

# The Window

A Weekly Publication



### Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

### Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

## October's Monthly Worship Theme: Heritage

**Hillcrest Campus Location**  
 4190 Front Street  
 San Diego, CA 92103  
 619-298-9978

**South Bay Campus Location**  
 970 Broadway, Suite 104  
 Chula Vista, CA 91911  
 619-271-5017

### Hillcrest Services 10 am Sundays

**October 15, 2023**  
**"Sing to the Universe Who We Are"**  
 Worship Arts Team

**October 22, 2023**  
**"Kairos and Chronos"**  
 Rev. Julie Forest, *Community Minister*

### South Bay Services 10 am Sundays

**October 15, 2023**  
**"Sing to the Universe Who We Are"**  
 Livestream of the Hillcrest Service

**October 22, 2023**  
**"Poetry to Nourish Our Souls"**  
 Rev. Kristen Kuriga & Swamini Saraswati

## October Generosity Offering StandUp for Kids

StandUp for Kids is a non-profit organization dedicated to ending the cycle of youth homelessness in local communities throughout the nation, based out of San Diego. Since 1990, they have cared for homeless and at-risk youth in San Diego by transitioning them from crisis to connection. As an organization run principally by volunteer efforts, your financial contributions largely go directly to providing tangible resources for youth experiencing housing insecurity with the goal of moving them into permanent housing in San Diego County. StandUp For Kids SD would also love to involve First UU community in its volunteer opportunities, from street outreach, to running the drop-in center, to providing one-on-one counseling and peer support. Sign up to learn more at [standupforkids.org/sandiego](http://standupforkids.org/sandiego) or contact [chris@firstuusandiego.org](mailto:chris@firstuusandiego.org) for more information about how our church and Generosity Offering partners are building working relationships. Donate on our [website](#), under gift designation select "Generosity."

## What's Happening?

### Our Church Family

Peggy Holl would like to thank everyone who donated to First UU in remembrance of John.

### Sharia's Closet

Volunteer with Laurie at Sharia's Closet! Let's find a weekday afternoon to go together to sort and organize donated emergency clothing at Sharia's Closet near SDSU. Email Laurie Gerber [gerbl@pacbell.net](mailto:gerbl@pacbell.net), to plan our outing. Sharia's Closet affirms the inherent dignity and worth of every person.

### Why is there a Big Box on the Patio?

Jerry Thiebolt, our memorial wall and garden artist, is installing our Memorial Garden's River of Life (path) and the Big Box contains what is needed. Many of us created our own designs on the many clay "bricks" back in 2018. Jerry is now ready to install these in a footpath going from the center of the memorial garden to our fountain. Robie has created a book of brick pictures which is in the library in the Welcome Center.

### Spaces Left! D4\$ Lawn Bowling Adventure Nov. 18

Saturday, November 18th, 1 pm – 3 pm, Balboa Park. Anyone can come! Please donate \$25 to D4\$ to attend a fun-filled event. Lawn Bowling at the Lawn Bowling Club at Balboa Drive and El Prado. We will offer light snacks and beverages during play. For more information, contact [Robie Evans](#).

### Animal Ministry Seeking Supply Donations!

The UU Animal Ministry of San Diego is seeking donations of fabric scraps, old sheets, pillows, blankets, clothes, etc. to be used in the crafting of pet beds that will be donated to local shelters. There will be a collection bin on the patio on Sundays until October 29.

### Podcast

Listen to "The First Source" a podcast created by Tony Bianca in conversation with First UU congregants around issues of spirituality, church life, faith and life in general. Episode 7, an interview with Assistant Minister, Rev. Kristen Kuriga is available [HERE!](#)

### Regional Town Halls

Members of the Pacific Western Region Transitions Team invites all PWR Unitarian Universalists to join them for two Regional Town Halls on Zoom, Tuesday, October 17, 6 pm — 8 pm, and Saturday, October 21, 10 am — 12 pm. Their goal is to gather feedback regarding the future of our region and to see what ideas, hopes, and dreams you might have for a new Pacific Western Region that more fully supports and connects its communities. If you have thoughts about how to make the Region better for all of us, from programs offered by our Regional staff to our upcoming Pacific Western Regional Assembly, these are the events for you! Register for the Town Halls here. Questions? Email [transitionsteam@pwruiu.org](mailto:transitionsteam@pwruiu.org).

### Memory Matters Gathering

October 13, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. The gathering enables members to learn to deal with the consequences of memory loss. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### Women Together Meeting

October 14, second Saturdays, 12 pm — 2 pm, Common Room. Come see old friends, meet new friends, and experience sharing and caring. We will share our favorite travel memories and talk about special places we've been. For more information, contact [obata.claudia@gmail.com](mailto:obata.claudia@gmail.com).

### Worship Arts Workshop

October 14, Saturday, 9 am — 2 pm, Hillcrest Campus. Join the Ministers and Staff of First UU for this day focused on the various skills, arts and processes involved in planning and leading worship! This workshop is open to all! Register <https://form.jotform.com/232135155979059>

### Kirtan And Chanting For Peace

October 14, second Saturdays, 6 pm — 7 pm, Common Room. *Donation-based community event.* Engage in the spiritual practice of Kirtan, a nondenominational practice that has been a constant in all paths and religions. Getting together as a group is a fun way to do this and we can sing mantras using all kinds of instruments and genres of music. Dancing and movement is highly encouraged!

### Hillcrest In-Person Social Hour

October 15, Sundays, following worship, Bard Hall. Join your community in Bard Hall after the service for coffee, snacks, and conversation.

### Virtual Social Hour

October 15, Sundays, 11 am, [bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour), Meeting ID 824 042 297. Password: FUUSD. Come one, come all to virtual Social Hour, and share your thoughts about the service or whatever is on your mind each Sunday just after the service. Let's keep connecting, even if not in person.

### Welaunee Forest Protectors Presentation

October 15, Sunday, 2:15 pm — 3:30 pm, Bard Hall. Sponsored by the Social Justice Executive Team, Activists from the movement to protect the Welaunee Forest and #StopCopCity will be sharing the struggles and needs of the year-long struggle. The Welaunee Forest is part of stolen Muscogee land outside of Atlanta that neighbors multiple low-income communities of color, which is slated to be ravaged by the further development of a militarized police-training facility that seeks to arm local police forces with military-grade equipment and training. Multiple communities of resistance are collaborating to protest the environmental destruction of this ecologically crucial forest, the desecration of stolen indigenous land, and the increased militarization of police forces in low-income neighborhoods and communities of color. Please join us for a discussion to learn about this resilient movement.

## What's Happening?

### Open Heart Sangha

October 15, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, [margewur@gmail.com](mailto:margewur@gmail.com).

### Women's Choir

October 16, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women who create community through joyful, spirit-filled singing. No prior singing experience is required.

### Board Meeting

October 17, Tuesday, 6:30 pm, Bard Hall and online. Open to congregants. Link in the [website](#) member area.

### Chalice Choir

October 18, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest musical ensemble. All God's critters got a place in the choir - come and take yours! No prior singing experience is required.

### "Two Eyes" Feature Film Screening

October 20, Friday, 6 pm – 9 pm, Bard Hall. "Two Eyes" explores sexuality and gender in three storylines over the course of a century. Following the movie, we'll screen a 30 min, pre-recorded Q&A with the cast and filmmakers hosted by Alan Cumming. Co-hosted by Lifespan and Rainbow Action with support from the Outreach and Growth Fund. Free popcorn and drinks! Registration required: <https://www.firstuusandiego.org/>

### Conversation About Grieving

October 21, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Honoring that many members and friends have died this year, Rev. Kristen Kuriga, our Assistant Minister, will lead us in a conversation about being with grief. Hosted by UU Seniors. Coffee and tea available at 9:45 am, in Bard Hall - come early and socialize! The recording will be available on the website.

### The Keyboard Extravaganza

October 21, Saturday, 7 pm, Meeting House. Barbara Scheidker and Ken Herman will present Keyboard Extravaganza. Program will include music by Antonio Soler, Franz Joseph Haydn, W. A. Mozart, and Maurice Ravel, Paul Halley and Charles Callahan and some tunes from the Great American Songbook. Offering will benefit First UU's Partner Church program.

### Steps to Membership Meeting

October 22, fourth Sundays, 11:15 am, Room 323. Join Rose Littler-Riedel to learn about membership at First UU. Find out what membership is all about.

### Investigating Abrahamic Religions Study Group

(Previously the UU Christian Study Group)

October 22, fourth Sundays, 12 pm, Room 321. We will watch and discuss a TedTalk about Islam. Join us!

### Coping With Chronic Conditions Support Group

October 23, second and fourth Mondays, 1:30 pm — 3 pm, URL [bit.ly/CopingCCGroup](https://bit.ly/CopingCCGroup), or call 669-900-6833 with meeting ID 681-036-9317. New participants contact Chris Smith prior to attending at 619-300-7477 or [email](#) to discuss our covenant, mission statement, and password.

### Fourth Monday Meeting of UU Men's Fellowship

October 23, fourth Mondays, potluck 5:30 pm, Common Room. Visit the UUMF table on the patio or contact [icksdca@gmail.com](mailto:icksdca@gmail.com) for more info.

### Caregivers/Allies Support Group

October 24, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact [Les Vivian](#).

### Adult RE

October 24, Monday, 6:30 pm — 8 pm, zoom. Representatives of Reproductive Transparency Now will talk with us about some of the deceptive tactics used to prevent individuals from accessing abortion and other reproductive care. Register [HERE](#).

### Organizing for Justice Meeting

October 26, fourth Thursdays, 6:45 pm, online. Please contact Newt Ferris for further information.

### Emma's Revolution Celebration Concert for First Unitarian's 150th Anniversary

November 4, Saturday, 7:30 pm, Meeting House. Known for fearless, truth-telling lyrics and melodies you can't resist singing, Emma's Revolution is the award-winning activist duo of Pat Humphries & Sandy O. With one eye on the news, they consistently write songs about critical issues happening in the world and enthusiastically lend their voices to the movements those issues inspire. Their songs have traveled around the world inspiring countless social justice and environmental achievements. Admission free, and [registration](#) is required.

### UU Animal Ministry of San Diego

November 5, first Sundays, 12 pm, Room 323. Join us as we create pet beds using the supplies donated during September and October! Pet beds will be donated to our local animal shelters. Contact [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org).

### Board Chat

November 5, first Sundays, 12:30 pm, [bit.ly/FirstUUBoardChat](https://bit.ly/FirstUUBoardChat), ID: 863 0218 5062 Passcode: 203946.

### Hillcrest Song Circle

November 5, first Sundays, 3 pm — 5 pm, Common Room. As always, bring your guitar/and or voice. We have music books but you may bring a song you would like to teach the group or a song you would like to perform for the group. [Wombated@gmail.com](mailto:Wombated@gmail.com) or [cmack5913@gmail.com](mailto:cmack5913@gmail.com).

Follow us on *Instagram* @firstuusd and @uus\_south\_bay

**Do You Need to Add Your Group to the Window?**  
Send your info to [Rose](#) to be included in The Window!



## What's Happening?

### ZUUMERS

November 5, first Sundays, 6 pm — 7:30 pm, online. We are a neighborhood group without borders. Join us for interesting conversation and sharing. Visit with old friends and meet new ones. For info and Zoom link, contact Claudia at [obata.claudia@gmail.com](mailto:obata.claudia@gmail.com).

#### 5th Tuesday Board Meeting now on 11-07-23!

November 7, Tuesday, 6:30 pm, [online](#). Due to the 5th Tuesday of October falling on a holiday we will be meeting on November 7 instead!

#### Neighborhood Group without Borders

November 8, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Susan Riegel Harding invites you to a brown bag lunch at her home. This is an opportunity to start meeting as a "Neighborhood Group" until we get formally organized. Coffee, water, and other beverages will be provided. Text RSVP to 619-987-6234 to reserve one of 14 available spaces each month.

### Rainbow Action Group's Koffee Klatch

November 12, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

#### Covenant of UU Pagans (CUUPS) of San Diego

November 12, second Sundays, 12 pm, Common Room and Peace Garden. We will continue to work on the Peace Garden as we are able! Indoors we will have items for divination and crafting. We will discuss what we would like to do for Yule. Contact [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org).

#### UU Humanist Book Discussion Group

November 14, second Tuesdays, 6 pm, Room 320. For our next meeting we will discuss the ***Becoming More Fully Human: Religious Humanism as a Way of Life***. Contact [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org).

#### Finance Committee Meeting

November 16, Thursday, 6:30 pm, link in the members area of the [website](#). Non-committee members do not take part in discussions or have a vote.

## Family & Lifespan

### Sunday RE

This Sunday, October 15, we'll continue our Fall RE Program with three Groups: Chalice Children (PreK - 1st); Riddle & Mystery (2nd - 5th) and Heeding the Call (Jr & Sr High).

#### "Backstage" Tour

October 15, Sunday, 11:30 am, Meeting House. Have you ever wanted to go up into the choir loft or see what's behind the chancel walls? Join Tony for a brief tour of all the "backstage" nooks and crannies of the Meeting House. We'll gather at 11:30 am inside the meeting house to start the tour.

#### Coming of Age

Coming of Age will not meet this Sunday, October 15. Our next Coming of Age program meeting will be on Sunday, Oct 22, 12 pm — 2 pm.

#### Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm, Room 114b. This is an open, welcoming space to share meaningfully, play games, consider social and climate justice issues, and plan events. If you are interested in gathering with us, contact Youth and Young Adult Coordinator, [Lara Anderson](mailto:Lara Anderson).

#### Halloween Party

October 27, Friday, 6 pm — 8 pm, Hillcrest Campus. All are invited to join us for food, pumpkin painting, games, crafts, dancing and more. All ages are welcome. Costumes are encouraged but not required. RSVP to [kate@firstuusandiego.org](mailto:kate@firstuusandiego.org).

## Social Justice

### Reproductive Transparency Now

October 24, Tuesday, 6:30 pm — 8 pm, Zoom. Reproductive Transparency Now representatives will talk with us about some of the deceptive tactics used to prevent individuals from accessing abortion and other reproductive care. Free and open to all ages, we do accept donations to support our programming. Sign up [HERE](#).

#### Pilgrimage to Heal Our Communities

October 26 — October 29. A four-day pilgrimage led by the Interfaith Movement for Human Integrity will be moving through the Central Valley/Southwest Border region of California starting Oct 26, and is holding its concluding event in San Diego on Sunday, Oct 29. The "Ceremony to Resist Borders and Bars" will be held at the Otay Mesa Detention Center from 10 am to 12 pm, and the community event "Building Community to Resist Borders and Bars" will be held near the fountain at Chicano Park (on National Ave) from 1 pm to 3 pm. See the flyer [HERE](#). More info [HERE](#).

#### Climate Action: Electrify School Buses

Federal climate bills recently passed made billions available for clean, efficient electric school buses. The EPA needs to prioritize money for school districts where kids are breathing the dirtiest air. Diesel exhaust produces some of the dirtiest, most toxic pollution. The EPA should ensure the program does not continue to subsidize diesel or methane buses, locking communities into further pollution. [Take Action](#).

**South Bay Campus**

**Gracias y Bendiciones**

Saturdays, 9:45 am — 10 am, South Bay Campus. Every Saturday morning led by Social Justice Coordinator, Chris, and musicians from our FUUSD and South Bay worship teams. Saturday's services are bilingual.

**South Bay Worship**

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

**South Bay Food Pantry News**

**South Bay Quinceanera Greetings**

by Maureen McNair, *Founder, South Bay Food Pantry*

The South Bay Quinceanera was such a joyful occasion! This campus, in this location, was born of our congregation's desire to put ourselves in a community where we could do local social justice work. Read the rest on our [BLOG](#).

**You are the Pantry!**

Food and diapers go to 400+ families each week through intensive efforts of a gazillion volunteers. Join us Saturday morning, Friday or Saturday evening, or Sunday morning! Contact [foodpantry@firstuusandiego.org](mailto:foodpantry@firstuusandiego.org).

**The South Bay Food Pantry...**

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact [foodpantry@firstuusandiego.org](mailto:foodpantry@firstuusandiego.org) or 619-271-5017.

**Food Pantry Collecting Supplies for Unsheltered Folk**

The pantry can always use easy-open, no-cook food, hygiene items, and adult incontinence supplies. Drop off at Hillcrest on Sunday mornings.

**How to Donate to the South Bay Food Pantry**

Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

**Our Larger Faith**

**Primer Leadership Experience**

October 25, Wednesday, 4 pm, online. The Primer LE is a self-paced experience with recorded lectures, supplemental materials, and one online group processing session. The topics covered in the Primer LE are UU Theology, Covenant, and UU History. This is appropriate for UU's of all ages. Learn more [HERE](#).

**Cluster News**

**Mark Your Calendars for the next Concert at Summit!**

November 5, Saturday, 7 pm, Summit UU Fellowship. A very "Merry" *Mean Mary* show! Joined by her brother, Frank James, Mean Mary will be playing crowd favorites along with some holiday classics, and a few of *Mean Mary's* brand-new Christmas originals! Tickets sold on the Summit Campus the Sunday before the concert, also at the door the night of the concert, and you can purchase them [online](#), choose the "Give to Concert Series" in the dropdown. Any questions? [SUUFVolunteer@yahoo.com](mailto:SUUFVolunteer@yahoo.com).




The University of San Diego's Anthropology Department proudly presents

**An Evening with Hezekiah Watkins**

**Wednesday, October 18**  
6 – 8 p.m.

**Joan B. Kroc Institute for Peace and Justice**  
Room AB



Co-sponsored by the Sociology and English Departments, and the College of Arts and Sciences  
For any questions, please reach out to Doctor Jerome Hall: [jeromeh@usd.edu](mailto:jeromeh@usd.edu)



In 1961, at the age of 13, Hezekiah Watkins rode his bicycle down to the Jackson, Mississippi Greyhound Bus Station to witness the arrival of the Freedom Riders, a racially-mixed group of U.S. citizens advocating for equal rights for African Americans. On that Sunday afternoon, his life changed forever when he was pushed into the "Whites Only" section of the terminal, arrested for allegedly being part of the Freedom Riders, and sent to the Mississippi State Penitentiary where – as a minor – he was placed on Death Row.

Come spend an evening with Mr. Watkins and hear how his arrest – the first of over the 100 that would follow – “pushed” him into a life dedicated to the struggle for justice, equality and human rights.





# FILM SCREENING

6-9 pm Friday October 20th, 2023



First Unitarian Universalist Church of San Diego  
298 W Arbor St., San Diego, CA 92103

Free admission with registration.



# EMMA'S REVOLUTION

7:30 PM  
SATURDAY  
NOVEMBER 4TH  
2023

First UU Church of San Diego in Hillcrest - Free Admission - Registration Required

*All of who you are is sacred. All of who you are is welcome.*



Unitarian Universalism

## Week at a Glance Calendar

### Friday, October 13, 2023

#### **Memory Matters Gathering**

October 13, second and fourth Fridays, 10 am — 11:30 am, online. This is a place for those who worry about memory problems care partners. Email [hybertsen@att.net](mailto:hybertsen@att.net) for the link.

### Saturday, October 14, 2023

#### **Women Together Meeting**

October 14, second Saturdays, 12 pm — 2 pm, Common Room. For information contact Claudia [obata.claudia@gmail.com](mailto:obata.claudia@gmail.com).

#### **Kirtan And Chanting For Peace**

#### **With Patita Pavana Of Spirit Soul And Friends**

October 14, second Saturdays, 6 pm — 7 pm, Common Room. Donation-based community event.

### Sunday, October 15, 2023

#### **Hillcrest In Person & Simultaneous Livestream Worship**

In person or [online](#) at 10 am! Outdoor viewing available.

#### **South Bay Worship**

Sundays, 10 am, South Bay Worship Hall.

#### **Hillcrest In Person Social Hour**

Sundays, following service, Bard Hall. Coffee, tea and snacks.

#### **Virtual Social Hour**

Sundays, 11 am, [bit.ly/FirstUUSocialHour](https://bit.ly/FirstUUSocialHour), Meeting ID 824 042 297. Password: FUUSD.

#### **Open Heart Sangha**

Sundays, 4 pm — 5:30 pm, Bard Hall. [margewur@gmail.com](mailto:margewur@gmail.com).

### Monday, October 16, 2023

#### **Women's Choir**

Mondays, 7 pm — 8:30 pm, Bard Hall.

### Tuesday, October 17, 2023

#### **Young Adult Group**

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Monday. Contact Youth and Young Adult Coordinator, [Lara Anderson](mailto:Lara.Anderson).

#### **Board Meeting**

October 17, Tuesday, 6:30 pm, Bard Hall and online. Board meetings are open to congregants. Link in the member section of the [website](#).

### Wednesday, October 18, 2023

#### **Neighborhood Groups without Borders**

October 11, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Text RSVP to 619-987-6234 to reserve one of 14 available spaces each month.

#### **Chalice Choir Rehearsal**

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

### Upcoming Events

#### **"Two Eyes" Feature Film Screening**

October 20, Friday, 6 pm – 9 pm, Bard Hall. "Two Eyes" explores sexuality and gender in three storylines over the course of a century. Following the movie, we'll screen a 30 min, pre-recorded Q&A with the cast and filmmakers hosted by Alan Cumming. Registration required: <https://www.firstuusandiego.org/>

#### **Conversation about Grief**

October 21, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Honoring that many members and friends have died this year, Rev. Kristen Kuriga, our Assistant Minister, will lead us in a conversation about being with grief.

#### **The Keyboard Extravaganza**

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#### **Investigating Abrahamic Religions Study Group**

October 22, Sunday, 12 noon, Room 321.

#### **Fourth Monday Meeting of UU Men's Fellowship**

October 23, fourth Mondays, potluck 5:30 pm, Common Room. Visit the UUMF table on the patio or contact [jcksdca@gmail.com](mailto:jcksdca@gmail.com)

#### **Coping With Chronic Conditions Support Group**

October 23, Mondays (second & fourth), 1:30 pm — 3 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

#### **Caregivers/Allies Support Group**

October 24, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, online. For additional information contact [Les Vivian](mailto:Les.Vivian).

#### **Adult RE**

October 24, Monday, 6:30 pm — 8 pm, zoom. Representatives of Reproductive Transparency Now will talk with us about some of the deceptive tactics used to prevent individuals from accessing abortion and other reproductive care. Register [HERE](#).

#### **Organizing for Justice Meeting**

October 26, fourth Thursdays, 6:45 pm, online. Organizing for Justice (O4J) meets on the fourth Thursday of each month. Please contact [Newt Ferris](mailto:Newt.Ferris) for further information.

#### **Emma's Revolution Celebration Concert for First Unitarian's 150th Anniversary**

November 4, Saturday, 7:30 pm, Meeting House. Known for fearless, truth-telling lyrics and melodies, Emma's Revolution is the award-winning duo of Pat Humphries & Sandy O. Admission free, registration required: <https://www.firstuusandiego.org/>

#### **UU Animal Ministry of San Diego**

November 5, Sunday, 12 pm, Room 323. Contact [rose@firstuusandiego.org](mailto:rose@firstuusandiego.org).

#### **Hillcrest Song Circle**

November 5, first Sundays, 3 pm — 5 pm, Common Room. Bring your guitar/and or voice. [Wombated@gmail.com](mailto:Wombated@gmail.com) or [cmack5913@gmail.com](mailto:cmack5913@gmail.com).

#### **Board Chat**

November 5, first Sundays, 12:30 pm, [bit.ly/FirstUUBoardChat](https://bit.ly/FirstUUBoardChat), Meeting ID: 863 0218 5062 Passcode: 203946. Chat with a member of the Board.

#### **ZUUMERS**

November 5, first Sundays, 6 pm, online. For more information and link, please contact Claudia at [obata.claudia@gmail.com](mailto:obata.claudia@gmail.com).

#### **Rainbow Action Group's Koffee Klatch**

November 12, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.



POSTMASTER: Please send address changes to  
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, CA 92103-2098  
Phone: 619-298-9978, Fax: 619-298-9997  
E-mail: [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)

## Our Staff

### Ministers:

Rev. Justine Sullivan, *Lead Minister*  
Rev. Kristen Kuriga, *Assistant Minister*  
Swamini Adityananda Saraswati, *Intern Minister*  
Rev. Jim Grant and Rev. Lone Broussard, *Affiliate Ministers*  
Rev. Bonnie Tarwater, Rev. Frank Placone-Willey,  
Rev. Julie Forest and Rev. Katy Swanson, *Community Ministers*  
Rev. Dr.'s Carolyn S. and Thomas A. Owen-Towle, *Minister Emerita/us*

### Music Staff:

Marshall Voit, *Music Director*  
Andrea Spiero, *JUUL Tones Ensemble Director*  
Tony Bianca, *Handbell Program Director*  
Tomás Acosta, *Collaborative Pianist*

### Staff:

Robie Evans, *Director of Operations*  
Tony Bianca, *Director of Lifespan Faith Formation*  
Rose Littler-Riedel, *Membership and Communications*  
Lara Anderson, *Youth and Young Adult Coordinator*  
Chris Chambers, *Social Justice Coordinator*  
Jazmine Ramanathan, *Administrative Assistant*  
Kate Collier, *Program Assistant*  
Pam Bates, *Scheduler*  
Ray Evans, *Facilities Manager*  
Connie Hayes, *Controller / Bookkeeper*  
Mark Epler, *Event Coordinator*

## Board of Trustees

Everardo Aguilar, **President**  
Valerie Jaques, **Vice President**  
Sue Marberry, **Treasurer**  
Karen Lamphere, **Secretary**  
Leland Beck, Rosalba Ciampi, Steve Howard,  
Gay Hybertsen, and Paula Johnson, **Trustees**

### Important E-mail Addresses:

**General First Church E-mail:** [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
**Scheduling of Church Property:** [schedule@firstuusandiego.org](mailto:schedule@firstuusandiego.org)  
**The Window (newsletter):** [window@firstuusandiego.org](mailto>window@firstuusandiego.org)  
**First Church Web Site:** [website@firstuusandiego.org](mailto:website@firstuusandiego.org)  
<http://www.firstuusandiego.org> (Main site)  
<http://www.firstuusandiego.org/uus-of-the-south-bay>  
(UUs of the South Bay)

### Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego  
4190 Front Street, San Diego, California 92103  
619-298-9978 • [mail@firstuusandiego.org](mailto:mail@firstuusandiego.org)  
[www.firstuusandiego.org](http://www.firstuusandiego.org)

### Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

### Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay  
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911  
619-271-5017 • [uusouthbay@firstuusandiego.org](mailto:uusouthbay@firstuusandiego.org)  
[www.firstuusandiego.org/uus-of-the-south-bay](http://www.firstuusandiego.org/uus-of-the-south-bay)  
Campus Hours: Sunday for Service or By Arrangement