

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

January's Monthly Worship Theme: Liberating Love

Hillcrest Campus Location
 4190 Front Street
 San Diego, CA 92103
 619-298-9978

South Bay Campus Location
 970 Broadway, Suite 104
 Chula Vista, CA 91911
 619-271-5017

Hillcrest Services
 10 am Sundays

South Bay Services
 10 am Sundays

January 28

January 28

"Circles and Spirals:

"Circles and Spirals:

Moving Forward While Looking Back"

Moving Forward While Looking Back"

Rev. Justine Sullivan and Rev. Kristen Kuriga

Livestream of Hillcrest Service

February 4

February 4

"Joyful Resistance"

"If Only: What Would Martin Do?"

Rev. Kristen Kuriga, Assistant Minister

Rev. Justine Sullivan, Lead Minister

January 28 Generosity Offering
Partner Church Malingin

Help UU Kids Attend School!

This Sunday, our generosity offering will support our Partner UU Church in the Philippines. For over 10 years First UU has sent funds for public school expenses to UU families in Malingin, a small farming village on the island of Negros. As their congregation has grown, the number of children and youth needing assistance has also grown. Please give generously to our Philippines UU Scholarship Program Sunday. You can donate at church or on our [website](#), under gift designation select "Generosity."

The deadline for the next issue is: January 31 (**Weds**) at 8 am

If you would like an announcement placed in the Window email:

rose@firstuusandiego.org

Submission maximum is 60 words

What's Happening?

Our Church Family

Celebration of Life for Rev. Jim Grant

Rev. Jim Grant, Affiliated Community Minister, died on Saturday, January 6th. We are sending our care to all those who love Jim and are grieving his loss. A Celebration of Life is planned for Saturday, February 24th at 1 pm in the Meeting House with a reception to follow. The service will also be livestreamed. If you would like to send a card to Jim's family, you can drop it off at the church office or mail it to the church and we will arrange to get them to Jim's family:
 Family of Rev. Jim Grant, First UU Church of San Diego, 4190 Front St, San Diego CA 92103

1-16-24 Board Meeting Review and Digest

- Heard an update from the Nominating Committee
- Heard many celebratory comments around all of the wonderful holiday happenings at both campuses
- Received a very positive financial update from our treasurer
- Prepared the agenda for the Special Membership meeting to be held on 1/28/24 at 12:30 pm

First UU Hosts Interfaith Homeless Shelter March 10-24

This winter/spring our congregation will again host the Interfaith Shelter at our congregation. We will provide shelter for up to 12 guests and breakfast, lunch and dinner for 2 weeks, from March 10-24. During this time, the common room and room 113 will be our guests' home. This is one important way our congregation acts on its values—and we need your help!

Volunteers provide potluck evening meals, serve as greeters, overnight hosts, and can help with a variety of small projects, including: coordinating bedding, organizing laundry, shopping for food and supplies, and set-up and clean-up of the shelter. We also need daytime volunteers for shifts on weekend days. Sign-ups will be available starting on Sunday, January 21 on both campuses.

Questions? Check out our [frequently asked questions sheet](#).

Not able to volunteer but want to contribute? We are collecting toiletries and bedding which you can donate at bins on either campus. We can also use monetary donations, which help us buy food for breakfast and lunch, as well as supplies.

For more information or to sign up, contact
 Rev. Kristen Kuriga: kristen@firstuusandiego.org, 619-398-4435
 Laura Ball: earlyworm@sbcglobal.net, 619-548-3231

CANCELLED - Jud Caswell, Singer-Songwriter
 Due to unforeseen circumstances this event has been cancelled. Jud will be joining us at a future, to be determined, date.

Volunteers Needed as Ushers and Greeters!
 Contact [Rose](#) to find out more!

A Special Invitation

Dear Members and Friends of First Unitarian Universalist Church of San Diego,

It is my honor and joy to serve as the President of your Board of Trustees. I am especially blessed that my term as President started half way through our 150th anniversary year. This year was also the Quinceñera of our South Bay Campus.

We've had a difficult few years and faced many challenges including a global pandemic. This year saw the start of the second year of Rev. Justine Sullivan as our Developmental Minister. We also hired Rev. Kristen Kuriga as our Assistant Minister. We joyfully welcomed her back among us in her new capacity as part of our ministerial staff.

We have much to celebrate and we also have much to look forward to in the future. Our upcoming mid-year "State of the Congregation" meeting is an opportunity to check in with each other. We also be presented with two proposed amendments revisions of our Constitution.

I hope that as many of you who can, will join us on Sunday, January 28, 2024 at 12:30 pm for our State of the Congregation. We will meet in the Meeting House and we will also livestream the meeting for those who can't attend in person. Join us for lunch in Bard Hall after the service then join us for our mid-year gathering.

I hope you will also join us on February 18th at 1 pm, on Zoom, when we will approve and open the voting for two proposed amendments revisions.

Sincerely,
 Everardo F. Aguilar
 President, First Unitarian Universalist Church of San Diego Board of Trustees

It's time to get together!



Registration is open for our Pacific Western Regional Assembly this April 19th and 20th! Attend either in person, at First Universalist in Denver,

or remotely. We are planning a family friendly event and children are welcome. This is a great chance to connect with our larger faith and connect with new and old friends. Stay up to date on all the PWR RA Plans [HERE](#).

What's Happening?

Memory Matters Gathering

January 26, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. The gathering enables members to learn to deal with the consequences of memory loss. Email hybertsen@att.net for the link.

Adult RE

January 26, Friday, 6:30 pm — 8 pm, Zoom. Join us for "Article II 2.0: A Look at the Revisions." For more information and to register, visit: <https://www.firstuusandiego.org/adult-faith-formation.html>

Hillcrest In-Person Social Hour

January 28, Sundays, following worship, Bard Hall. Join your community in Bard Hall after the service for coffee, snacks, and conversation.

Virtual Social Hour

January 28, Sundays, 11 am, bit.ly/FirstUUSocialHour. Meeting ID 824 042 297. Password: FUUSD. Share your thoughts about the service or whatever is on your mind each Sunday just after the service. Let's keep connecting!

Don't Miss Our Special Congregational Meeting

January 28, Sunday, 12:30 pm, Meeting House in person, and [via livestream](#). "State of the Congregation" congregational meeting. We will present two proposed amendments revisions of our Constitution, plus we'll talk about other exciting and important programs of the church, including a financial update from our Treasurer. More info on our members only page of the [website](#).

Open Heart Sangha

January 28, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

Women's Choir

January 29, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women who create community through joyful, spirit-filled singing. No prior experience is required.

5th Tuesday Board Meeting - Transforming Conflict

January 30, Tuesday, 6:30 pm, <https://bit.ly/5thTuesday>. When there is a 5th Tuesday in a month your board of trustees hosts a meeting focused on our work of journeying toward wholeness. These meetings are held on Zoom and are open to all members of our First UU community. This month, Rev. Kristen and Rev. Justine will lead a discussion of the book *Transforming Conflict* by Rev. Dr. Terasa Cooley. This workshop will focus on the first two chapters of the book and will offer an overview of the main concepts and tools. Join us to continue this work of learning together how to engage conflict with greater ease. Copies of the book are available from Rev. Justine or by ordering [here](#).

Chalice Choir

January 31, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest musical ensemble. All God's critters got a place in the choir, come and take yours! No prior singing experience is required.

Racialized Identities Awareness Book Group

February 2, Friday, 6:30 pm — 8 pm, Room 323. Please come join the Racialized Identities Awareness Book Group's discussion of *South to America: A Journey Below the Mason Dixon to Understand the Soul of a Nation* by Imani Perry. We'll be reading the novel, *Hotel on the Corner of Bitter & Sweet* by Jamie Ford for our March 1 meeting. Contact Louise Titlow at lmittlow@gmail.com if you're interested.

Board Chat

February 4, Sunday, 12:30 pm, bit.ly/FirstUUBoardChat.

Hillcrest Song Circle

February 4, first Sundays, 2 pm — 4 pm, Room 323. As always, bring your guitar/and or voice. This is a fun chance to sing—we are not a choir. For information contact Wombated@gmail.com or cmack5913@gmail.com.

Our Grief Journeys

February 8, second & fourth Thursdays, until May 28, 1:30 pm — 3 pm, Room 323. This is a safe, supportive space for sharing our unique experiences of grief & loss, co-facilitated by Marcia Biller & Karen Thurston. For information contact karenthurst@gmail.com.

Book Club

February 8, second Thursdays, 6 pm, Zoom. We will be discussing the one San Diego book: *The Sum of Us*. Please join us for a lively discussion. Contact [Mina](#).

Women Together Meeting

February 10, second Saturdays, 12 pm — 2 pm, Common Room. Come visit old friends, meet new friends, and experience sharing with a caring group of women. New members are welcome. Contact Claudia, obata.claudia@gmail.com.

Dances of Universal Peace

February 10, second Saturdays, 4 pm — 6 pm, Bard Hall.

Kirtan Chanting

February 10, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of Kirtan.

Rainbow Action Group's Koffee Klatch

February 11, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Cosmos

February 11, second Sundays, 1 pm — 3 pm, Room 323. Join us as we explore the birth and evolution of our universe and what it means for us as a species as we address the major challenges and opportunities of our time. Contact [James Long](#).

Contact [Rose](#) to add your group's info to the Window!

What's Happening?

California Setbacks on Climate Change Efforts: The Road Forward

February 11, Sunday, 3:30 pm <https://bit.ly/1stUUClimateJustice>. Recent decisions by the CPUC and the Courts have thrown roadblocks into California's efforts to reign in emissions causing climate change. Wendy Mihalic of San Diego 350 will explain recent government decisions disincentivizing rooftop solar and thwarting efforts towards building electrification, among other things. She'll also lead a discussion on the way forward, despite these roadblocks.

Coping With Chronic Conditions Support Group

February 12, second and fourth Mondays, 1:30 pm — 3 pm, URL bit.ly/CopingCCGroup. Contact Chris Smith prior to attending 619-300-7477 or email.

Caregivers/Allies Support Group

February 12, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact Les Vivian.

Neighborhood Group without Borders

February 14, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Susan Riegel Harding invites you to a brown bag lunch. We can chat, play games, or plant succulents, whatever we feel like doing. Coffee, water, and other beverages will be provided. Text RSVP to 619-987-6234.

Finance Committee Meeting

February 15, Thursday, 6:30 pm, link in the members area of the website. Non-committee members do not take part in discussions or have a vote.

Review of Medical Decision Forms Related to End-of-Life Care

February 17, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Melissa Favela-Ayala from SCRC will review the documents that pertain to End-of-Life medical care. She will cover Advanced Healthcare Directives, and other important forms. Hosted by UU Seniors.

Special Membership Meeting – Please vote!

February 18, Sunday, 1 pm, Zoom only bit.ly/SCM1UU. We will approve and open the voting for two proposed amendments revisions. Please join us for this important work. More info on our members only page of the website.

Board Meeting

February 20, third Tuesdays, 6:30 pm, Bard Hall & online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the website.

Men's Fellowship Fourth Monday Meeting

February 26, Monday, 6 pm, Common Room. Contact Les Vivian, Chris Guelich, or Mike Dorfi for more info.



South Bay Campus

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

South Bay Wisdom Circle

February 11, Sunday, 11:30 am, South Bay Worship Hall. Join us for a new year of inspiring conversations and fellowship. Each month offers the gift of connecting with members of our beloved community to discuss inspiring and important issues, and revel in the wisdom that emerges. The South Bay Wisdom Circle will be facilitated by our Intern Minister, Swamini Adityananda Saraswati. For more information: swamini@firstuusandiego.org.

Social Justice

Climate Justice: The Military & Climate Change

350.org has a timely webinar concerning militarism and climate change. The military/defense sector of the economy is a huge contributing factor to our local economy and its attendant pollution. Since the military doesn't report its emissions and NONE of the local climate action plans even acknowledge the military's influence, we are unfairly tasked with the burden of reducing our carbon footprint. Access recording here with password: ^DCJ3xQy

Power to Heal:

Medicare and the Civil Rights Revolution

January 31, Wednesday, 4:30 pm, Zoom. JTW invites you to a screening of "Power to Heal: Medicare and the Civil Rights Revolution." Sponsored by UUSJ, the film tells the story of how a new program, Medicare, was used to mount a coordinated effort that desegregated thousands of hospitals across the country in only months. Register for the Zoom webinar at Saving Democracy.

Our Larger Faith

Si Pudiera Quedarme / If I Could Stay

February 3, Saturday, The San Diego Museum of Art. Come out to the Human Rights Watch film festival at MOPA@SDMA to watch the premiere of 'Si Pudiera Quedarme / If I Could Stay.' The film follows two mothers with deportation orders as they enter 'sanctuary' within the walls of two UU congregations in Colorado. If you're interested in immigration issues or doing social justice, this is for you! Get Tickets HERE. Free tickets are available for anyone who would find the cost of a ticket to be a barrier. Email filmticket@hrw.org to access a free ticket.



Family & Lifespan

Sunday RE - This Sunday, Jan 28th, we'll offer our usual 3 Sunday RE Groups during the 10:00 AM Service.

Parent's Night Out - Friday, Feb 2nd, 6:30 - 9:00 PM. We provide dinner and watch the kids so the adults can have a night free to do whatever they'd like! RSVP to tony@firstuusandiego.org

Adult RE - Friday, Jan 26th, from 6:30 - 8:00 PM on Zoom for "Article II 2.0: A Look at the Revisions". For more information and to register, visit our website.



Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm, Room 114b. This is an open, welcoming space to share meaningfully, play games, consider social and climate justice issues, and plan events. Contact Youth & Young Adult Coordinator, [Lara Anderson](#).



South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? The South Bay Food Pantry wants to help! Let a minister or staff person know, or leave a voicemail at the pantry office: (619) 271-5017.

Friday Food Rescue

Looking for someone to bring donations from Barons Supermarket in North Park to the food pantry on Fridays (times flexible, but before 4pm). Contact foodpantry@firstuusandiego.org if this might work for you - even once a month would help.

How to Donate to the South Bay Food Pantry

Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

Food Pantry Collecting Supplies for Unsheltered Folk

The pantry can always use easy-open, no-cook food, hygiene items, and adult incontinence supplies. Drop off in Hillcrest on Sunday morning in the Meeting House.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.



TAMARA HASKIN
Soprano

"Transformation"

7:30 pm Saturday,
February 24th 2024

Free admission with registration.

Week at a Glance Calendar

Friday, January 26, 2024

Memory Matters Gathering

January 26, second and fourth Fridays, 10 am — 11:30 am, online. This is a place for those who worry about memory problems care partners. Email hybertsen@att.net for the link.

Adult RE - "Article II 2.0: A Look at the Revisions"

January 26, Friday, 6:30 pm, Zoom. Lead by Tony Bianca, we will explore and discuss the revised Article II proposal before the final vote at General Assembly 2024. Register [HERE](#).

Saturday, January 27, 2024

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. foodpantry@firstuusandiego.org.

Sunday, January 28, 2024

Worship Service & Livestream

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship Service

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

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January 28, Sunday, 12:30 pm, Meeting House in person, and [via livestream](#). "State of the Congregation" congregational meeting. We will present two revisions of our Constitution, plus we'll talk about other exciting and important programs of the church, including a financial update from our Treasurer. More info on our members only page of the [website](#).

Open Heart Sangha

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Monday, January 29, 2024

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, January 30, 2024

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Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Tuesday. Contact [Lara](#).

Wednesday, January 31, 2024

Power to Heal: Medicare and the Civil Rights Revolution

January 31, Wednesday, 4:30 pm, Zoom. The film tells the story of how a new program, Medicare, was used to mount a coordinated effort that desegregated thousands of hospitals across the country in only months. Register for the Zoom webinar at [Saving Democracy](#).

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, February 1, 2024

Food Pantry Midweek Bagging

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Upcoming Events

Racialized Identities Awareness Book Group

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ZUUMERS

February 4, first Sundays, 11:30 am, online. For more information and link, please contact Claudia at obata.claudia@gmail.com.

Board Chat

February 4, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

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Review of Medical Decision Forms Book Club

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February 10, second Saturdays, 4 pm — 6 pm, Bard Hall.

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Rainbow Action Group's Koffee Klatch

February 11, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

Cosmos

February 11, second Sundays, 1 pm — 3 pm, room 323. The only prerequisite is an open heart and mind. Contact [James Long](#) for information.

California Setbacks on Climate Change Efforts:

The Road Forward

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Coping With Chronic Conditions Support Group

February 12, Mondays (second & fourth), 1:30 pm — 3 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

Caregivers/Allies Support Group

February 12, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, online. For information contact [Les Vivian](#).

Community Concert Series Spring/Summer 2024



Tamara Haskin

Acclaimed Soprano

7:30pm Saturday, February 24th



Susan Straight

Author Talk & Book Signing

7:30pm Saturday, March 16th

Onsite book sales by:



Emma's Revolution

Folk Music Duo

7:30pm Date TBA



Holly Near

Legendary Folk Singer/Songwriter

With Tammy Hall and Jan Martinelli

5pm Sunday, June 16th

Free concerts and events in our acoustically-optimized auditorium



Funded by the Outreach and Growth Fund

First Unitarian Universalist Church of San Diego

298 W Arbor Street, San Diego, CA 92103

(619) 298-9978

► Free parking in our lot



Register for your FREE seats at FirstUUSanDiego.org

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Lone Broussard, *Affiliate Minister*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Rose Littler-Riedel, *Communications Coordinator & Chaplain Intern*
Lara Anderson, *Youth and Young Adult Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Ray Evans, *Facilities Manager*
Connie Hayes, *Controller / Bookkeeper*
Mark Epler, *Event Coordinator*

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi, Steve Howard,
Gay Hybertsen, and Paula Johnson, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement