

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

April's Monthly Worship Theme: Interdependence

Hillcrest Campus Location
 4190 Front Street
 San Diego, CA 92103
 619-298-9978

South Bay Campus Location
 970 Broadway, Suite 104
 Chula Vista, CA 91911
 619-271-5017

Hillcrest Services
 10 am Sundays

South Bay Services
 10 am Sundays

April 28

"Every Day is Earth Day"

Climate Justice Team & Rev. Kristen Kuriga with Guest Speakers from *I Am Green*, Adria Fox & Sister Maria Muhammad

April 28

"Every Day is Earth Day"

Livestream of the Hillcrest Service

May 5

Rev. Craig Darling, *Guest Minister*

May 5

"Joyful Resistance"

Rev. Kristen Kuriga, *Assistant Minister*

April Generosity Offering
I Am Green

Throughout the month of April our offering is being received in support of I Am Green. I Am Green's roots are firmly planted in Southeastern San Diego, and their mission is to reconnect people back to the planet and each other. In the face of climate change inequities and environmental harm, they are dedicated to educating, advocating, and adding value to the most affected communities. Through the EV Education, Environmental Literacy & Eco-Stewardship Training, and Deconstructing Decarbonization initiatives, I Am Green is working for more robust, resilient, and regenerative lives for all. Save the date for an opportunity to hear from leaders at I Am Green in our Earth Day worship service on Sunday, April 28. You can learn more about the organization here: www.iamgreenandsoareyou.org/. You can donate at church or on our [website](#), under gift designation select "Generosity."

Journey Toward Wholeness (JTW)
What Can I Do?

Join JTW on the next Fifth Tuesday, April 30, for a short presentation and discussion about microaggressions. What is a microaggression, anyway? How can we respond when we see one happening? This Zoom meeting will be an hour long, from 7 pm — 8 pm, on Tuesday, April 30. <https://bit.ly/5thTuesday>

Did you know that JTW now has a book table on the patio after the Hillcrest Sunday service? Come peruse different selections every week and borrow any that interest you for as long as you like. Reading such books offers us an opportunity to address the gaps in what we were taught about race, both in our country's history and in the present.

What's Happening?

Lay-Led Summer Services in July and August Need Leaders

Over the summer months, your ministers will be taking time off, and there is an opportunity for members and friends of First UU to lead worship services. Rev. Justine and Rev. Kristen are available to help with planning your service, but this is your chance to share that which makes you come alive! Think of a spiritual practice that holds meaning for you or perhaps there is a theological concept or a moment in our UU history that you would like to explore in a worship service. There are openings in both July and August. Please let Rev. Justine or Rev. Kristen know if you are interested in participating in a summer worship service. Marshall and the music staff will be assembling musical ensembles to provide music, but we need readers, preachers, and story-tellers. Let your light shine and help lead a service this summer at our Hillcrest or South Bay campus.

One More Candidate Needed for Board of Trustees Ballot

Four prospective candidates for upcoming Board of Trustees positions are currently being vetted. Only one more person is needed for inclusion on the June ballot. Are you that person? Yes, you are! Serving on the Board does more than help provide congregational oversight and direction-setting. You will meet new people. Hone your organizational skills. Gather greater insight. Enrich your church experience. Build a community. Raise your spiritual connection. Enjoy a sense of accomplishment. For more information, email B25Mitchellman@gmail.com or call 858-449-0431.

Memory Matters Gathering

April 26, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Front Street Productions Presents!

April 26, Friday, 7:30 pm, Meeting House. Front Street Productions presents "Emma's Revolution" concert featuring Pat Humphries and Sandy O. Known for fearless, truth-telling lyrics and melodies, they enthusiastically lend their voices to the movements issues inspire. Register through [Eventbrite](https://www.eventbrite.com). For information contact [Robie Evans](mailto:RobieEvans).

Hillcrest In-Person Social Hour

April 28, Sundays, following worship, Bard Hall. Join your community after the service for coffee and conversation.

Virtual Social Hour

April 28, Sundays, 11 am, bit.ly/FirstUUSocialHour. Meeting ID 824 042 297. Password: FUUSD.

Open Heart Sangha

April 28, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

D4\$ Bidding Begins Sunday, May 5!

D4\$ 2024 Summer/Fall Auction is here and it's time to bid! Over 45 events and services have been created and the auction commences Sunday, May 5th in person immediately following services at Hillcrest and South Bay will continue through May 19. Help for bidding will be available on the patio after worship services every Sunday - come and see the folks at the D4\$ table after service! Here's the link to our [D4\\$ webpage](#).

If you remember your bidding number from past auctions, it's the same one! You can register and review the catalog at our [Auction website](#). And, if you've been a bidder in the past, you may have already received an email from us with a direct link to the auction website. Please make sure you're registered!

We appreciate your participation in this important fundraiser and church community-building project. If you have any questions, please email [Dave Hunt](mailto:DaveHunt) or [Robie Evans](mailto:RobieEvans). Thank you and good luck in bidding on your favorite events!

04-16-24 Board Meeting Review and Digest

- Update from the Nominating Committee
- Board Goals Review
- Our Sustainable Future Core Team Update

UU the Vote Interest Meeting

April 28, Sunday, 11:30 am (after service), Room 323. Do you want to get out the vote and support our democracy this election year? Join the Social Justice Executive Team for a meeting to learn more about the UU the Vote Campaign, how to get involved, and how to help our congregation make a difference: <https://uuthevote.org/>

Women's Choir

April 29, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women. No experience required.

Israel and Gaza:

The Question of Genocide, International Law, and the Struggle for Palestinian Liberation

April 30, Tuesday, 6 pm, Zoom. Join First UU's Palestine-Israel Justice Team for a virtual event with guest speaker Dr. Raz Segal, Israeli historian, and Endowed Professor in the Study of Modern Genocide at Stockton University. Register at <https://bit.ly/49fHwSN>. Questions to pi.justice.team@gmail.com.

5th Tuesday Board Meeting

April 30, Tuesday, 7 pm — 8 pm, on Tuesday, April 30. <https://bit.ly/5thTuesday>. Join JTW for a short presentation and discussion about microaggressions. What is a microaggression, anyway? How can we respond when we see one happening?

Chalice Choir

May 1, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest ensemble. All have a place in the choir, come and take yours! No experience required.

What's Happening?

The Racialized Identities Awareness Book Group

May 3, Friday, 6:30 pm — 8 pm, Room 323. *Hotel on the Corner of Bitter and Sweet* by Jamie Ford will be discussed. Please come and join us, contact [Louise Titlow](mailto:LouiseTitlow) if you're interested.

Board Chat

May 5, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

May 5, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Neighborhood Group without Borders

May 8, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. BYO snack or lunch. Refreshments will be provided. Please RSVP to Susan Riegel Harding at 619-987-6234.

Our Grief Journeys

May 9, second & fourth Thursdays, until May 28, 1:30 pm — 3 pm, Room 323. This is a safe, supportive space for sharing our unique experiences of grief & loss, co-facilitated by Marcia Biller and [Karen Thurston](mailto:KarenThurston).

Book Club

May 9, Thursday, 6 pm, Zoom. Our next two books: *Curious Incident of the dog in the Nighttime* by Mark Hadon, scheduled for 5/9, *Their Eyes Were Watching God* by Zora Hurston for 6/13. If you are interested please contact Mina Taylor at minastaylor@gmail.com.

Women Together Meeting

May 11, second Saturdays, 12 pm — 2 pm, Common Room. Come visit old friends, meet new friends, and experience sharing with a caring group of women. Bring a photo or two and share some memories of special people, places, and times in your life. New members are welcome. Contact obata.claudia@gmail.com.

Dances of Universal Peace

May 11, second Saturdays, 4 pm — 6 pm, Bard Hall. A heart-centered circle dance combining movement, sound, and breath. Embracing the many sacred traditions of humanity, this practice promotes peace with live music and open-hearted friends. No experience is necessary.

Kirtan Chanting

May 11, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of Kirtan.

Rainbow Action Group's Koffee Klatch

May 12, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Cosmos

May 12, second Sundays, 1 pm — 3 pm, Room 323. Join us as we explore the birth and evolution of our universe. Contact [James Long](mailto:JamesLong).

Coping With Chronic Conditions Support Group

May 13, second and fourth Mondays, 1:30 pm — 3 pm, zoom. Contact [Chris Smith](mailto:ChrisSmith) prior to attending 619-300-7477.

Caregivers/Allies Support Group

May 13, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact [Les Vivian](mailto:LesVivian).

Philippine Partner Church

May 18, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Church members Liz Jones and Rich Zemlin will share their experiences visiting our partner church and review our current projects with the church. Hosted by UU Seniors.

Board Meeting

May 21, third Tuesdays, 6:30 pm, Bard Hall & online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the [website](http://www.uu.org).

Men's Fellowship 4th Monday Meeting

May 27, Monday, 6 pm — 9 pm, Common Room. Potluck starts at 6 pm. Fourth Monday Meeting runs from 7 pm — 9 pm. Newcomers are welcome and they only need to bring an appetite. Please contact Les Vivian, lesvivian@gmail.com, with questions.

South Bay Campus

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

Sunday Morning Volunteer Sign-up at South Bay

We invite you to share your time and talents to help this community thrive. We are signing up Sunday morning volunteers at South Bay for roles like serving as a greeter, providing social hour, getting trained as a worship associate, or learning how to be a technology volunteer. You can sign up [HERE](http://www.uu.org)

South Bay Singers Rehearsals

May 5 & May 12, Sundays, after service, 11:45 am, South Bay Campus. Do you love to sing? Join the South Bay Singers for upcoming rehearsals led by Tomás Acosta. All are welcome!

Summer Spiritual Workshops at South Bay

Over the summer (July & August), we will be offering Spiritual Workshops on Sunday mornings at South Bay during our regular worship time. This will be an opportunity to share our passions, nurture our spiritual growth, and deepen our connections. Do you have a spiritual practice that you would like to share with others? Perhaps you meditate, make art, do qi gong, journal, or sing? We would love to learn with and from you. Contact Rev. Kristen to learn more or sign up: kristen@firstuusandiego.org.

Social Justice

Climate Action: Take Meaningful Action for the Earth

This Earth Month, your actions can have real impact if you forward **THIS PACKAGE** of California State Bills to your CA state legislators, and ask that they co-sponsor or support all of them. If all of these bills are passed, they will have a meaningful impact on climate change and the environment, and provide a model for other states.

Our Larger Faith

Diverse Revolutionary Unitarian Universalist Multicultural Ministries

invites you to our Spring Retreat "Echoes of Belonging: Home, Connection, and Spiritual Sustenance" - A Bay Area DRUUMM gathering for BIPOC Unitarian Universalists. RSVP (to attend virtually or in-person): <https://bit.ly/baydruumm>

DONATE:

https://uuoakland.breezechms.com/give/online?fund_id=1442616&frequency=1

**ECHOES OF BELONGING:
HOME, CONNECTION, AND
SPIRITUAL SUSTENANCE**

A Bay Area DRUUMM Gathering
for BIPOC Unitarian Universalists

SPRING RETREAT
SATURDAY | MAY 4, 2024
FIRST UNITARIAN CHURCH OF OAKLAND
IN-PERSON & ONLINE

685 14th st @ 11am-4pm (doors open 10:30am)

RSVP: bit.ly/baydruumm

Front Street Productions

The Chimæra Ensemble

7:30 pm Saturday
May 25th 2024

In the Meeting House at
First UU San Diego
Free with registration

[Get Tickets](#)

Family & Lifespan

Youth Book Club

The youth will be choosing a new book for discussion. For info and to participate email lara@firstuusandiego.org.

Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm. Room 114b was impacted by the recent rainstorm. Contact Young Adult Coordinator, Lara for guidance on temporary meeting locations.

Burrito Project

Join the Young Adults to make and distribute burritos to those experiencing food insecurity on the last Thursday of the month starting at 5 pm in the Common Room. Email lara@forstuusandiego.org for info and to join.

Register for All Church Camp

We hope you can join us for All Church Camp at de Benneville Pines May 31 — June 2! For more info & register, visit: www.firstuusandiego.org/all-church-camp.html



South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? Let a minister or staff person know, or call the pantry office: (619) 271-5017.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

Shopping Idea: Buy Two, Donate One

Most of what food banks provide doesn't help if you don't have a stove or a fridge. Our "no-cook" bags are stocked with easy-open pop-top soups and stews, protein bars and drinks, tuna, and peanut butter that come from you. Hillcrest has a bin as you enter the Meeting House or leave at South Bay - donations gratefully received.

Want a Pantry Job That's Only Two Hours a Month?

Sign up to distribute diapers at South Bay one Sunday morning a month. You'll work with an experienced team to provide these essential baby supplies to needy families. For more information, contact Rhea Kuhlman, rheakuhlman2@gmail.com

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.

Week at a Glance Calendar

Friday, April 26, 2024

Memory Matters Gathering

April 26, second and fourth Fridays, 10 am — 11:30 am, online. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Front Street Productions Presents!

April 26, Friday, 7:30 pm, Meeting House. Front Street Productions presents "Emma's Revolution" concert register to attend this open-seating show through [Eventbrite](#).

Sunday, April 28, 2024

Worship Service & Livestream

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship Service

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. foodpantry@firstuusandiego.org.

UU the Vote Interest Meeting

April 28, Sunday, 11:30 am (after service), Room 323. Do you want to get out the vote and support our democracy this election year? Join the Social Justice Executive Team for a meeting to learn more about the UU the Vote Campaign, how to get involved, and how to help our congregation make a difference:

<https://uuthevote.org/>

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, April 29, 2024

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, April 30, 2024

Young Adult Group

Tuesdays, 5:30 pm — 7 pm. Contact [Lara](#) for location info.

Israel and Gaza: The Question of Genocide, International Law, and the Struggle for Palestinian Liberation

April 30, Tuesday, 6 pm, Zoom. Register at bit.ly/49fHwSN to receive the Zoom link. Questions to pi.justice.team@gmail.com.

5th Tuesday Board Meeting

April 30, Tuesday, 7 pm — 8 pm, on Tuesday, April 30. <https://bit.ly/5thTuesday>. Join JTW for a short presentation and discussion about microaggressions. What is a microaggression, anyway? How can we respond when we see one happening?

Wednesday, May 1, 2024

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, May 2, 2024

Food Pantry Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. foodpantry@firstuusandiego.org.

Upcoming Events

The Racialized Identities Awareness Book Group

May 3, Friday, 6:30 pm — 8 pm, Room 323. *Hotel on the Corner of Bitter and Sweet* by Jamie Ford will be discussed. Please come and join us, contact [Louise Titlow](#) if you're interested.

Board Chat

May 5, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

May 5, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Neighborhood Group without Borders

May 8, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Text RSVP to 619-987-6234 to reserve one of 14 available spaces.

Our Grief Journeys

May 9, second & fourth Thursdays, until May 28, 1:30 pm — 3 pm, Room 323. This is a safe, supportive space for sharing our unique experiences of grief & loss, co-facilitated by Marcia Biller and [Karen Thurston](#).

Book Club

May 9, Thursday, 6 pm, Zoom. Our next book: *Curious Incident of the dog in the Nighttime* by Mark Hadon. If you are interested please contact Mina Taylor at minastaylor@gmail.com.

Women Together Meeting

May 11, second Saturdays, 12 pm — 2 pm, Common Room. Contact Claudia obata.claudia@gmail.com.

Dances of Universal Peace

May 11, second Saturdays, 4 pm — 6 pm, Bard Hall.

Kirtan Chanting

May 11, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of uplifting Kirtan.

Rainbow Action Group's Koffee Klatch

May 12, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

Cosmos

May 12, second Sundays, 1 pm — 3 pm, room 323. The only prerequisite is an open heart and mind. Contact [James Long](#) for information.

Coping With Chronic Conditions Support Group

May 13, second and fourth Mondays, 1:30 pm — 3 pm, zoom. Contact [Chris Smith](#) prior to attending 619-300-7477.

Caregivers/Allies Support Group

May 13, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. For additional information about participating contact [Les Vivian](#).

Finance Committee Meeting

May 16, Thursday, 6:30 pm, link in the members area of the [website](#).

Philippine Partner Church

May 18, Saturday, 10 am, Bard Hall, and <https://bit.ly/UUSeniors>. Church members Liz Jones and Rich Zemlin will share their experiences visiting our partner church and review our current projects with the church.

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Lone Broussard, *Affiliate Minister*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Rose Littler-Riedel, *Communications Coordinator & Chaplain Intern*
Lara Anderson, *Youth and Young Adult Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Alex Bates-Lamparella, *Shelter Project Coordinator*
Ray Evans, *Facilities Manager*
Mark Epler, *Event Coordinator*

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi,
Steve Howard, and Gay Hybertsen **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement