:James.Long@firstuusandiego.org) for information.

Pending California Bills on Climate and the Environment

April 14, Sunday, 3:30 pm <https://bit.ly/1stUUClimateJustice>

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Israel and Gaza: The Question of Genocide, International Law, and the Struggle for Palestinian Liberation

April 30, Tuesday, 6 pm, Zoom. Register at bit.ly/49fHwSN to receive the Zoom link. Questions to pi.justice.team@gmail.com.

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Lone Broussard, *Affiliate Minister*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Rose Littler-Riedel, *Communications Coordinator & Chaplain Intern*
Lara Anderson, *Youth and Young Adult Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Alex Bates-Lamparella, *Shelter Project Coordinator*
Ray Evans, *Facilities Manager*
Mark Epler, *Event Coordinator*

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi,
Steve Howard, and Gay Hybertsen **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement