

The Window

A Weekly Publication



First
Unitarian Universalist
Church of San Diego

Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

November's Monthly Worship Theme: Generosity

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

Hillcrest Services
10 am Sundays

South Bay Services
10 am Sundays

November 12, 2023
"Embodying Generosity"

Rev. Kristen Kuriga, *Assistant Minister*

November 12, 2023
"A Candlelight Celebration of Diwali, The Hindu and Sikh Festival of Light: A Morning of Song and Storytelling"
Rev. Justine Sullivan & *Swamini Saraswati*

November Generosity Offering Refugee Health Alliance

Refugee Health Alliance is a grassroots organization that started in the midst of the unprecedented arrival of tens of thousands of asylum seekers to Tijuana in 2018. Refugee Health Alliance brings medical care to migrants, refugees, and displaced groups along the US-Mexico border. The cross-border organization aims to provide comprehensive, culturally sensitive care and collaborate with organizations to support displaced and vulnerable communities along the US-Mexico border, and envision a global framework where individuals have the rights to choose to stay, move, or return, fostering health and wellness as a universal priority. RHA has dedicated programs that exist to meet the needs of highly vulnerable groups, such as migrants who need reproductive care, gender-affirming healthcare for LGBTQI+ persons, children, and those facing immediate threats of violence. They also operate a hygiene center where anyone can drop in for a shower, clean clothing and toiletries, and recently began running their newest clinic in the underserved border town of Reynosa, Mexico. Your donation goes to help finance the operations of their clinics and promote the overall well-being of those impacted by displacement and vulnerability, encompassing physical, mental, and emotional health. Learn more at refugeehealthalliance.org. Donate on our [website](#), under gift designation select "Generosity."

National Native Heritage Month

November is National Native American Heritage month! Across the nation, people are gathering to celebrate the resilience, cultures, languages and ongoing contributions of Native Peoples. Explore the links below to join in the celebrations:

- [Origins of National Native Heritage Month](#)
- [Fun Luiseno Language Lesson](#)
- [Learn How to Say Hello in Kumeyaay](#)
- [Why Does Indigenous Language Revitalization Matter?](#)
- [Youth on celebrating Native Heritage Month](#)

What's Happening?

Art & Collectibles Online Auction!

Do you have an antique, piece of art, or a collectible that you would like to re-home for a good cause? Are you downsizing? Are you a fabulous artist? We need your donations!

How It Works:

1. Submit your items using our simple form.
2. Keep the items until the auction closes.
3. You and the winner arrange pick-up or delivery.

Bid on Amazing Items

Our members are travelers and collectors! Don't miss this rare opportunity to find unique gifts for art lovers and pick up antiques and collectibles with no dealer markups for the holidays. All proceeds go to the First UU general fund. Save the date...online catalog opens Black Friday, November 24th and runs for two weeks. **Submit your donations** and **sign up to bid**.

Spaces Left! D4\$ Lawn Bowling Adventure Nov. 18

Saturday, November 18th, 1 pm – 3 pm, Balboa Park. Anyone can come! Please donate \$25 to D4\$ to attend a fun-filled event. Lawn Bowling at the Lawn Bowling Club at Balboa Drive and El Prado. We will offer light snacks and beverages during play. For more information, contact **Robie Evans**.

Wisdom Circles

2023-2024 Wisdom Circle Registration is Now Open! Join us for a new year of inspiring conversations and fellowship. Each month offers the gift of connecting with members of our beloved community to discuss inspiring and important issues, and revel in the wisdom that emerges. Wisdom Circles will begin this November! To register, or to find more information, visit **HERE**.

Mama's Kitchen Thanksgiving Pies

Do you want to enjoy some delicious Thanksgiving Pies and help to support Mama's Kitchen, too? Rainbow Action is helping to distribute Mama's Kitchen's Mama's Pies at First UU's driveway on Wednesday, November 22. Please buy your yummy pies from our Board President Everardo Aguilar and the First UU Team at **mamaspies.org/shopping-cart**.

Podcast

Listen to "The First Source" a podcast created by Tony Bianca in conversation with First UU congregants around issues of spirituality, church life, faith and life in general. Episode 7, an interview with Assistant Minister, Rev. Kristen Kuriga is available **HERE**!

Sharia's Closet

Volunteer with Laurie at Sharia's Closet! Let's find a weekday afternoon to go together to sort and organize donated emergency clothing at Sharia's Closet near SDSU. Email Laurie Gerber **gerbl@pacbell.net**, to plan our outing.

First UU San Diego Bereavement Group

November 9, Thursday, 3 pm, **<https://bit.ly/3s5AL6u>**. Led by Rev. Justine Sullivan and pastoral care team member Karen Thurston. We will meet for six sessions. We can finalize the dates at our first meeting, and meet through November and December, ending on Thursday, January 4. Please contact **Rev. Justine** with any questions.

Memory Matters Gathering

November 10, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. The gathering enables members to learn to deal with the consequences of memory loss. Email **hybertsen@att.net** for the link.

Women Together Meeting

November 11, second Saturdays, 12 pm — 2 pm, Common Room. Come see old friends, meet new friends, and experience sharing and caring. We will share one or two high points of our lives - events that were uplifting and brought joy and fulfillment. For more information, contact **obata.claudia@gmail.com**.

Kirtan Chanting

November 11, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of uplifting Kirtan as we joyously celebrate and gather together 'ingratitude' and in community friendship this holiday season. (We chant as every month, but **potluck dinner cancelled**).

Hillcrest In-Person Social Hour

November 12, Sundays, following worship, Bard Hall. Join your community in Bard Hall after the service for coffee, snacks, and conversation.

Virtual Social Hour

November 12, Sundays, 11 am, **bit.ly/FirstUUSocialHour**, Meeting ID 824 042 297. Password: FUUSD. Come one, come all to virtual Social Hour, and share your thoughts about the service or whatever is on your mind each Sunday just after the service. Let's keep connecting!

Rainbow Action Group's Koffee Klatch

November 12, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Covenant of UU Pagans (CUUPS) of San Diego

November 12, second Sundays, 12 pm, Common Room and Peace Garden. We will continue to work on the Peace Garden as we are able! Indoors we will discuss ideas for the future of CUUPS. Contact **rose@firstuusandiego.org**.

Board Chat

November 12, first Sundays, 12:30 pm, **bit.ly/FirstUUBoardChat**, ID: 863 0218 5062 Passcode: 203946.

Call into Zoom by phone at 1-669-900-6833

What's Happening?

The Fight for Clean Water in San Diego

November 12, Sunday, 3:30 pm, <https://bit.ly/1stUUClimateJustice>. Phillip Musegaas will discuss Coastkeeper's work to protect and restore fishable, swimmable and drinkable waters in San Diego County. Coastkeeper has been a major force in transforming the San Diego region into a leader in sustainable water management, protecting a healthy environment that supports high biodiversity, resilient ecosystems, and thriving neighborhoods.

Open Heart Sangha

November 12, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

Coping With Chronic Conditions Support Group

November 13, second and fourth Mondays, 1:30 pm — 3 pm, URL bit.ly/CopingCCGroup, or call 669-900-6833 with meeting ID 681-036-9317. New participants contact Chris Smith prior to attending at 619-300-7477 or email to discuss our covenant, mission statement, and password.

Caregivers/Allies Support Group

November 13, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact Les Vivian.

Women's Choir

November 13, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women who create community through joyful, spirit-filled singing. No prior singing experience is required.

UU Humanist Book Discussion Group

November 14, second Tuesdays, 6 pm, Room 320. For our next meeting we will discuss [*Becoming More Fully Human: Religious Humanism as a Way of Life*](#). Contact rose@firstuusandiego.org.

Chalice Choir

November 15, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest musical ensemble. All God's critters got a place in the choir - come and take yours! No prior singing experience is required.

Finance Committee Meeting

November 16, Thursday, 6:30 pm, link in the members area of the [website](#). Non-committee members do not take part in discussions or have a vote.

Swap Meet for Fun Things to Do

November 18, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. UU members Alice and Doug Diamond will lead a program on fun things to do around San Diego. It will be a swap meet for suggestions of free or low-cost activities, so have your own ideas ready. Hosted by UU Seniors. Coffee and tea available at 9:45 am, in Bard Hall - come early and socialize! All are welcome! The recording will be available on the website.

Spiritual Agnostics Film Study and Discussion Group

November 19, Sunday, 11:30 am, Room 323. The film will be "Garden State," Written, directed by, and starring Zach Braff with Natalie Portman as his love interest. Join us for this good, uplifting, thoughtful and pleasant film that contrasts the difference between dysfunctional and functional families.

Board Meeting

November 21, Tuesday, 6:30 pm, online. Open to congregants. Link in the [website](#) member area.

Thanksgiving Eve Service and Potluck

November 22, Wednesday (Thanksgiving Eve), 5:30 pm, Bard Hall. Please join us for a brief Thanksgiving worship service, followed by a potluck meal. We'll supply coffee, tea and plates, etc. You bring some food to share, and if you wish, a favorite reading about gratitude.

Steps to Membership Meeting

November 26, fourth Sundays, 11:15 am, Room 323. Join Rose Littler-Riedel to learn about membership at First UU. Find out what membership is all about.

Investigating Abrahamic Religions Study Group

November 26, fourth Sundays, 12 pm, Room 321. We will explore a topic in Judaism. Join us!

UUMF Fourth Monday Meeting

November 27, fourth Mondays, potluck 6 pm, Common Room. We meet for a potluck from 6 pm to 7 pm and a Monthly meeting from 7 pm to 9 pm. Visit the UUMF table on the patio or contact jcksdca@gmail.com for more info.

Adult RE "Generations"

November 30, Thursday, 7 pm, Zoom. Join us as Director of Lifespan Faith Formation explores the intersection of Generation Theory, Life Stage, and Historical Turnings in the life of an individuals and a community. It's our hope that by exploring ideas together, we can better understand each other and be together in multigenerational community. Register [HERE](#)

Celebration of Life for Rev. Dr. Carolyn Owen-Towle

December 2, Saturday, 1:30 pm, Meeting House with a reception immediately following in Bard Hall. This service will be livestreamed using this link: <https://bit.ly/3sxTesu>

Hillcrest Song Circle

December 3, first Sundays, 2 pm — 4 pm, Room 323. As always, bring your guitar/and or voice. This is a fun chance to sing—we are not a choir. For information contact Wombated@gmail.com or cmack5913@gmail.com.

ZUUMERS

December 3, first Sundays, 6 pm — 7:30 pm, online. We are a neighborhood group online. Join us for interesting conversation and sharing. Visit with old friends and meet new ones. For info and Zoom link, contact Claudia at obata.claudia@gmail.com.

What's Happening?

Looking Glass Theatre's Christmas Cookies & Chaos
December 8, Friday, 7 pm; December 9, Saturday, 7 pm; December 10, Sunday, 4 pm, Meeting House. Do you love Hallmark movies? Do you love to make fun of Hallmark movies? Don't miss the world premiere of Christmas *Cookies & Chaos: A Holiday Camp Musical!* \$10 at the door. Contact info@lookingglasssd.org with questions.

Neighborhood Group without Borders Try Something New!

December 13, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Susan Riegel Harding invites you to a brown bag lunch. We can chat, play games, or plant succulents, whatever we feel like doing. Meet new people while Neighborhood Groups are being formally organized. Coffee, water, and other beverages will be provided. Text RSVP to 619-987-6234.

Bard Hall Art Guild Reception

December 14, Thursday, 6 pm — 8 pm, Bard Hall. Join us for our Artists Reception. Bring a festive snack to share. The artists will be discussing their works.

Tree Decorating & Sing-Along

December 15, 6 pm — 8 pm, Bard Hall. We'll decorate our tree and sing some holiday favorites around the piano with Drew! Bring your favorite holiday foods to share or just come along and join in the holiday cheer.

UUMF "Fourth Monday" Meeting

Will be on the Third Monday in December!

December 18, Monday, potluck 6 pm, Common Room. Join us for the First UU Men's Fellowship's annual "Yule Log Ceremony" to reflect on 2023. Our potluck begins at 6 pm (Newcomers only need to bring their appetite.) Our regular meeting runs from 7 pm to 9 pm. Please contact: [Les Vivian](mailto:Les.Vivian@firstuusandiego.org), [Chris Gulick](mailto:Chris.Gulick@firstuusandiego.org) or [Mike Dorfi](mailto:Mike.Dorfi@firstuusandiego.org) for additional information.

5th Tuesday Board Meeting

January 30, Tuesday, 6:30 pm, [online](https://www.firstuusandiego.org/online).

South Bay Campus

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

Gracias y Bendiciones

Saturdays, 9:45 am — 10 am, South Bay Campus. Every Saturday morning led by Social Justice Coordinator, Chris, and musicians from our FUUSD and South Bay worship teams. Saturday's services are bilingual.

Save the Date

Our Holiday Tamalada is returning on Saturday, December 9 from 1 pm — 6 pm. More details coming soon!

Family & Lifespan

Sunday RE

This Sunday, November 12, we'll continue our Fall RE Program with three groups: Chalice Children (PreK - 1st); Riddle & Mystery (2nd - 5th) and Heeding the Call (Jr & Sr High).

Parents' Night Out

Parents' Night Out will take place Friday, Nov 17th, 6:30 pm — 9 pm. Please RSVP to tony@firstuusandiego.org by Nov 15th.

Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm, Room 114b. This is an open, welcoming space to share meaningfully, play games, consider social and climate justice issues, and plan events. If you are interested in gathering with us, contact Youth and Young Adult Coordinator, [Lara Anderson](mailto:Lara.Anderson@firstuusandiego.org).

Adult RE "Generations"

November 30, Thursday, 7 pm, Zoom. Join us as Director of Lifespan Faith Formation explores the intersection of Generation Theory, Life Stage, and Historical Turnings in the life of an individuals and a community. It's our hope that by exploring ideas together, we can better understand each other and be together in multigenerational community. Register at: <https://form.jotform.com/221945094745160>

Tree Decorating & Sing-Along

December 15, 6 pm — 8 pm, Bard Hall. We'll decorate our tree and sing some holiday favorites around the piano with Drew! Bring your favorite holiday foods to share or just come along and join in the holiday cheer.

South Bay Food Pantry News

Thanksgiving Turkey Giveaway

November 16, Thursday 2 pm — 4:30 pm, Chula Vista. Join us for a special midweek distribution of 152 frozen turkeys donated by the San Diego Food Bank. Looking for help slinging the 15lb birds, welcoming clients & checking tickets. Great way to launch the holidays! Email foodpantry@firstuusandiego.org for details and to sign up.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

How to Donate to the South Bay Food Pantry

Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

Food Pantry Collecting Supplies for Unsheltered Folk

The pantry can always use easy-open, no-cook food, hygiene items, and adult incontinence supplies. Drop off in Hillcrest on Sunday morning in the Meeting House.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.

Social Justice

Border Witness & Humanitarian Aid Trip

November 18, Saturday, 2:30 pm, Meet at South Bay Campus (970 Broadway, Suite 104 Chula Vista). Join Rev. Kristen Kuriga, Chris Chambers, and members of the Social Justice Ministry Team on a First UU humanitarian aid trip to the border in San Ysidro. Throughout much of 2023, groups of migrants have been forced to wait in between the primary and secondary border walls, in dire conditions, before being processed by CBP as asylum-seekers. Many are women, children, and people with health conditions. We will be meeting in the South Bay campus parking lot at 2:30 pm for a briefing and to coordinate carpools, and serving at the border as a group until 5 pm, at which point we will debrief and return to South Bay. RSVP or get more information by contacting Chris Chambers, Social Justice Coordinator: chris@firstuusandiego.org.

Climate Action: Make the Most of Carbon Offsets

Carbon offsets are reductions in carbon emissions you buy to compensate for carbon emissions in travel. Most carbon offsets, such as reforestation projects, don't actually result in less greenhouse gases and can enable polluters to continue polluting. Offset programs to support renewable energy are more effective. You can also donate to environmental organizations, encourage travel companies to be more sustainable, or skip the flight. For Carbon Offset Options: [CLICK HERE](#)



Looking Glass theatre Presents: :

Christmas Cookies

£

CHAOS!!

A Holiday Camp Musical

- 12/8/23 7:00 PM
- 12/9/23 7:00 PM
- 12/10/23 4:00 PM

\$10 at Door

Looking Glass Theatre
4190 Front St, San Diego, CA 92103



Art & Collectibles Online Auction

Call for Donations

Do you have an antique, piece of art, or a collectible that you would like to re-home for a good cause? Are you downsizing? Are you a fabulous artist? We need your donations!

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1. Submit your items using our simple form.
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Our members are travelers and collectors! Don't miss this rare opportunity to find unique gifts for art lovers and pick up antiques and collectibles with no dealer markups for the holidays. All proceeds go to the First UU general fund. Save the date ... online catalog opens Black Friday, November 24th!

Sponsored
by the
Dining4Dollar\$
Team

Submit your donations
and sign up to bid at

FirstUUSanDiego.org

Week at a Glance Calendar

Friday, November 10, 2023

Memory Matters Gathering

November 10, second and fourth Fridays, 10 am — 11:30 am, online. This is a place for those who worry about memory problems care partners. Email hybertsen@att.net for the link.

Saturday, November 11, 2023

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers should arrive by 10:30 am to staff a station. Youth under 18 may volunteer with a parent. foodpantry@firstuusandiego.org.

Women Together Meeting

November 11, second Saturdays, 12 pm — 2 pm, Common Room. For information contact Claudia obata.claudia@gmail.com.

Kirtan And Chanting For Peace

With Patita Pavana Of Spirit Soul And Friends

November 11, second Saturdays, 6 pm — 7 pm, Common Room. Donation-based community event.

Sunday, November 12, 2023

Hillcrest In Person & Simultaneous Livestream Worship

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

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Covenant of UU Pagans (CUUPS) of San Diego

November 12, second Sundays, 12 pm, Common Room and Peace Garden. Contact rose@firstuusandiego.org.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, November 13, 2023

Coping With Chronic Conditions Support Group

November 13, Mondays (second & fourth), 1:30 pm — 3 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

Caregivers/Allies Support Group

November 13, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, online. For additional information contact [Les Vivian](#).

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, November 14, 2023

Young Adult Group

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Monday. Contact [Lara](#).

UU Humanist Book Discussion Group

November 14, second Tuesdays, 6 pm, Room 320. Contact rose@firstuusandiego.org.

Wednesday, November 15, 2023

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

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Food Pantry Midweek Bagging

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Finance Committee Meeting

November 16, Thurs, 6:30 pm, link in the members area of the [website](#).

Upcoming Events

Swap Meet for Fun Things to Do

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Thanksgiving Eve service at Potluck

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Investigating Abrahamic Religions Study Group

November 26, Sunday, 12 noon, Room 321.

Fourth Monday Meeting of UU Men's Fellowship

November 27, fourth Mondays, potluck 6 pm, Common Room. Visit the UUMF table or contact jksdca@gmail.com

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Celebration of Life for Rev. Dr. Carolyn Owen-Towle

December 2, Saturday, 1:30 pm, Meeting House with a reception immediately following in Bard Hall. This service will be livestreamed using this link: <https://bit.ly/3sxTesu>

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Jim Grant and Rev. Lone Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr.'s Carolyn S. and Thomas A. Owen-Towle, *Minister Emerita/us*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Rose Littler-Riedel, *Membership and Communications*
Lara Anderson, *Youth and Young Adult Coordinator*
Chris Chambers, *Social Justice Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Ray Evans, *Facilities Manager*
Connie Hayes, *Controller / Bookkeeper*
Mark Epler, *Event Coordinator*

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi, Steve Howard,
Gay Hybertsen, and Paula Johnson, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement