

The Window

A Weekly Publication



First
Unitarian Universalist
Church of San Diego

Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

September's Monthly Worship Theme: Welcome

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

Hillcrest Services 10 am Sundays

September 3, 2023
"Songs of the Movement"

Marshall Voit, *Music Director*

September 10, 2023
"Enter, Rejoice & Come In"

Rev. Justine Sullivan & Rev. Kristen Kuriga

South Bay Services 10 am Sundays

September 3, 2023
"From the Folks Who
Brought You the Weekend"

Rev. Justine Sullivan & Rev. Kristen Kuriga

September 10, 2023
"Enter, Rejoice & Come In"
Livestream of the Hillcrest Service

September Generosity Offering UUA Disaster Relief Fund

In the month of September our generosity offering partner is the UUA Disaster Relief Fund. From climate-driven natural disasters like wildfires and hurricanes, to widespread human caused disasters like the collapsing infrastructure that we saw in Flint's water crisis, our congregations, our people, and our communities sustain the impact. Support of the Disaster Relief Fund allows the UUA to make grants to congregations, members, and communities in the wake of disaster, like the recent devastating wildfires in Maui. You can learn more about the fund here: www.uua.org/giving/areas-support/funds/disaster-response. You can donate on our [website](#), under gift designation select "Generosity."

The deadline for the next issue is:
September 6 (**Wednesday**) at 8 am

If you would like an
announcement placed
in the Window email:
officeadmin@firstuusandiego.org

**Submission maximum is
60 words**

What's Happening?

Our Church Family

Tomas Firle, age 97, died on Wednesday, August 9th. A Celebration of Life will be held on Saturday, September 30 at 11 am in the Meeting House.

Kay Karen Lucille Furrer, age 82, died on Sunday, August 13th.

To send flowers or make a donation to the "Eau Claire County Humane Association" in honor of Kay visit: bit.ly/45wEEzN

Podcast

Listen to "The First Source" a podcast created by Tony Bianca in conversation with First UU congregants around issues of spirituality, church life, faith and life in general. Episode 7, an interview with new Assistant Minister, Rev Kristen Kuriga is available [HERE!](#)

Matching Donations for Vermont Disaster Relief

A generous donor will match up to \$1,000 of our donations to the UUA disaster relief fund to help with the flooding in Vermont. The UU church in Montpelier sustained a lot of damage from the flooding. Click [HERE](#) to give and be counted toward the matching funds.

Campus Dumpsters

Please make note of which dumpster you are using. We recently noticed the Trash dumpster filled with mostly paper and cardboard while the Recycle dumpster was only half full. If we all do what we can to care for our environment it will be a better world for our children.

Why is there a Big Box on the Patio?

It's wonderful news! Jerry Thiebolt, our memorial wall and garden artist, will soon be installing our Memorial Garden's River of Life (path) and the Big Box contains what will be needed to accomplish this. Do you remember when many of us created our own designs on the many clay "bricks" back in 2018? Well, Jerry has kept them safe and is now ready to install these in a footpath going from the center of the memorial garden our fountain. Robie is creating a book of brick pictures that were taken when the bricks were created so you'll be able to look in the book, find pictures of your creations, then once the River of Life is complete, go and find your brick(s)! The book of brick pictures, once finished, will be kept in the church library in the Welcome Center.

D4\$ Exceeds Budget!

D4\$ 2023 was a huge success! We had 88 events offered with 1,057 spaces. We had 140 individual bidders who placed 760 winning bids! The average fundraising total per event was \$313; the average bidder placed \$196 in winning bids! We're so happy and you should be too! Bids totaled \$27,505 (surpassing last year's total of \$24,715)! A huge thank you from your D4\$ Team: Laurie Crehan, Dave Hunt, Dan Paul and Robie Evans.

Support for Communities Impacted by Wildfires in Maui

Over the past weeks we have witnessed the impact of wildfires in Maui that have devastated communities. If you are looking for ways to support recovery and relief efforts, UU religious leaders in Hawaii recommend supporting the below organizations. What is most needed right now are financial donations.

www.hawaiicommunityfoundation.org/maui-strong

<https://giving.uua.org/disaster-relief>

You can also read a statement from the UU Service Committee with further recommendations:

<https://www.uusc.org/press/uusc-statement-on-the-wildfires-in-maui/>

Update your confidential Personal Emergency sheets.
www.firstuusandiego.org/caring.html

Theater Outing!

September 1, Friday, 8 pm, Moxie Theatre. First UU Lifespan is partnering with The Moxie Theater to see "Cry it Out." The play takes an honest look at single-motherhood, the power of female friendship, the dilemma of going back to work, & the effect class has on parenthood in America. Purchase tickets at <https://ci.ovationtix.com/35605/production/1164282>. Be sure to purchase your ticket for Sept 1st and use the 25% discount code: **FirstUUNightOut**

Hillcrest In-Person Social Hour

September 3, Sundays, following worship, Hillcrest patio. Join your community on the Hillcrest patio after service.

Virtual Social Hour

September 3, Sundays, 11 am, bit.ly/FirstUUSocialHour. Meeting ID 824 042 297. Password: FUUSD.

Cosmos

Cosmos will not be meeting for the next three months!

South Bay Sharing Circle

Sunday, September 3, In-person after service, South Bay Campus. Join Rev. Justine Sullivan and Rev. Kristen Kuriga for a sharing circle after service. This will be an opportunity to get to know one another more deeply, share gratitude, and explore possibilities for the year ahead. We hope you can join us!

What's Happening?

UU Animal Ministry of San Diego

September 3, first Sundays, 12 pm, Library. Join us for our first meeting where we will discuss the visioning of the UU Animal Ministry of San Diego and decide on our first service project! Contact rose@firstuusandiego.org.

Board Chat

September 3, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062 Passcode: 203946. Chat with a member of the Board.

Hillcrest Song Circle

September 3, first Sundays, 3 pm — 5 pm, Common Room. As always, bring your guitar/and or voice. This is a fun chance to sing, we are not a choir. We have music books but you may bring a song you would like to teach the group or a song you would like to perform for the group. Wombated@gmail.com or cmack5913@gmail.com.

Open Heart Sangha

September 3, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

ZUUMERS

September 4, first Mondays, 7 pm, online. All are welcome to join us for interesting conversations. We meet on the first Monday of each month from 7 pm — 8:30 pm. Contact Claudia at obata.claudia@gmail.com.

San Diego Veterans For Peace

September 5, Tuesday, 7 pm — 8:30 pm, Room 323. San Diego Veterans For Peace will hold its monthly meeting. If you are interested in peace and concerned about the \$1 trillion Pentagon budget and climate change. You don't have to be a veteran, just have a desire for peace.

Chalice Choir

September 6, Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Memory Matters Gathering

September 8, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. The gathering enables members to learn to deal with the consequences of memory loss. Email hybertsen@att.net for the link.

Creative Writing Group

September 9, second Saturdays, 10:30 am — 12:30 pm, <https://bit.ly/CreativeWritingFirstUU>, Meeting ID: 868 9505 3014, Passcode: 361410. For anyone with a desire to create and experiment with writing. RSVP to evagarciamayers@yahoo.es. Three attendee minimum.

Women Together Meeting

September 9, second Saturdays, 12 pm — 2 pm, Common Room. Come see old friends, meet new friends, and experience sharing and caring. Bring your favorite song(s) and share why it is special to you. For more information, contact Claudia at obata.claudia@gmail.com.

Kirtan And Chanting For Peace

September 9, second Saturdays, 6 pm — 7 pm, Common Room. Donation-based community event. Come and engage in the spiritual practice of Kirtan, a nondenominational practice that has been passed down since time immemorial and a constant in all paths and religions. Getting together as a group is a fun way to do this and we can sing mantras (transcendental spiritual sound vibrations) using all kinds of instruments and genres of music. Dancing and movement is highly encouraged!

Rainbow Action Group's Koffee Klatch

September 10, second Sundays, 11:15 am — 12:15 pm, Room 323. Our in-person Koffee Klatch will be upstairs in Room 323, so bring some refreshments and join us. All family, friends and allies are invited.

Covenant of UU Pagans (CUUPS) of San Diego

September 10, second Sundays, 12 pm, Common Room. Join the San Diego CUUPS as we discuss the first chapter of *Pagan and Earth Centered Voices in Unitarian Universalism* (email Rose if you need a copy). We will also discuss our individual plans for Mabon. For all pagans and spiritual seekers! Contact rose@firstuusandiego.org.

What Are Our Solar Rights?

September 10, Sunday, 3:30 pm, <https://bit.ly/1stUUClimateJustice>. The Climate Justice Team welcomes Dave Rosenfeld, Executive Director of the California Solar Rights Alliance. He'll discuss the proposed "Utility Tax" pushed by SDG&E, its likely effect on energy conservation and renewable incentives, and what we can do about it. He'll also explain the effects of the California Public Utility Commission's recent NEM3 decisions on rooftop solar, and when rooftop solar batteries make sense.

Coping With Chronic Conditions Support Group

September 11, second and fourth Mondays, 1:30 pm — 3 pm, URL bit.ly/CopingCCGroup, or call 669-900-6833 with meeting ID 681-036-9317. New participants contact Chris Smith prior to attending at 619-300-7477 or email to discuss our covenant, mission statement, and password.

Caregivers/Allies Support Group

September 11, second and fourth Mondays, 4 pm — 5:30 pm, online. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating, contact [Les Vivian](mailto:LesVivian).

UU Humanist Book Discussion Group

September 12, second Tuesdays, 6 pm, Room 320. For our first meeting we will discuss the *Humanist Manifesto III*, and talk about the ways Humanism and UUism align. Contact rose@firstuusandiego.org.

Book Club

September 14, Thursday, 6 pm, via zoom. Our next book: *The Absolutely True Diary of a Part-Time Indian* by Sherman Alexie. Contact minastaylor@gmail.com.

What's Happening?

Finance Committee Meeting

September 14, Thursday, 6:30 pm, link in the members area of the [website](#). Non-committee members do not take part in discussions or have a vote.

“Death and Resurrection of Unitarian Universalism”

September 16, Saturday, 10 am, Bard Hall and Zoom at <https://bit.ly/UUSeniors>. Rev. Dr. Arvid Straube will lead a discussion on the future of Unitarian Universalism. Hosted by UU Seniors. Coffee and tea available at 9:45 am, in Bard Hall - come early and socialize! All are welcome. If you miss the program, the recording will be available on the church website.

Board Meeting

September 19, Tuesday, 6:30 pm, online. Open to congregants. Link in the member section of the [website](#)

Steps to Membership Meeting

September 24, fourth Sundays, 11:15 am, Room 323. Join Rose Littler-Riedel to learn about membership at First UU. Have your questions answered and find out what membership is all about.

Investigating Abrahamic Religious History

September 24, fourth Sundays, 12 pm, Room 321. Join us for a discussion of chapters three and four of "*The Great Spiritual Migration*" by Brian McLaren. Contact rose@firstuusandiego.org.

Social Justice

Sharia's Closet

Volunteer with me at Sharia's Closet! Let's find a weekday afternoon (Tuesday, Wednesday or Thursday) when we can go together to sort and organize donated emergency clothing at Sharia's Closet near SDSU. Email me, Laurie Gerber gerbl@pacbell.net to plan our outing. Sharia's Closet is the embodiment of our first principle, affirming the inherent worth and dignity of every person.

Climate Action: Reduce Plastic Bag Use

According to www.worldwildlife.org, the U.S. uses 100 billion plastic bags annually, consuming about 12 million barrels of oil. Less than 1% of plastic bags are ever recycled. Reusable bags can help reduce waste, plastic pollution, and the climate heating use of fossil fuel oil.

Aids Walk

Come join Rainbow Action in participating and supporting the AIDS Walk. HIV is spreading to youth and young adults in transgender/ non binary communities of color because of cultural reasons and lack of education. You can donate to help local HIV/AIDS service providers and educational outreach, honor or memorialize a beloved at our Unitarian Universalists Team page at <https://donate.thecentersd.org/team/520467>.

Our Faith

Uptown Walkathon

September 9, Saturday, 8 am. For neighbors experiencing homelessness or in need. Groups will meet up at University Christian Church in Hillcrest and will walk to the Uptown CSC for a tour of the facilities. After a continental breakfast, the walk concludes with the groups walking back to University Christian Church. For more information contact Dave Karpinski at davekarpinski@yahoo.com or Alan Nicol at glenview7@yahoo.com.

Family & Lifespan

Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm, Room 114b. This is an open, welcoming space to share meaningfully, play games, consider social and climate justice issues, and plan events. If you are interested in gathering with us, contact Youth and Young Adult Coordinator, Lara Anderson.

Theater Outing!

September 1, Friday, 8 pm, Moxie Theatre. First UU Lifespan is partnering with The Moxie Theater to see "Cry it Out." The play takes an honest look at single-motherhood, the power of female friendship, the dilemma of going back to work, and the effect class has on parenthood in America. Purchase tickets at <https://ci.ovationtix.com/35605/production/1164282>. Be sure to purchase your ticket for Sept 1st and use the 25% discount code: FirstUUNightOut.

Youth Outing

September 16, Saturday, 9:30 am, South Bay Food Pantry. Youth aged 12-17 planned our next outing. We will meet at The Hillcrest Campus at 9:30 am where we will be carpooling to the South Bay campus. We will be present for a service, serve the community, and then enjoy a meal together. Expect your child(ren) to be back at the Hillcrest Campus for pick-up at 2:30 pm. If you are interested in participating, email lara@firstuusandiego.org.

South Bay Campus

Gracias y Bendiciones

Saturdays, 9:45 am — 10 am, South Bay Campus. Every Saturday morning led by Social Justice Coordinator, Chris, and musicians from our FUUSD and South Bay worship teams. Saturday's services are bilingual.

South Bay Worship Gathering

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community to watch the livestream of the Hillcrest service together every Sunday this summer.

South Bay Singers Rehearsal

Sundays, 11:45 am — 1 pm, South Bay Campus. Contact Lorelei@firstuusandiego.org.

South Bay Food Pantry News

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

You are the Pantry!

Food and diapers (and more) go to 400+ families each week through intensive efforts of a gazillion volunteers. Join us some Saturday morning? Prefer smaller groups or weekday volunteering? Available Friday or Saturday evenings? Or early Sunday mornings? Contact foodpantry@firstuusandiego.org to get on board.

How to Donate to the South Bay Food Pantry

Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

Food Pantry Collecting Supplies for Unsheltered Folk

Thanks for the plastic bags! The pantry can always use easy-open, no-cook food, hygiene items (soaps, toothbrushes & toothpaste, baby wipes, hand sanitizer), and adult diapers/briefs and other incontinence supplies. Drop off at Hillcrest on Sunday morning - the bin is now at the back of the meeting house.



ALBUM RELEASE CONCERT BY ZANE ALEXANDER S.B. AND THE HOLY GHOST ENSEMBLE 7:30 PM FRIDAY, SEPTEMBER 8TH

COMPOSER-LED 13-PIECE ENSEMBLE BLENDING JAZZ, CLASSICAL,
AND NEW TEXTURES.

FIRST UNITARIAN UNIVERSALIST CHURCH OF SAN DIEGO

298 W ARBOR STREET SAN DIEGO, CA 92103

▶ FREE PARKING IN OUR LOT

FUNDED BY
THE FIRST UU
OUTREACH AND
GROWTH FUND



FREE REGISTRATION REQUIRED
FIRSTUUSANDIEGO.ORG






Anishka Lee-Skorepa is a distinguished vocal artist who lives, works, and creates as a fronteriza - an artist with a foot in San Diego and Tijuana.

Her music deconstructs opera into its most basic elements: the human voice, dynamic instrumentation and storytelling.

La Tremenda's gift for expressive storytelling folds into the pulses of Latin and urban America to relate opera to modern life experiences. Don't miss this very special performance!

First Unitarian Universalist Church of San Diego
298 W Arbor Street San Diego, CA 92103

Free parking in our Lot. 
Free with registration.

FirstUUSanDiego.org



Week at a Glance Calendar

Friday, September 1, 2023

Theater Outing!

September 1, Friday, 8 pm, Moxie Theatre. First UU Lifespan is partnering with The Moxie Theater to see "Cry it Out."

Sunday, September 3, 2023

Hillcrest In Person & Simultaneous Livestream Worship

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship Gathering

Sundays, 10 am, South Bay Worship Hall. Livestream of the Hillcrest service every Sunday this summer.

Hillcrest In Person Social Hour

Sundays, following service, Hillcrest patio. Coffee, tea and snacks provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

South Bay Sharing Circle

Sunday, September 3, In-person after service, South Bay Campus. Join Rev. Justine Sullivan and Rev. Kristen Kuriga for a sharing circle after service.

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September 3, first Sundays, 3 pm — 5 pm, Common Room. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. contact margewur@gmail.com.

Monday, September 4, 2023

ZUUMERS

September 4, first Mondays, 7 pm, online. For more information and link, please contact Claudia at obata.claudia@gmail.com.

Tuesday, September 5, 2023

Young Adult Group

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Monday. Contact Youth and Young Adult Coordinator, [Lara Anderson](mailto:Lara.Anderson).

San Diego Veterans For Peace

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Upcoming Events

Memory Matters Gathering

September 8, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Creative Writing Group

September 9, Saturday, 10:30 am — 12:30 pm, bit.ly/CreativeWritingFirstUU, ID: 868 9505 3014 Passcode: 361410.

Women Together Meeting

September 9, Saturday, 12 pm — 2 pm, Common Room. For information contact Claudia obata.claudia@gmail.com.

Kirtan And Chanting For Peace

With Patita Pavana Of Spirit Soul And Friends

September 9, second Saturdays, 6 pm — 7 pm, Common Room. Donation-based community event. Come and engage in the spiritual practice of Kirtan.

Rainbow Action Group's Koffee Klatch

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Investigating Abrahamic Religious History

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POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Rev. Jim Grant and Rev. Lone Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,
Rev. Julie Forest and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Carolyn S. Owen-Towle, *Minister Emerita*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Lorelei Isidro-Garner, *Music Coordinator*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Rose Littler-Riedel, *Membership Development and Communications*
Lara Anderson, *Youth and Young Adult Coordinator*
Chris Chambers, *Social Justice Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Pam Bates, *Scheduler*
Kate Collier, *Program Assistant*
Connie Hayes, *Controller / Bookkeeper*
Ray Evans, *Facilities Manager*
Joshua Morrison, *Janitor*
Mark Epler, *Event Coordinator*

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi, Steve Howard,
Gay Hybertsen, and Paula Johnson **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: [website@firstuusandiego.org](http://www.firstuusandiego.org)
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org
Office Hours:
Monday—Friday, 9 am to 4 pm and Sunday after Services
Admin Mobile Line: 619-947-4612

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement