

The Window

A Weekly Publication



First
Unitarian Universalist
Church of San Diego

Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

December's Monthly Worship Theme: The Gift of Mystery

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

Hillcrest Services 10 am Sundays

December 3, 2023
"Coming of Age"

Featuring credos by Coming of Age Youth

December 10, 2023
"Not Knowing is the Most Intimate"
Rev. Kristen Kuriga, *Assistant Minister*

South Bay Services 10 am Sundays

December 3, 2023
"Go and Do Likewise"

Rev. Justine Sullivan, *Lead Minister*

December 10, 2023
"Not Knowing is the Most Intimate"
Livestream of Hillcrest Service

December Generosity Offering South Bay Food Pantry

First UU and SJET are proud to be supporting the South Bay Food Pantry this holiday season through our Generosity Offering, as well as the Pantry's Blanket and Toy Drive. For nearly four years, the pantry has met vital food security needs to anyone who needs it out of the South Bay parking lot each Saturday afternoon. The operation steadily continues to grow in numbers of families served, and the vast majority of the finances that have made this possible have come from the giving spirit of our church. In celebration of the pantry's success and its strong relationship to our church and the thousands of people it feeds, make a donation during our Sunday service or anytime through our website or Window newsletter, and bring by some new, warm blankets or (\$10-20 value) toys to bless our community this holiday season. Just as importantly, all of our community members are encouraged to donate their time to the various volunteer efforts that take place throughout the week to make the pantry's mission possible. Currently, there is a huge need for volunteers to help pick up and package the bread we provide to the 400+ families that receive food support from the pantry. This particular opportunity is on Fridays and Saturdays, with some flexibility regarding times of day. Contact Deirdre or chris@firstuusandiego.org to get involved, or get in touch with a volunteer, staff or minister to learn more about how you can support the Pantry's mission this season. Donate on our [website](#), under gift designation select "Generosity."

What's Happening?

Our Church Family

Celebration of Life for Kathryn (Katie) M Jaques

Saturday, December 16 at 4 pm, Hillcrest Campus. Join us to Celebrate the Life of Katie Jaques, long-time member of our congregation. Katie died on March 6, 2021, and we will gather as a community of family and friends for a service in the Meeting House followed by a reception in Bard Hall. You can read Katie's obituary [HERE](#).

South Bay Food Pantry Blanket and Toy Drive!

All of December, SB and Hillcrest Campus. The South Bay Food Pantry is collecting blankets and toys for distribution to the hundreds of families that will receive food from us this holiday season. If you can, share some warmth and joy with our neighbors by leaving a new, twin-size blanket or \$10-20 toy at the collection areas in the Meeting House, on the patio during social hour, and at the South Bay Campus. The more we collect, the more families we can reach with a small but heartfelt gift.

Interfaith Shelter Network Congregational Rotation

First UU and the Social Justice Executive Team are proud to announce that our Hillcrest campus will once again host the Interfaith Shelter Network's rotational shelter in Spring 2024, from March 10 — March 24. And we will need all the help we can get! Hosting the shelter is a serious community and congregational effort, and volunteers interested in helping prepare meals, stay overnight, or otherwise facilitate operations are encouraged to reach out now so we can start planning! Contact chris@firstuusandiego.org for more information or learn more at the [Interfaith Shelter Network website](#).

Wisdom Circles

You're not too late! 2023-2024 Wisdom Circle Registration is still open! If you haven't registered already, there's still time to join us for a new year of inspiring conversations and friendship. Each month offers the gift of connecting with members of our beloved community to discuss inspiring and important issues, and revel in the wisdom that emerges. Our topic for December is, "The Gift of Ministry." To register, or find more information, visit [HERE](#).

Cosmos Announcement

Bruce, James and Keith just attended an amazing conference on the Noosphere, which has been our focus at Cosmos for the last couple years. It is being put onto Youtube and much of it is already there at <https://www.youtube.com/@HumanEnergyIO>. We will be going over the conference as we prepare for the next phase of Cosmos. We will not meet in December and will start up again the first Sunday in January.

UU Seniors Announcement

The UU Seniors program for December is cancelled. We will resume on January 20, 2024, with a program on the Hindu Perspective on Aging led by Swamini Saraswati.

Staff Announcement

Rose Littler-Riedel's role with First UU is changing! As a part of Rose's ongoing ministerial formation process, effective December 4, Rose will no longer be our Membership Development Coordinator. Rose's hours will be changing to half-time as she has accepted a half-time Director of Religious Exploration and Faith Formation position with the San Dieguito congregation. Congrats Rose! Rose will continue as First UU's Communications Coordinator. Rose will also be working with First UU as a Chaplain intern until April 2024! Read more about that directly below!

First UU's New Chaplain Intern!

For the first time First UU has a Chaplain Intern! Rose Littler-Riedel is completing her required clinical hours for Clinical Pastoral Education (CPE) with First UU, in conjunction with Sankofa CPE Center, now through April 2024. Rose will be providing emotional and spiritual support to the South Bay Food Pantry volunteers and clients, making home visits to congregants, being available for e-chaplaincy (phone & zoom visits), and working with our unhoused neighbors. If you would like a home visit or an evisit contact rose@firstuusandiego.org or call 619-410-5209.

11-21-23 Board Meeting Review and Digest!

- Celebrated some recent successes:
 - Wonderful worship service with the UUA President Rev. Dr. Sofia Betancourt
 - Two past worship services in South Bay – "Dia de los Muertos" and "Diwali"
 - Multigenerational Border trip
- Formed sub-committee to decide on names for board appointment for two Nominating Committee members and one board member (due to the resignation of one board member)
- Approved presenting proposed constitutional amendments changes to the congregation at the mid-year congregational meeting in January.
- Approved Martha Davis as the newest member of the JTW Core Team.

Podcast

Listen to "The First Source" a podcast created by Tony Bianca in conversation with First UU congregants around issues of spirituality, church life, faith and life in general. Episode 7, an interview with Assistant Minister, Rev. Kristen Kuriga is available [HERE!](#)

Volunteers Needed as Ushers and Greeters!
Contact [Rose](#) to find out more!

What's Happening?

Blanket + Toy Drive Crafting Party

December 2, Saturday, 9:30 am — 10:15 am, South Bay Social Hall. Come for snacks and crafts as we create donation boxes, posters, art and decorations for the Food Pantry's Blanket and Toy Drive. No materials or special skills required - and feel free to stick around for food distribution afterwards!

Celebration of Life for Rev. Dr. Carolyn Owen-Towle

December 2, Saturday, 1:30 pm, Meeting House with a reception immediately following in Bard Hall. This service will be livestreamed here: www.twitch.tv/firstusandiego

Hillcrest In-Person Social Hour

December 3, Sundays, following worship, Bard Hall. Join your community in Bard Hall after the service for coffee, snacks, and conversation.

Virtual Social Hour

December 3, Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD. Come one, come all to virtual Social Hour, and share your thoughts about the service or whatever is on your mind each Sunday just after the service. Let's keep connecting!

River of Life Dedication – Sun. Dec 3rd

December 3, Sunday, 11:15 am, Memorial Garden & Patio. Join us for the dedication of our new River of Life footpath which ties together our Memorial Wall, fountain and our Memorial Garden, designed by artist Jerry Thiebolt. The installation of the path started in August and is comprised of many bricks made by our own members and friends.

Board Chat

December 3, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

December 3, first Sundays, 2 pm — 4 pm, Room 323. As always, bring your guitar/and or voice. This is a fun chance to sing—we are not a choir. For information contact Wombated@gmail.com or cmack5913@gmail.com.

Open Heart Sangha

December 3, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

Uptown / Downtown Neighborhood Group

December 3, Sunday, 6 pm, home of Armin and Rhea Kuhlman. The Uptown / Downtown Neighborhood Group will meet at the home of Armin and Rhea Kuhlman. Contact Rhea for details at rheakuhlman2@gmail.com or 619-915-5214.

ZUUMERS

December 3, first Sundays, 6 pm — 7:30 pm, online. We are a neighborhood group online. Join us for interesting conversation and sharing. Visit with old friends and meet new ones. For info and Zoom link, contact Claudia at obata.claudia@gmail.com.

Women's Choir

December 4, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women who create community through joyful, spirit-filled singing. No prior singing experience is required.

Public Power in San Diego

Tuesday, December 5, 5:30 pm, Bard Hall. **REGISTER HERE**. Want lower electric bills or more rooftop solar? Meet to learn how San Diego can get a not-for-profit utility to replace investor-owned SDG&E, which has the highest rates in the U.S. and is committed to a fossil-fueled future, despite climate change. Following the one-hour program, there will be an opportunity for training on how to collect signatures for a citizen's initiative to make this happen. Light refreshments, free. Info: rheakuhlman2@gmail.com.

Chalice Choir

December 6, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest musical ensemble. All God's critters got a place in the choir - come and take yours! No prior singing experience is required.

Memory Matters Gathering

December 8, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. This is a place for those who worry about memory problems and their care partners. The gathering enables members to learn to deal with the consequences of memory loss. Email hybertsen@att.net for the link.

Looking Glass Theatre's Christmas Cookies & Chaos

December 8, Friday, 7 pm, Meeting House. Do you love Hallmark movies? Do you love to make fun of Hallmark movies? Don't miss the world premiere of Christmas Cookies & Chaos: A Holiday Camp Musical! \$10 at the door. Contact info@lookingglasssd.org with questions.

Women Together Meeting

December 9, second Saturdays, 12 pm — 2 pm, Common Room. Come and share what brings you joy! You can join us in our community service project by bringing a new unwrapped toy or holiday wrapping supplies for the Angel Tree event at the Salvation Army Kroc Family Center. Contact Claudia, obata.claudia@gmail.com.

How to Call Into a Zoom Meeting

Call into a Zoom by phone at 1-669-900-6833.

Beware of Email Scams!

Scammers are pretending to be our Ministers! Be aware that real staff email addresses all have the ending of @firstusandiego.org - no gmail accounts!

Staff and ministers will never reach out to you via email or text message for money or gift cards. Never send money without speaking directly (verbally) with the person you believe you are sending money to.

What's Happening?

30th Annual Posada Sin Fronteras

December 9, Saturday, 2 pm — 4 pm, "Whiskey 8" Southeast of Monument Road and Dairy Mart Road. Optional: UU Meet and Carpool at South Bay Campus, 1:15 pm. The 30th Annual Posada Sin Fronteras (Posada Without Borders) will be held on Saturday, Dec. 9th from 2pm - 4pm at the border site known as "Whiskey 8," which is directly behind the South Bay Water Reclamation Plant. Join us for this historic binational event that has been a First UU tradition for over a decade! We will be celebrating the Posada through the border wall, sharing food and solidarity with migrants facing the dangers of the border wall in an attempt to access the asylum system. A simultaneous posada will be taking place on the Tijuana side at Friendship Park. Members of our community will be gathering at 1:15 pm at our South Bay Campus and coordinating carpools from there. **Warm, comfortable clothing and shoes are recommended, but walking is not necessary.** More info: chris@firstuusandiego.org / prios@afsc.org. [MAP](#).

Kirtan Chanting

December 9, second Saturdays, 6 pm — 7 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of uplifting Kirtan.

Looking Glass Theatre's Christmas Cookies & Chaos

December 9, Saturday, 7 pm, Meeting House. Do you love Hallmark movies? Do you love to make fun of Hallmark movies? Don't miss the world premiere of Christmas *Cookies & Chaos: A Holiday Camp Musical!* \$10 at the door. Contact info@lookingglasssd.org with questions.

Rainbow Action Group's Koffee Klatch

December 10, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Covenant of UU Pagans (CUUPS) of San Diego

December 10, second Sundays, 12 pm, Common Room and Peace Garden. We will continue to work on the Peace Garden as we are able! Indoors we will discuss ideas for the future of CUUPS. Contact rose@firstuusandiego.org.

Looking Glass Theatre's Christmas Cookies & Chaos

December 10, Sunday, 4 pm, Meeting House. Do you love Hallmark movies? Do you love to make fun of Hallmark movies? Don't miss the world premiere of Christmas *Cookies & Chaos: A Holiday Camp Musical!* \$10 at the door. Contact info@lookingglasssd.org with questions.

Coping With Chronic Conditions Support Group

December 11, second and fourth Mondays, 1:30 pm — 3 pm, URL bit.ly/CopingCCGroup, or call 669-900-6833 with meeting ID 681-036-9317. New participants contact Chris Smith prior to attending at 619-300-7477 or [email](mailto:) to discuss our covenant, mission statement, and password.

Caregivers/Allies Support Group

December 11, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact [Les Vivian](mailto:).

Blue Holiday Vespers Service

December 12, Tuesday, 7 pm, [Zoom](https://zoom.us). Join us for a reflective service that allows space for all of our experiences this holiday season. The holidays may bring sadness, grief, or feelings of isolation. Come together to hear readings and poems, sit in the darkness, and connect with community.

Neighborhood Group without Borders Try Something New!

December 13, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Susan Riegel Harding invites you to a brown bag lunch. We can chat, play games, or plant succulents, whatever we feel like doing. Meet new people while Neighborhood Groups are being formally organized. Coffee, water, and other beverages will be provided. Text RSVP to 619-987-6234.

Book Club

December 14, Thursday, 6 pm, zoom. Hope to see you for our December read: *Small Things Like These* by Claire Keegan. As is our tradition, this is a short book. Email minastaylor@gmail.com if you are interested.

Bard Hall Art Guild Reception

December 14, Thursday, 6 pm — 8 pm, Bard Hall. Join us for our Artists Reception. Bring a festive snack to share. The artists will be discussing their works.

Finance Committee Meeting

December 14, Thursday, 6:30 pm, link in the members area of the [website](https://www.firstuusandiego.org). Non-committee members do not take part in discussions or have a vote.

Tree Decorating & Sing-Along

December 15, 6 pm — 8 pm, Bard Hall. We'll decorate our tree and sing some holiday favorites around the piano with Drew! Bring your favorite holiday foods to share or just come along and join in the holiday cheer.

South Bay Food Pantry Volunteer Meeting

December 16, Saturday, 9:30 am — 10:15 am, South Bay Campus Social Hall. South Bay Food Pantry organizers and church staff invite you to participate in our monthly pantry volunteer meeting. The goal is to revisit our community agreements, strategize to adapt to changing needs, and get input from all of our volunteers and collaborators who keep this project running. We encourage any and all prep, distribution, and mid-week volunteers to participate. We will not be facilitating Gracias y Bendiciones on this day. Hope to see you there!

Do You Need to Add Your Group to the Window?
Send your info to [Rose](mailto:) to be included in The Window!

What's Happening?

UUMF "Fourth Monday" Meeting will be on the Third Monday in December!

December 18, Monday, potluck 6 pm, Common Room. Join us for the First UU Men's Fellowship's annual "Yule Log Ceremony" to reflect on 2023. Our potluck begins at 6 pm (Newcomers only need to bring their appetite.) Our regular meeting runs from 7 pm to 9 pm. Please contact: [Les Vivian](#), [Chris Gulick](#) or [Mike Dorfi](#) for additional information.

Board Meeting

December 19, Tuesday, 6:30 pm, online. Open to congregants. Link in the [website](#) member area.

Rainbow Action's Twilight Walk

December 21, Thursday, 5 pm, Balboa Park under the big Moreton Bay Fig Tree. Friends, family and allies please come and enjoy the Holiday Lights in Balboa Park with Rainbow Action's Twilight Walk. It's an easy walking tour of the Museum circle. Contact Imtitlow@gmail.com.

Christmas Day Potluck and Carols!

December 25, Monday, 12:30 pm, Baird Hall. We are so pleased to announce that we will host a beautiful Christmas Day potluck luncheon. Please come with your favorite dish, and even friends and relatives bearing their favorite dishes! Together, we'll dine, sing, and have lovely conversations. Contact swamini@firstuusandiego.org if you'd like to volunteer or have any questions.

Racialized Identities Awareness Book Group

January 5, Friday, 6:30 pm — 8 pm, Room 323. Come join the Racialized Identities Awareness Book Group's discussion of *The House of the Broken Angels* by Alberto Urrea. Contact Imtitlow@gmail.com for more information.

5th Tuesday Board Meeting

January 30, Tuesday, 6:30 pm, [online](#).

Sharia's Closet

Volunteer with Laurie at Sharia's Closet! Email Laurie Gerber gerbl@pacbell.net.

South Bay Campus

New Date--South Bay Tamalada

The South Bay Tamalada has been rescheduled for Saturday, January 6th from 1 pm — 6 pm at the home of Carlynn Ashley. Save the date and join us on Dia de los Reyes/Epiphany for an afternoon of community and nourishment. More details coming soon!

South Bay Singers Rehearsal

December 3 & 17, 11:30 am — 12:30 pm, South Bay Campus. The South Bay Singers will be rehearsing after service with Rev. Justine on Sunday, December 3rd and Marshall on December 17th in preparation for singing at the services on December 24th and January 7th. All are welcome!

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

South Bay Wisdom Circle

First Session: Sunday, December 10, after service. Join us for a new year of inspiring conversations and fellowship. Each month offers the gift of connecting with members of our beloved community to discuss inspiring and important issues, and revel in the wisdom that emerges. The South Bay Wisdom Circle will be facilitated by our Intern Minister, Swamini Adityananda Saraswati. At the first meeting the group will decide on the schedule for the monthly meetings going forward. For more information: swamini@firstuusandiego.org.

Family & Lifespan

Sunday RE

This Sunday is our Coming of Age Worship service. There will be *childcare only*, for any children who do not want to remain in the service, though all are encouraged to join us to celebrate our Coming of Age Youth!

Coming of Age

Come celebrate our seven Coming of Age Youth as they present their Credo Statements on Sunday, December 3, at the 10 am service.

Tree Decorating & Sing-Along

December 15, 6 pm — 8 pm, Bard Hall. We'll decorate our tree and sing some holiday favorites around the piano with Drew! Bring your favorite holiday foods to share or just come along and join in the holiday cheer.

Christmas "Eve"

Because December 24 is a Sunday this year, our traditional Christmas Eve, MultiGen Family Service will be our 10 am Sunday service that morning.

Young Adult Group (ages 22 - 35)

Tuesdays, 5:30 pm — 7 pm, Room 114b. This is an open, welcoming space to share meaningfully, play games, consider social and climate justice issues, and plan events. Contact Youth & Young Adult Coordinator, [Lara Anderson](#).



Social Justice

Climate Action: Fire SDG&E!

SDG&E is making record profits (over \$1 million a day) while a quarter of San Diegans can't pay their electric bills. Its parent company Sempra is investing heavily in production of liquid natural gas, a fossil fuel that would be shipped all over the world, emitting massive amounts of methane, which is 80 times more powerful as a greenhouse gas than CO2. There is another way. Attend a free workshop 5:30 pm, Tuesday, December 5 in Bard Hall to learn more. [REGISTER HERE.](#)

Amnesty International's Global WRITE 4 RIGHTS with an Award Ceremony for SOLACE

December 10, Sunday, 4 pm — 6 pm, Rancho Buena Vista High School, 1601 Longhorn Dr, Vista, CA 92081. Amnesty International in North County has awarded their 2023 Digna Ochoa Human Rights Award to SOLACE, for their "clear example of compassion in action and tireless dedication to provide real, practical support and advocacy to individuals in immigration detention, to create safer and more resilient communities." The award ceremony is followed by a group letter-writing activity on behalf of people suffering human rights abuses.

Vigil for Gun Violence Victims

Organized by San Diegans 4 Gun Violence Prevention

December 9, Saturday, 4:30 pm — 5:45 pm, Mission Hills United Methodist Church, 4044 Lark Street, San Diego 92103. San Diegans 4 Gun Violence Prevention is holding its annual Vigil for Gun Violence Victims, with this year's focus being on the perspectives and hopes of youth. Those lost to gun violence will be remembered and honored by affected community members and allies through music and reflection, with contributions from Congresswoman Sara Jacobs and Assemblymember Chris Ward.



South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? The South Bay Food Pantry wants to help! Feel free to let a minister or staff person know, or leave a voicemail at the pantry office: (619) 271-5017.

Save the Bread

It doesn't take a lot of money to redirect food from a landfill to people's tables, but it does take time. Con Pane bakery in Liberty Station would throw out hundreds of pounds of wonderful bread - but UUs are there to rescue it every Friday and Saturday evening. Join our team to take a turn once a month or so. Your car will smell delightful. Contact foodpantry@firstuusandiego.org or chris@firstuusandiego.org to get involved.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

How to Donate to the South Bay Food Pantry

Donate online or by check payable to FUUSD with "SB Food Pantry" in the memo. Mail to 4190 Front St., 92103.

Food Pantry Collecting Supplies for Unsheltered Folk

The pantry can always use easy-open, no-cook food, hygiene items, and adult incontinence supplies. Drop off in Hillcrest on Sunday morning in the Meeting House.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.

Blanket Collection

The South Bay Food Pantry is collecting blankets for distribution to the hundreds of families that will receive food from us this holiday season. If you can, share some warmth with our neighbors by leaving a new blanket or two for the Pantry's donation box in the meeting hall, or get in touch with a volunteer or staff to learn more about how you can support the Pantry's mission this season.

Art & Collectibles Online Auction

Sponsored
by the
Dining4Dollar\$
Team

Bid on Amazing Items

Our members are travelers and collectors! Don't miss this rare opportunity to find unique gifts for art lovers and pick up antiques and collectibles with no dealer markups for the holidays. All proceeds go to the First UU general fund. The auction is now open! Please peruse the [catalog](#) and Bid, Bid, Bid! Bidding closes Dec 9th.

Week at a Glance Calendar

Saturday, December 2, 2023

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers should arrive by 10:30 am to staff a station. Youth under 18 may volunteer with a parent. foodpantry@firstuusandiego.org.

Celebration of Life for Rev. Dr. Carolyn Owen-Towle

December 2, Saturday, 1:30 pm, Meeting House with a reception immediately following in Bard Hall. This service will be livestreamed using this link: www.twitch.tv/firstuusandiego

Sunday, December 3, 2023

Hillcrest In Person & Simultaneous Livestream Worship

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

River of Life Dedication – Sun. Dec 3rd

December 3, Sunday, 11:15 am, Memorial Garden & Patio.

Board Chat

December 3, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

December 3, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Uptown / Downtown Neighborhood Group

December 3, Sunday, 6 pm, home of Armin and Rhea Kuhlman. Contact Rhea rheakuhlman2@gmail.com or 619-915-5214.

ZUUMERS

December 3, first Sundays, 6 pm, online. For more information and link, please contact Claudia at obata.claudia@gmail.com.

Monday, December 4, 2023

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, December 5, 2023

Young Adult Group

Tuesdays, 5:30 pm — 7 pm, Room 114b. Young Adults aged 22-35 are gathering in room 114b every Monday. Contact [Lara](#).

Public Power in San Diego

Tuesday, December 5, 5:30 pm, Bard Hall. [REGISTER HERE](#). Want lower electric bills or more rooftop solar? rheakuhlman2@gmail.com.

Wednesday, December 6, 2023

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, December 7, 2023

Food Pantry Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. foodpantry@firstuusandiego.org.

Upcoming Events

Memory Matters Gathering

December 8, second and fourth Fridays, 10 am — 11:30 am, online. This is a place for those who worry about memory problems care partners. Email hybertsen@att.net for the link.

Looking Glass Theatre's Christmas Cookies & Chaos

December 8, Friday, 7 pm; December 9, Saturday, 7 pm; December 10, Sunday, 4 pm, Meeting House. Do you love Hallmark movies? Do you love to make fun of Hallmark movies? Don't miss this show! \$10 at the door. Contact info@lookingglasssd.org with questions.

Women Together Meeting

December 9, second Saturdays, 12 pm — 2 pm, Common Room. Contact Claudia obata.claudia@gmail.com.

30th Annual Posada Sin Fronteras

December 9, Saturday, 2 pm — 4 pm, "Whiskey 8" Southeast of Monument Road and Dairy Mart Road. Optional: UU Meet and Carpool at South Bay Campus, 1:15 pm.

Kirtan And Chanting For Peace

With Patita Pavana Of Spirit Soul And Friends

December 9, second Saturdays, 6 pm — 7 pm, Common Room. Donation-based community event.

Rainbow Action Group's Koffee Klatch

December 10, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

Covenant of UU Pagans (CUUPS) of San Diego

December 10, second Sundays, 12 pm, Common Room and Peace Garden. Contact rose@firstuusandiego.org.

Coping With Chronic Conditions Support Group

December 11, Mondays (second & fourth), 1:30 pm — 3 pm, URL <https://bit.ly/CopingCCGroup>, meeting ID 681-036-9317.

Caregivers/Allies Support Group

December 11, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, online. For additional information contact [Les Vivian](#).

Blue Holiday Vespers Service

December 12, Tuesday, 7 pm, [Zoom](#). Join us for a reflective service that allows space for all of our experiences this holiday season. Come together to hear readings and poems, sit in the darkness, and connect with community.

Neighborhood Groups without Borders

December 13, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Text RSVP to 619-987-6234 to reserve one of 14 available spaces each month.

Book Club

December 14, Thursday, 6 pm, zoom. Hope to see you for our December read: *Small Things Like These* by Claire Keegan. As is our tradition, this is a short book. Email minastaylor@gmail.com if you are interested.

Bard Hall Art Guild Reception

December 14, Thursday, 6 pm — 8 pm, Bard Hall. Join us for our Artists Reception. Bring a festive snack to share.

Finance Committee Meeting

December 14, Thursday, 6:30 pm, link in the members area of the [website](#).

Tree Decorating & Sing-Along

December 15, 6 pm — 8 pm, Bard Hall. We'll decorate our tree and sing some holiday favorites around the piano with Drew! Bring your favorite holiday foods to share or just come along and join in the holiday cheer.

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Jim Grant and Rev. Lone Broussard, *Affiliate Ministers*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Rose Littler-Riedel, *Communications Coordinator & Chaplain Intern*
Lara Anderson, *Youth and Young Adult Coordinator*
Chris Chambers, *Social Justice Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Ray Evans, *Facilities Manager*
Connie Hayes, *Controller / Bookkeeper*
Mark Epler, *Event Coordinator*

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
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Gay Hybertsen, and Paula Johnson, **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement