

**First Unitarian Universalist Church
of San Diego & South Bay
PRACTICAL CARE NETWORK
“Members helping members”**

In our faith community we aspire to *help one another in fellowship*. By completing this form you are volunteering to participate in the Practical Care Network (PCN). PCN is part of the Caring Ministry Team of First Church. Listed below are some of the non-medical services that are requested. Please fill out the survey and return it to the First Church office or to Pat Schmidt at South Bay. For information contact Peggy Holl at (619)546-6525 or Joy Gorian at (858) 541-0789.

I can provide	
	A ride to the 9:30 am worship service at First Church on Sunday
	A ride to the 11:30 am worship service at First Church on Sunday
	A ride to the 10am worship service at South Bay on Sunday
	A ride to other church functions (day/evening)
	A ride to medical appointments, grocery store, etc
	An emergency meal
	Errands for the homebound or convalescing
	Another service: I am able to provide (describe)

Volunteers: Please describe the time you are available (weekdays, weekends, time of day) and the neighborhoods to which you are willing to go.

Name _____

Address _____

Telephone _____

e-mail (print clearly) _____