

The Window

A Weekly Publication



First
Unitarian Universalist
Church of San Diego

Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

December's Monthly Worship Theme: The Gift of Mystery

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

Hillcrest Services 10 am Sundays

December 17, 2023

"Tis the Season"

Rev. Justine Sullivan, *Lead Minister*

December 24, 10 am, Meeting House

"Christmas Eve Service For All Ages"

Rev. Justine Sullivan, Tony Bianca, and the RE Team

All ages are encouraged to join us for this service which will include our annual No-Rehearsal Pageant and, new this year, a visit from the Grinch.

December 24, 6:30 pm, Meeting House

"Christmas Eve Candlelight Service"

First UU Worship Team

Join us starting at 6:30 pm with a half-hour concert of Christmas music featuring our Handbell Ensemble, Penny Whistlers, and other musicians. At 7 pm, we'll celebrate the season with a service filled with our favorite Christmas songs, readings, and lighting of candles.

December 25, 12:30 pm, Bard Hall

Christmas Day Potluck and Carols!

We are so pleased to announce that we will host a beautiful Christmas Day potluck luncheon. Please come with your favorite dish, and even friends and relatives bearing their favorite dishes! Together, we'll dine, sing, and have lovely conversations. Contact swamini@firstuusandiego.org with any questions.

South Bay Services 10 am Sundays

December 17, 2023

"A Rose in the Wintertime:

The Story of Our Lady of Guadalupe"

Rev. Kristen Kuriga, *Assistant Minister*

December 24, 10 am, South Bay Campus

"Love is Born!"

Rev. Kristen Kuriga, *Assistant Minister*

Join us for a Christmas Eve celebration with stories, readings, music by the South Bay Singers, and carols in English & Spanish!

December Generosity Offering

South Bay Food Pantry

First UU and SJET are proud to be supporting the South Bay Food Pantry this holiday season through our Generosity Offering, as well as the Pantry's Blanket and Toy Drive. For nearly four years, the pantry has met vital food security needs to anyone who needs it out of the South Bay parking lot each Saturday afternoon. The operation steadily continues to grow in numbers of families served, and the vast majority of the finances that have made this possible have come from the giving spirit of our church. Just as importantly, all of our community members are encouraged to donate their time to the various volunteer efforts that take place throughout the week to make the pantry's mission possible. Contact foodpantry@firstuusandiego.org to get involved, or get in touch with a volunteer, staff or minister to learn more about how you can support the Pantry's mission this season. Donate on our [website](#), under gift designation select "Generosity."

What's Happening?

Our Church Family

Celebration of Life for Kathryn (Katie) M Jaques

Saturday, December 16 at 4 pm, Hillcrest Campus. Join us to Celebrate the Life of Katie Jaques, long-time member of our congregation. Katie died on March 6, 2021, and we will gather as a community of family and friends for a service in the Meeting House followed by a reception in Bard Hall. You can read Katie's obituary [HERE](#).

Call for Artists

January-March 2023

"People and Places" Exhibition

Bard Hall Gallery of the First Unitarian Universalist Church of San Diego is proud to announce its new show for the New Year! We are seeking wall hangable art portraying "People and Places." This could be a single person or a group of people. It could also be a landscape, cityscape, room with no one in it. If you have a work you THINK might fit our theme, let us be the judges. Submissions are limited to space available.

Please send us jpeg photos of your top three works that you would like to enter. Last date for submissions is December 14, 2023. For more information or any questions and to submit your work contact keaslerart@gmail.com.

Interfaith Shelter Network Congregational Rotation

First UU and the Social Justice Executive Team are proud to announce that our Hillcrest campus will once again host the Interfaith Shelter Network's rotational shelter in Spring 2024, from March 10 — March 24. And we will need all the help we can get! Hosting the shelter is a serious community and congregational effort, and volunteers interested in helping prepare meals, stay overnight, or otherwise facilitate operations are encouraged to reach out now so we can start planning! Contact kristen@firstuusandiego.org for more information or learn more at the [Interfaith Shelter Network website](#).

What is the Caregivers/Allies Support Group and might it be good for me?

Do you have cares and concerns and sometimes responsibilities for someone with a chronic or acute medical/mental condition? Are you carrying the weight of that situation because "that's what you do?" The Caregivers/Allies Support Group is a safe, friendly supportive place, facilitated by a Lay Minister, and we have a covenant of mutual response and confidentiality. We welcome visitors. We meet on the Second Monday and the Fourth Tuesday of the month via Zoom. Please contact [Les Vivian](#) for more information.

Podcast

Listen to "The First Source" a podcast created by Tony Bianca. Episode 7, an interview with Assistant Minister, Rev. Kristen Kuriga is available [HERE](#)!

Sharia's Closet

Volunteer with Laurie at Sharia's Closet! Email Laurie Gerber gerbl@pachell.net.

Tree Decorating & Sing-Along

December 15, 6 pm — 8 pm, Bard Hall. We'll decorate our tree and sing some holiday favorites around the piano with Drew! Bring your favorite holiday foods to share or just come along and join in the holiday cheer.

South Bay Food Pantry Volunteer Meeting

December 16, Saturday, 9:30 am — 10:15 am, South Bay Campus Social Hall. South Bay Food Pantry organizers and church staff invite you to participate in our monthly pantry volunteer meeting. The goal is to revisit our community agreements, strategize to adapt to changing needs, and get input from all of our volunteers and collaborators who keep this project running. We encourage any and all prep, distribution, and mid-week volunteers to participate. We will not be facilitating Gracias y Bendiciones on this day. Hope to see you there!

Hillcrest In-Person Social Hour

December 17, Sundays, following worship, Bard Hall. Join your community in Bard Hall after the service for coffee, snacks, and conversation.

Virtual Social Hour

December 17, Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD. Come one, come all to virtual Social Hour, and share your thoughts about the service or whatever is on your mind each Sunday just after the service. Let's keep connecting!

The Agnostics Film Study & Discussion Group

December 17, Sunday, 11:30 am, Room 323. The Film will be *Journey Into Buddhism, Part 1 - Dharma River* (81 Min.) "Lyrically Poetic & Visually Stunning - don't miss this dazzling glimpse of a sacred world," — Daniel Goleman, author of *Emotional Intelligence*. Some people are drawn to the study of Buddhism because of its apparent simplicity and its emphasis on peace, conflict resolution, compassion, and meditation.

Open Heart Sangha

December 17, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

UUMF "Fourth Monday" Meeting

will be on the Third Monday in December!

December 18, Monday, potluck 6 pm, Common Room. Join us for the First UU Men's Fellowship's annual "Yule Log Ceremony" to reflect on 2023. Our potluck begins at 6 pm (Newcomers only need to bring their appetite.) Our regular meeting runs from 7 pm to 9 pm. Please contact: [Les Vivian](#), [Chris Gulick](#) or [Mike Dorfi](#) for additional information.

What's Happening?

Combined Choirs Christmas Rehearsal

December 18, Monday, 7 pm, Meeting House.

Board Meeting

December 19, Tuesday, 6:30 pm, online. Open to congregants. Link in the [website](#) member area.

Combined Choirs Christmas Rehearsal

December 20, Wednesday, 7 pm, Meeting House.

First UU San Diego Bereavement Group

December 21, Thursdays through December, 3 pm — 4:30 pm, <https://bit.ly/3s5AL6u>. Led by Rev. Justine Sullivan and pastoral care team member Karen Thurston.

Rainbow Action's Twilight Walk

December 21, Thursday, 5 pm, Balboa Park under the big Moreton Bay Fig Tree. Come and enjoy the Holiday Lights in Balboa Park with Rainbow Action's Twilight Walk. It's an easy walking tour of the Museum circle. We're having a bring your own dinner in the Common Room at 6:30 pm before Winter Schmitter concert at 7:30 pm. Contact lmittlow@gmail.com.

Memory Matters Gathering

December 22, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. The gathering enables members to learn to deal with the consequences of memory loss. Email hybertsen@att.net for the link.

Christmas Eve Candlelight Service

December 24, Sunday, 6:30 pm, Meeting House on the Hillcrest Campus. Join us starting at 6:30 pm with a half-hour concert of Christmas music featuring our Handbell Ensemble, Penny Whistlers, and other musicians. At 7 pm, we'll celebrate the season with a service filled with our favorite Christmas songs, readings, and lighting of candles.

Christmas Day Potluck and Carols!

December 25, Monday, 12:30 pm, Baird Hall. We are so pleased to announce that we will host a beautiful Christmas Day potluck luncheon. Please come with your favorite dish, and even friends and relatives bearing their favorite dishes! Together, we'll dine, sing, and have lovely conversations. Contact swamini@firstuusandiego.org if you'd like to volunteer or have any questions.

Caregivers/Allies Support Group

December 26, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact [Les Vivian](#).

New Year's Eve

December 31, Sunday, 10 am, Bard Hall. We'll be having a Watch Party only to view a New Year's Service from the UUA. There will be no live service. Kate will be available for Childcare in Bard Hall.

Chalice Choir

January 3, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest musical ensemble. All God's critters got a place in the choir - come and take yours! No prior singing experience is required.

Racialized Identities Awareness Book Group

January 5, Friday, 6:30 pm — 8 pm, Room 323. Come join the Racialized Identities Awareness Book Group's discussion of *The House of the Broken Angels* by Alberto Urrea. Contact lmittlow@gmail.com for more information.

Board Chat

January 7, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, ID: 863 0218 5062 Passcode: 203946.

Cosmos

January 7, first Sundays, 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 976520. The only prerequisite is an open heart and mind. Contact [James Long](#) for information.

Hillcrest Song Circle

January 7, first Sundays, 2 pm — 4 pm, Room 323. As always, bring your guitar/and or voice. This is a fun chance to sing—we are not a choir. For information contact Wombated@gmail.com or cmack5913@gmail.com.

ZUUMERS

January 7, first Sundays, 6 pm — 7:30 pm, online. We are a neighborhood group online. Join us for interesting conversation and sharing. Visit with old friends and meet new ones. For info and Zoom link, contact Claudia at obata.claudia@gmail.com.

Coping With Chronic Conditions Support Group

January 8, second and fourth Mondays, 1:30 pm — 3 pm, URL bit.ly/CopingCCGroup, or call 669-900-6833 with meeting ID 681-036-9317. New participants contact Chris Smith prior to attending at 619-300-7477 or [email](#) to discuss our covenant, mission statement, and password.

Women's Choir

January 8, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women who create community through joyful, spirit-filled singing. No prior singing experience is required.

Neighborhood Group without Borders

January 10, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Susan Riegel Harding invites you to a brown bag lunch. We can chat, play games, or plant succulents, whatever we feel like doing. Coffee, water, and other beverages will be provided. Text RSVP to 619-987-6234.

Finance Committee Meeting

January 11, Thursday, 6:30 pm, link in the members area of the [website](#). Non-committee members do not take part in discussions or have a vote.

What's Happening?

Women Together Meeting

January 13, second Saturdays, 12 pm — 2 pm, Common Room. Join us to share joys, concerns, and friendship. Contact Claudia, obata.claudia@gmail.com.

Kirtan Chanting

January 13, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of uplifting Kirtan.

Rainbow Action Group's Koffee Klatch

January 14, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Board Meeting

January 23, third Tuesdays, 6 pm, Bard Hall & online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the [website](#).

5th Tuesday Board Meeting

January 30, Tuesday, 6:30 pm, [online](#).

South Bay Campus

New Date--South Bay Tamalada

The South Bay Tamalada has been rescheduled for Saturday, January 6th from 1 pm — 6 pm at the home of Carlynn Ashley. Save the date and join us on Dia de los Reyes/Epiphany for an afternoon of community and nourishment. More details coming soon!

South Bay Singers Rehearsal

December 17, 11:30 am — 12:30 pm, South Bay Campus. The South Bay Singers will be rehearsing after service with Marshall on December 17th in preparation for singing at the services on December 24th and January 7th. All are welcome!

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

South Bay Wisdom Circle

Join us for a new year of inspiring conversations and fellowship. Each month offers the gift of connecting with members of our beloved community to discuss inspiring and important issues, and revel in the wisdom that emerges. The South Bay Wisdom Circle will be facilitated by our Intern Minister, Swamini Adityananda Saraswati. For more information: swamini@firstuusandiego.org.

Social Justice

Climate Action: Your Green Holiday Checklist

The "most wonderful time of the year" generates a lot more trash for our landfills. Make your holiday season more sustainable with these tips on alternative wrapping paper, gifts without excess packaging, food & festive décor, tree selection and recycling. See Your [Green Holiday Checklist | Green America](#).

Family & Lifespan

Sunday RE

This Sunday, December 17, we'll have three RE groups as usual during the 10 am service.

Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm, Room 114b. This is an open, welcoming space to share meaningfully, play games, consider social and climate justice issues, and plan events. Contact Youth & Young Adult Coordinator, [Lara Anderson](#).

And Here's What the Remainder of 2024 Looks Like in Lifespan Ministries:

Join us for our annual Tree Decorating Potluck and Sing-Along Friday, Dec 15th, 6:00 - 8:00 PM in Bard Hall!

On Sunday, Dec 24th, our 10:00 AM Service will be the Family Christmas "Eve" Service. The service will include our "No-Rehearsal Christmas Pageant" as well as a visit from The Grinch!

On Sunday, Dec 31st, our 10:00 Service will be a pre-recorded service from the UUA. You can watch together in Bard Hall or join us online from home.

There will be no RE, but Childcare will be provided.

Cluster News

Summit Unitarian Universalist Fellowship Auction!

Summit UU Fellowship invites all SUUPERheroes to participate in its annual silent auction, January 15 — 19, or its live auction on January 20 at SUMMITOPOLIS, 8778 Cottonwood Ave. in Santee! Anybody can bid, and your participation would be greatly appreciated!

Online silent auction: January 15 — 19

www.actria/summitopolis2024

In-person auction: January 20

Silent bidding 3 pm — 4:30 pm

Live auction starting 4:45 pm.

Update your confidential Personal Emergency sheets.

www.firstuusandiego.org/caring.html.

Volunteers Needed as Ushers and Greeters!

Contact [Rose](#) to find out more!

South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? The South Bay Food Pantry wants to help! Let a minister or staff person know, or leave a voicemail at the pantry office: (619) 271-5017.

Save the Bread

Con Pane bakery in Liberty Station would throw out hundreds of pounds of bread but UUs are there to rescue it every Friday and Saturday! Contact foodpantry@firstuusandiego.org to get involved.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

How to Donate to the South Bay Food Pantry

Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

Food Pantry Collecting Supplies for Unsheltered Folk

The pantry can always use easy-open, no-cook food, hygiene items, and adult incontinence supplies. Drop off in Hillcrest on Sunday morning in the Meeting House.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.

Blanket Collection

The South Bay Food Pantry is collecting blankets for distribution to the hundreds of families that will receive food from us this holiday season. If you can, share some warmth with our neighbors by leaving a new blanket or two for the Pantry's donation box in the meeting hall, or get in touch with a volunteer or staff to learn more about how you can support the Pantry's mission this season.

We're collecting

**Blankets
&
Toys**



We're collecting new, unwrapped blankets and toys to be distributed on Dec 23rd at our Diaper Pantry! Bring your donations to either Hillcrest or South Bay and put them in the large donation box you'll find there.

If you'd like to donate, but don't want to go shopping, you can use the QR Code to order from Amazon and have your toys and blankets delivered to 4190 Front St, San Diego, CA 92103 by Dec 21st.





Week at a Glance Calendar

Friday, December 15, 2023

Tree Decorating & Sing-Along

December 15, 6 pm — 8 pm, Bard Hall. We'll decorate our tree and sing some holiday favorites around the piano with Drew! Bring your favorite holiday foods to share or just come along and join in the holiday cheer.

Saturday, December 16, 2023

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers should arrive by 10:30 am to staff a station. Youth under 18 may volunteer with a parent.
foodpantry@firstuusandiego.org.

Sunday, December 17, 2023

Hillcrest In Person & Simultaneous Livestream Worship

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

The Agnostics Film Study & Discussion Group

December 17, Sunday, 11:30 am, Room 323. The Film will be *Journey Into Buddhism, Part 1 - Dharma River* (81 Min.)

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall.
margewur@gmail.com.

Monday, December 18, 2023

UUMF "Fourth Monday" Meeting

Will be on the Third Monday in December!

December 18, Monday, potluck 6 pm, Common Room. Join us for the First UU Men's Fellowship's annual "Yule Log Ceremony" to reflect on 2023. Please contact: [Les Vivian](#), [Chris Gulick](#) or [Mike Dorfi](#) for additional information.

Combined Choirs Christmas Rehearsal

December 18, Monday, 7 pm, Meeting House.

Tuesday, December 19, 2023

Young Adult Group

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Monday. Contact [Lara](#).

Board Meeting

December 19, Tuesday, 6:30 pm, Bard Hall and online. Board meetings are open to congregants. Link in the member section of the [website](#).

Wednesday, December 20, 2023

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Thursday, December 21, 2023

Food Pantry Midweek Bagging

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First UU San Diego Bereavement Group

December 21, Thursdays through December, 3 pm — 4:30 pm, <https://bit.ly/3s5AL6u>. Led by Rev. Justine Sullivan and pastoral care team member Karen Thurston.

Upcoming Events

Memory Matters Gathering

December 22, second and fourth Fridays, 10 am — 11:30 am, online. This is a place for those who worry about memory problems care partners. Email hybertsen@att.net for the link.

Christmas Eve Candlelight Service

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Board Chat

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Passcode: 203946.

Cosmos

January 7, first Sundays, 1 pm — 3 pm, <https://bit.ly/CosmosFUUSD>, Passcode: 976520. The only prerequisite is an open heart and mind. Contact [James Long](#) for information.

First Annual Art & Collectibles Online Auction

EXTENDED to 12/20/23!

Bid on Amazing Items

Our members are travelers and collectors! Don't miss this rare opportunity to find unique gifts for art lovers and pick up antiques and collectibles with no dealer markups for the holidays. Please help support the church's operating budget by bidding on these beautiful, unique auction items! Auction ends on 12-20-2023.

Sponsored
by the
Dining4Dollar\$
Team

CLICK THE FLIER TO GO TO THE AUCTION CATALOG

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Jim Grant and Rev. Lone Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Rose Littler-Riedel, *Communications Coordinator & Chaplain Intern*
Lara Anderson, *Youth and Young Adult Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Ray Evans, *Facilities Manager*
Connie Hayes, *Controller / Bookkeeper*
Mark Epler, *Event Coordinator*

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi, Steve Howard,
Gay Hybertsen, and Paula Johnson, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement