

# The Window

A Weekly Publication



First  
Unitarian Universalist  
Church of San Diego

### Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world.  
Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

### Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

## July's Monthly Worship Theme: Summertime

**Hillcrest Campus Location**  
4190 Front Street  
San Diego, CA 92103  
619-298-9978

**South Bay Campus Location**  
970 Broadway, Suite 104  
Chula Vista, CA 91911  
619-271-5017

## Hillcrest Services and Southbay Livestream 10 am Sundays at both campuses

**July 30, 2023**

**"Social Justice at First UU"**

Chris Chambers, *Social Justice Coordinator*

**August 6, 2023**

**"UU History"**

Jim Davis

### July Generosity Offering TransFamilySOS

TransFamily Support Services (TFSS) is a San Diego-based nonprofit organization dedicated to creating a gender affirming community and saving lives. Through education, support, resources, and advocacy, TFSS empowers transgender and nonbinary youth and their families, impacting the lives of thousands across the United States. With a significant presence in California and a chapter in Alabama, TFSS continues to expand its reach to provide crucial support to transgender individuals in the South. You can donate on our [website](#), under gift designation select "Generosity."

The deadline for the next issue is:  
August 2 (**Wednesday**) at 8 am

If you would like an  
announcement placed  
in the Window email:  
**[rose@firstuusandiego.org](mailto:rose@firstuusandiego.org)**

***Submission maximum is  
60 words***

## What's Happening?

### Who to Contact During Robie's Sabbatical!

Our Director of Operations, Robie Evans, will be taking a sabbatical through August 20; returning to her desk on Monday, August 21. To find out who to contact during her absence, [please go here](#).

### Artists Wanted!

Bard Hall "Harvest of Art" Show. September/October 2023. Seeking established and aspiring visual, photographic, mixed media and fabric artists. No fees. We'll work with you to show your work. See our Artists Folder in Bard Hall or contact the Bard Hall Art Guild via [keaslerart@gmail.com](mailto:keaslerart@gmail.com) or call John at 619-278-1267.

### 7-18-23 Board Meeting Review and Digest!

- Nominating Comm. update: Need one more member
- General Assembly recap
- Acknowledged outgoing/incoming board members
- Financial report: Pledges exceeded budget!

### Podcast

Listen to "The First Source" a podcast created by Tony Bianca in conversation with First UU congregants around issues of spirituality, church life, faith and life in general. Episode 6, a special "All Church Camp" episode is now available [HERE!](#)

### Calling all Musicians, Poets, and Entertainers!

Please come perform at our community's Summer Arts Festival on the Patio on Saturday, August 26 at 3 pm. Contact [Louise Titlow](#) for more information.

### Matching Donations for Vermont Disaster Relief

A generous donor will match up to \$1,000 of our donations to the UUA disaster relief fund to help with the flooding in Vermont. The UU church in Montpelier sustained a lot of damage from the flooding. Click [HERE](#) to give and be counted toward the matching funds.

### Parking Lot Corner Beautification!

July 28, Friday, August 1, Tuesday, and August 11, Friday, 9:30 am — 2 pm, front corner of the parking lot. Brennan is back to beautify the corner of our parking lot and he is looking for volunteers! We will be learning how to work with cement and mosaic, and creating art to pull people's attention towards First UU from a block down the road. Bring a shade hat and latex gloves if possible.

### Memory Matters Gathering

July 28, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. The gathering enables members to make new contacts, build trust, and learn to deal with the consequences of memory loss. Ongoing, drop in. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### Hillcrest In-Person Social Hour

July 30, Sundays, following worship, Hillcrest patio. Join your community on the Hillcrest patio after the service.

### Virtual Social Hour

July 30, Sundays, 11 am, [bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour), Meeting ID 824 042 297. Password: FUUSD.

### UU Christian Study Group

July 30, Sunday, 12 noon, Room 321. Please join our UU Christian Study Group for "The Great Spiritual Migration" based on the work of former fundamentalist Pastor Brian McClaren. He has become a voice of progressive spirituality among conservative Christians. He describes how many 21st century people are moving away from traditional religion based on a system of beliefs and creeds to a way of life based on the values of love and compassion. He is a shining light on the religious right and an inspiration to spiritual progressives. Any questions contact [curranjeffery@msn.com](mailto:curranjeffery@msn.com).

### Open Heart Sangha - Meeting In Person at First UU!

July 30, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, [margewur@gmail.com](mailto:margewur@gmail.com).

### 8th Principle Learning Community

August 4, Friday, Special Meeting 4:30 pm — 6:30 pm, online. Presentation by Dale Anderson and Peter Montgomery. The video is from the June 8th Principle Learning Community meeting, Democracy in the U.S. and the Rise of Fascism. [REGISTER](#) in advance for this meeting. After registering, you will receive a confirmation email containing information about joining the meeting.

### GA Delegate Debrief

August 6, Sunday, 11:30 am — 12:30 pm, room 323. Delegates who attended the 2023 General Assembly both in person and by ZOOM are holding a debrief session with Rev. Justine and John Schaibly. Anyone who attended any sessions as a non-delegate are also welcome to participate by sharing their experience of this conference and to discuss any First UU actions in response the UUA resolutions going forward.

### Board Chat

August 6, first Sundays, 12:30 pm, [bit.ly/FirstUUBoardChat](https://bit.ly/FirstUUBoardChat), Meeting ID: 863 0218 5062 Passcode: 203946. Chat with a member of the Board.

### Hillcrest Song Circle

August 6, first Sundays, 3 pm — 5 pm, Common Room. As always, bring your guitar/and or voice. This is a fun chance to sing, we are not a choir. We have music books but you may bring a song you would like to teach the group or a song you would like to perform for the group. [Wombated@gmail.com](mailto:Wombated@gmail.com) or [cmack5913@gmail.com](mailto:cmack5913@gmail.com).

### ZUUMERS

August 7, first Mondays, 7 pm, online. "ZUUMERS" is a new name for an old neighborhood group that has continued meeting on Zoom for several years. All are welcome to join us for interesting conversations. We meet on the first Monday of each month from 7 pm — 8:30 pm. Contact Claudia at [obata.claudia@gmail.com](mailto:obata.claudia@gmail.com).

## What's Happening?

### Finance Committee Meeting

August 9, Wednesday, 6:30 pm, link in the members area of the [website](#). Note that this meeting is on *WEDNESDAY* rather than the typical Thursday meeting. Non-committee members do not take part in discussions or have a vote.

### UU Book Club

August 10, Thursday, 6 pm, Zoom. Please join us to discuss Hammet by Maggie O'Farrell. The book is inspired by Shakespeare's early life. Questions contact Mina Taylor [minastaylor@gmail.com](mailto:minastaylor@gmail.com).

### SummerFest Community Concert

#### Front Street Productions and La Jolla Music Society

August 10, Thursday, 7:30 pm — 9 pm, Meeting House. Join us for a truly remarkable evening of music by the La Jolla Music Society's 2023 Fellowship Artists *trioJEM* and *Quartet Integra* in the Meeting House at First UU Church in Hillcrest. Registration is required, free tickets [HERE](#).

### "Summer Break Camp for Adults"

August 10 — 14, Camp de Benneville Pines. The fabulous Donald Milton III will be the keynote speaker and the choir director. Visit <https://www.uucamp.org/camps-retreats/adult-camps/2023-uu-summer-break-camp-for-adults-singing-in-the-pines/> for more information.

### Creative Writing Group

August 12, second Saturdays, 10:30 am — 12:30 pm, <http://bit.ly/CreativeWritingFirstUU>, Meeting ID: 868 9505 3014, Passcode: 361410. For anyone with a desire to create and experiment with writing. RSVP to [evagarciamayers@yahoo.es](mailto:evagarciamayers@yahoo.es). Three attendee minimum.

### Women Together Meeting

August 12, second Saturdays, 12 pm — 2 pm, Common Room. Come see old friends, meet new friends, and experience sharing and caring. For more information, contact Claudia at [obata.claudia@gmail.com](mailto:obata.claudia@gmail.com).

### Kirtan And Chanting For Peace

August 12, second Saturdays, 6 pm — 7 pm, Common Room. Donation-based community event. Engage in the spiritual practice of Kirtan, a nondenominational practice that has been passed down since time immemorial and a constant in all paths and religions. Getting together as a group is a fun way to do this and we can sing mantras using all kinds of instruments and genres of music.

### Rainbow Action Group's Koffee Klatch

August 13, second Sundays, 11:15 am — 12:15 pm, Room 323. Our in-person Koffee Klatch will be upstairs in Room 323, so bring some refreshments and join us. All family, friends and allies are invited.

### Coping With Chronic Conditions Support Group

August 14, second and fourth Mondays, 1:30 pm — 3 pm, URL [bit.ly/CopingCCGroup](http://bit.ly/CopingCCGroup), or call 669-900-6833 with meeting ID 681-036-9317. New participants contact Chris Smith prior to attending at 619-300-7477 or [email](mailto:) to discuss our covenant, mission statement, and password.

### Caregivers/Allies Support Group

August 14, second and fourth Mondays, 4 pm — 5:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating, contact [Les Vivian](#).

### Board Meeting

August 15, Tuesday, 6:30 pm, online. Open to congregants. Link in the member section of the [website](#)

### Organizing for Justice Meeting

August 24, fourth Thursdays, 6:45 pm, online. Organizing for Justice (O4J) meets on the fourth Thursday of each month. Please contact [Newt Ferris](#) for further information.

### Steps to Membership Meeting

August 27, fourth Sundays, 11:15 am, Room 323. Come learn about membership at First UU. Have your questions answered and find out what membership is all about.

### Fourth Monday Meeting of UU Men's Fellowship

August 28, fourth Mondays, potluck 5:30 pm, Morley Field (in front of the tennis courts). Burgers, dogs and veggie burgers will be provided. Salads, beverages, snacks or treats are welcomed. Games and a fire ring. Visit the UUMF table on the patio or contact [jksdca@gmail.com](mailto:jksdca@gmail.com).

### New Date for Program on

#### "Death and Resurrection of Unitarian Universalism"

September 16, Saturday, 10 am, Bard Hall and Zoom at <https://bit.ly/UUSeniors>. Rev. Arvid Straube will lead a discussion on the future of Unitarian Universalism. (This is the same program originally scheduled for July that had to be cancelled at the last minute.) Hosted by UU Seniors. Coffee and tea available at 9:45 am, in Bard Hall - come early and socialize! All are welcome. If you miss the program, the recording will be available on the church website. Note that there is no UU Seniors program in August.

### Fall Transgender Inclusion Workshop

Sundays, September 24, October 1, 8, 15, 22, 29, and November 5, 1 pm — 2:30 pm on Zoom. Come join us in the Fall Transgender Inclusion Workshop. It's an informative seven week course, and we haven't offered it in two years, so please sign up now. For more information contact Les GrantSmith [looscann@gmail.com](mailto:looscann@gmail.com) or Louise Titlow [lmittlow@gmail.com](mailto:lmittlow@gmail.com).

### Coming to First UU this Fall!

Many new groups and programs will launch in the fall:

- UU Humanist Book Discussion Group
- UU Animal Ministry San Diego Chapter
- UU Pagans of San Diego
- UU 101 - an Adult RE series
- Mid-Week, Evening Worship!  
(Thursday evenings, 7 pm, Chapel, beginning September 14!)

To participate in any of these groups or programs contact [Rose@firstuusandiego.org](mailto:Rose@firstuusandiego.org) or 619-398-4439.

## Social Justice

### Climate Justice:

#### Protect Freedom to Invest Responsibly

The House Financial Services Committee is holding hearings attacking our freedom to invest in people and the planet. Targets include: (1) freedom to invest responsibly through our retirement and college savings accounts, (2) ability to hold corporations accountable by voting on shareholder resolutions, and (3) the Securities and Exchange Commission's requirements for corporations to disclose carbon emissions. **Tell Your Representative: Protect My Freedom To Invest Responsibly (salsalabs.org).**

### Sharia's Closet

Sharia's Closet, provider of emergency clothing, needs volunteers Tuesday, Wednesday, Thursday and Saturday afternoons at their location in the College area. Help out one time, or make it a habit! Fold clothes, sort donations, or put together wardrobes for clients. Sharia's Closet is the embodiment of our first principle, affirming the inherent dignity and worth of every person. Sign up here: <https://www.shariascloset.org/ways-to-give/volunteer/>.

## South Bay Food Pantry News

### Food Pantry Collecting Supplies for Unsheltered Folk

Thanks for the plastic bags! The pantry can always use easy-open, no-cook food, hygiene items (soaps, toothbrushes & toothpaste, baby wipes, hand sanitizer), and adult diapers/briefs and other incontinence supplies. Drop off at Hillcrest on Sunday morning.

### You are the Pantry!

Food and diapers (and more) go to 400+ families each week through intensive efforts of a gazillion volunteers. Join us some Saturday morning? Prefer smaller groups or weekday volunteering? Available Friday or Saturday evenings? Or early Sunday mornings? Contact [foodpantry@firstuusandiego.org](mailto:foodpantry@firstuusandiego.org) to get on board.

### The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact [foodpantry@firstuusandiego.org](mailto:foodpantry@firstuusandiego.org) or 619-271-5017.

### How to Donate to the South Bay Food Pantry

Donate **online** or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

## Our Faith

### UU Class Conversations Seeks Participants

UU Class Conversations is seeking participants for Working Class Caucuses. Working class UU's will have safe open conversations with each other and a facilitator. Discussions will focus on class in UU spaces. Contact [rosewith2thorns@gmail.com](mailto:rosewith2thorns@gmail.com).

## Family & Lifespan

### Children's RE

This Sunday, July 30, the Social Justice Team will be leading the 10 am service. We will have three groups for Children & Youth RE during the 10 am service, with Tony, Kate and Lara, after the Time For All Ages.

### Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm, Room 114b. This is an open, welcoming space to share meaningfully, play games, consider social and climate justice issues, and plan events. If you are interested in gathering with us, contact Youth and Young Adult Coordinator, [Lara Anderson](mailto:Lara.Anderson).

### UCSD Ropes Course

July 29, Saturday, 9 am — 1 pm, UCSD. Are you between the ages of 19 and 34? If so, join us in a UCSD ropes course community building challenge. This event will support us in owning and honoring our sense of personal power as well as refining our connectedness to the YA community group. For those interested in carpooling, meet at the church at 8 am. For more information, email Lara at [lara@firstuusandiego.org](mailto:lara@firstuusandiego.org).

### All Church Picnic and Games

August 19, Saturday 6 pm — 9 pm, Civita Park in Mission Valley. We'll have lite refreshments, but feel free to bring your own picnic meal for yourself or to share. We'll gather in the middle of the park just above the playground area. We'll have games available to play or just come and hang out. Parking is available at the park and on the surrounding streets. Civita Park is on a hill, so there is a slight incline, but all levels are wheelchair accessible with ramps connecting all areas of the park.

### Exploring AI

August 31, Thursday, 6:30 pm — 8 pm on Zoom. Join DLFF, Tony Bianca, to explore some of the philosophical, ethical and practical questions surrounding Artificial Intelligence and get a chance to see how a few AI programs work. This program is free, but registration is required. Register at: [form.jotform.com/221945094745160](https://form.jotform.com/221945094745160).

## South Bay Campus

### Gracias y Bendiciones

Saturdays, 9:45 am — 10 am, South Bay Campus. Every Saturday morning led by Social Justice Coordinator, Chris, and musicians from our FUUSD and South Bay worship teams. Saturday's services are bilingual.

### South Bay Worship Gathering

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community to watch the livestream of the Hillcrest service together every Sunday this summer.

### South Bay Singers Rehearsal

July 30, Sundays, 11:45 am — 1 pm, South Bay Campus. Contact [Lorelei@firstuusandiego.org](mailto:Lorelei@firstuusandiego.org) for details.

# La Rondalla de San Diego



with



# Mariachi Victoria de San Diego

## 2-5 pm Saturday July 29<sup>TH</sup>, 2023

Come to the inaugural Tardeada by La Rondalla de San Diego elders and the young Mariachi Victoria offering a traditional afternoon dance party. Schmooze with friends and family. Dance as you like. Rondalla dancers will share tips and demonstrate dance steps to some of the songs. Enjoy free refreshments including a nacho bar, drinks, fruit, veggies and sweets.

Funded by  
the First UU  
Outreach and  
Growth Fund



**First Unitarian Universalist  
Church of San Diego  
298 W Arbor Street  
San Diego, CA 92103**

Free  
parking in  
our lot



**Free! Registration required.**

**Reserve your seats at [FirstUUSanDiego.org](http://FirstUUSanDiego.org)**

Presented in Partnership by La Jolla Music Society  
and Front Street Productions

# SummerFest Community Concert

7:30 pm Thursday, August 10<sup>th</sup>

La Jolla Music Society's 2023 Fellowship Artists



trioJEM

Quartet Integra



Funded by the First  
UU Outreach and  
Growth Fund

LA JOLLA MUSIC SOCIETY  
**SUMMERFEST**2023

Inon Barnatan, Music Director

Enjoy this remarkable concert in our air-conditioned,  
acoustically-optimized auditorium.

First Unitarian Universalist Church of San Diego  
298 W Arbor Street San Diego, CA 92103

► Free parking in our lot

Free! Registration Required  
Reserve your seats at

[FirstUUSanDiego.org](http://FirstUUSanDiego.org)

## Week at a Glance Calendar

### Friday, July 28, 2023

#### **Parking Lot Corner Beautification!**

July 28, Friday, August 1, Tuesday, and August 11, Friday, 9:30 am — 2 pm, front corner of the parking lot. Bring a shade hat and latex gloves if possible.

#### **Memory Matters Gathering**

July 28, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. Ongoing, drop in. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### Sunday, July 30, 2023

#### **Hillcrest In Person & Simultaneous Livestream Worship**

In person or [online](#) at 10 am! Outdoor viewing available.

#### **South Bay Worship Gathering**

Sundays, 10 am, South Bay Worship Hall. Livestream of the Hillcrest service every Sunday this summer.

#### **Hillcrest In Person Social Hour**

Sundays, following service, Hillcrest patio. Coffee, tea and snacks provided.

#### **Virtual Social Hour**

Sundays, 11 am, [bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour), Meeting ID 824 042 297. Password: FUUSD.

#### **South Bay Singers Rehearsal**

Sundays, 11:45 am — 1 pm, South Bay Campus. Contact [Lorelei@firstuusandiego.org](mailto:Lorelei@firstuusandiego.org) for details.

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#### **Open Heart Sangha**

Sundays, 4 pm — 5:30 pm, Bard Hall. contact [margewur@gmail.com](mailto:margewur@gmail.com).

### Monday, July 31, 2023

#### **Summer Choir**

July 31, Monday, 7 pm — 8:30 pm, Bard Hall.

### Tuesday, August 1, 2023

#### **Young Adult Group**

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Monday. Contact Youth and Young Adult Coordinator, [Lara Anderson](mailto:Lara Anderson).

### Friday, August 4, 2023

#### **8th Principle Learning Community**

August 4, Friday, Special Meeting 4:30 pm — 6:30 pm, online. URGENT! We encourage you to invite members of your congregation to view a presentation by Dale Anderson & Peter Montgomery. **REGISTER** in advance for this meeting. After registering, you will receive a confirmation email containing information about joining the meeting.

### Upcoming Events

#### **Board Chat**

August 6, first Sundays, 12:30 pm, [bit.ly/FirstUUBoardChat](https://bit.ly/FirstUUBoardChat), Meeting ID: 863 0218 5062 Passcode: 203946. Chat with a member of the Board.

#### **Hillcrest Song Circle**

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#### **SummerFest Community Concert by trioJEM and Quartet Integra**

August 10, Thursday, 7:30 pm — 9 pm, Meeting House. Join us for a truly remarkable evening of music by the La Jolla Music Society's 2023 Fellowship Artists trioJEM and Quartet Integra in the acoustically-optimized Meeting House at First UU Church in Hillcrest. Admission is free. Registration is required, [tickets available here](#).

#### **Creative Writing Group**

August 12, Saturday, 10:30 am — 12:30 pm, [bit.ly/CreativeWritingFirstUU](https://bit.ly/CreativeWritingFirstUU), ID: 868 9505 3014 Passcode: 361410.

#### **Women Together Meeting**

August 12, Saturday, 12 pm — 2 pm, Common Room. For information contact Claudia [obata.claudia@gmail.com](mailto:obata.claudia@gmail.com).

#### **Kirtan And Chanting For Peace**

#### **With Patita Pavana Of Spirit Soul And Friends**

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#### **Rainbow Action Group's Koffee Klatch**

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POSTMASTER: Please send address changes to  
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, CA 92103-2098  
Phone: 619-298-9978, Fax: 619-298-9997  
E-mail: [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)

## Our Staff

### Ministers:

Rev. Justine Sullivan, *Lead Minister*  
Rev. Jim Grant and Rev. Lone Broussard, *Affiliate Ministers*  
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,  
Rev. Julie Forest and Rev. Katy Swanson, *Community Ministers*  
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*  
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

### Music Staff:

Marshall Voit, *Music Director*  
Lorelei Isidro-Garner, *Music Coordinator*  
Andrea Spiero, *JUUL Tones Ensemble Director*  
Tony Bianca, *Handbell Program Director*  
Tomás Acosta, *Collaborative Pianist*

### Staff:

Robie Evans, *Director of Operations*  
Tony Bianca, *Director of Lifespan Faith Formation*  
Rose Littler-Riedel, *Membership Development and Communications*  
Lara Anderson, *Youth and Young Adult Coordinator*  
Chris Chambers, *Social Justice Coordinator*  
Jazmine Ramanathan, *Administrative Assistant*  
Pam Bates, *Scheduler*  
Kate Collier, *Program Assistant*  
Connie Hayes, *Controller / Bookkeeper*  
Ray Evans, *Maintenance*  
Joshua Morrison, *Janitor*  
Mark Epler, *Event Coordinator*

## Board of Trustees

Everardo Aguilar, **President**  
Valerie Jaques, **Vice President**  
Sue Marberry, **Treasurer**  
Karen Lamphere, **Secretary**  
Leland Beck, Rosalba Ciampi, Steve Howard,  
Gay Hybertsen, Valerie Jaques and Paula Johnson **Trustees**

### Important E-mail Addresses:

**General First Church E-mail:** [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
**Scheduling of Church Property:** [schedule@firstuusandiego.org](mailto:schedule@firstuusandiego.org)  
**The Window (newsletter):** [window@firstuusandiego.org](mailto>window@firstuusandiego.org)  
**First Church Web Site:** [website@firstuusandiego.org](http://www.firstuusandiego.org)  
<http://www.firstuusandiego.org> (Main site)  
<http://www.firstuusandiego.org/uus-of-the-south-bay>  
(UUs of the South Bay)

### Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, California 92103  
619-298-9978 • [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
[www.firstuusandiego.org](http://www.firstuusandiego.org)  
Office Hours:  
Monday—Friday, 9 am to 4 pm and Sunday after Services  
Admin Mobile Line: 619-947-4612

### Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay  
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911  
619-271-5017 • [uusouthbay@firstuusandiego.org](mailto:uusouthbay@firstuusandiego.org)  
[www.firstuusandiego.org/uus-of-the-south-bay](http://www.firstuusandiego.org/uus-of-the-south-bay)  
Campus Hours: Sunday for Service or By Arrangement