

Calendar of Events

Sunday, January 28, 2024

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour. Meeting ID 824 042 297.

Password: FUUSD

TODAY! - Don't Miss Our Special Congregational Meeting

January 28, Sunday, 12:30 pm, Meeting House in person, and [via livestream](https://via.livestream.com).

"State of the Congregation" congregational meeting. We will present two revisions of our Constitution, plus we'll talk about other exciting and important programs of the church, including a financial update from our Treasurer. More info on our members only page of the [website](https://www.firstuusandiego.org).

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, January 29, 2024

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, January 30, 2024

Young Adult Group

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Tuesday. Contact [Lara](https://www.lara.com).

Wednesday, January 31, 2024

Power to Heal: Medicare and the Civil Rights Revolution

January 31, Wednesday, 4:30 pm, Zoom. The film tells the story of how a new program, Medicare, was used to mount a coordinated effort that desegregated thousands of hospitals across the country in only months. Register for the Zoom webinar at [Saving Democracy](https://www.savingdemocracy.com).

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, February 1, 2024

Food Pantry Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. foodpantry@firstuusandiego.org.

Upcoming Events

Racialized Identities

Awareness Book Group

February 2, Friday, 6:30 pm — 8 pm, Room 323. Please come join the Racialized Identities Awareness Book Group's discussion of *South to America: A Journey Below the Mason Dixon to Understand the Soul of a Nation* by Imani Perry. Contact Louise Titlow at lmittlow@gmail.com.

ZUUMERS

February 4, first Sundays, 11:30 am, online. For more information and link, please contact Claudia at obata.claudia@gmail.com.

Board Chat

February 4, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat. Meeting ID: 863 0218 5062 Passcode: 203946

Hillcrest Song Circle

February 4, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Our Grief Journeys

February 8, second & fourth Thursdays, until May 28, 1:30 pm — 3 pm, Room 323. This is a safe, supportive space for sharing our unique experiences of grief & loss, co-facilitated by Marcia Biller & Karen Thurston. For information contact karenthurst@gmail.com.

Review of Medical Decision Forms Book Club

February 8, second Thursdays, 6 pm, Zoom. We will be discussing the one San Diego book: *The Sum of Us*. Please join us for a lively discussion. Contact [Mina](https://www.mina.com).

Women Together Meeting

February 10, second Saturdays, 12 pm — 2 pm, Common Room. Contact Claudia obata.claudia@gmail.com.

Dances of Universal Peace

February 10, second Saturdays, 4 pm — 6 pm, Bard Hall.

Kirtan Chanting

February 10, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of uplifting Kirtan.

Rainbow Action Group's Koffee Klatch

February 11, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

Welcome / Bienvenida-o to the First Unitarian Universalist Church of San Diego

Create community, nurture spiritual growth, heal the world.

Crear comunidad, fomentar el crecimiento espiritual, sanar el mundo.

January's Monthly Theme: Liberating Love

"Circles and Spirals: Moving Forward while Looking Back"

Rev. Justine Sullivan, *Lead Minister*

Rev. Kristen Kuriga, *Assistant Minister*

Marshall Voit, *Music Director*

Sunday, January 28, 2024

10 am Hillcrest Meeting House with Patio Viewing



First
Unitarian Universalist
Church of San Diego

Hillcrest: 4190 Front St. San Diego, CA 92103
South Bay: 970 Broadway Chula Vista, CA 91911
619-298-9978

Visit firstuusandiego.org for more information

Prelude / Preludio

“Climb Ev’ry Mountain” — m. Richard Rodgers, arr. Eugenie Rocherolle

Call to Worship and Chalice Lighting / Llamado a la adoración y encendido del cáliz

— Rev. Justine Sullivan, *Lead Minister*

Gathering Hymn / Himno de reunión

#155 "Circle Chant"

Words of Welcome and Land Acknowledgment / Palabras de bienvenida y reconocimiento de tierra

— Rev. Justine Sullivan

— Rev. Kristen Kuriga, *Assistant Minister*

Church Hymn and Aspiration / Himno y Aspiración de la iglesia

Time for All Ages & Affirmation / Tiempo para todas las edades y afirmación

“Going Around in Spirals”

— Tony Bianca, *Director of Lifespan Faith Formation*

Offering Words / Palabras de oferta

Introduced by Swamini Adityananda Saraswati, *Intern Minister*

Offering Music / Ofreciendo música

“Minuet in G major” — m. Ludwig van Beethoven

Meditation / Meditación

— Rev. Kristen Kuriga

Sung Meditation / Meditación cantada

#1011 "Return Again"

Reading / Lectura

“Why I’m in Awe of the Spiral” — Thomas Centolella

~ Rev. Justine Sullivan

Sermon / Sermón

“Circles and Spirals: Moving Forward While Looking Back”

— Rev. Justine Sullivan

Closing Hymn / Himno de clausura

“Will the Circle Be Unbroken”

Blessing and Extinguishing of the Chalice / Bendición y extinción del cáliz

Postlude / Postludio

“Circle” — w. & m. Harry Chapin

Church Hymn

From all who dwell
below the skies,
Let faith and hope
with love arise,
Let beauty, truth, and
good be sung,
Through ev’ry land,
by ev’ry tongue.

De todos bajo el gran sol,
Surja esperanza, fe, amor
Verdad y belleza cantando,
De cada tierra, cada voz.

Our Affirmation

We are Unitarian
Universalists, a people of
open minds, loving hearts,
and welcoming hands.

Somos Unitarios
Universalistas, personas de
mentes abiertas, corazones
amorosos, y manos que dan
la bienvenida.

Church Aspiration

May love be the spirit of this
church,
May the quest for truth be its
sacrament,
And service be its prayer
To dwell together in peace,
To seek knowledge in
freedom,
And to help one another in
fellowship,
This is our Aspiration.

Que el amor sea la doctrina
de esta iglesia, la búsqueda
de la verdad su sacramento, y
el servicio su oración.
Vivir juntos en paz, buscar la
verdad con libertad,
y ayudarnos mutuamente en
comunidad, a eso aspiramos.

***Our sign language interpreter today is Paul Lambert
** Join us for In Person Hillcrest Social Hour after Worship*

*** Join us for Virtual Social Hour at 11 am
<https://bit.ly/FirtUUSocialHour>*