

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

May's Monthly Worship Theme: Pluralism

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

Hillcrest Services 10 am Sundays

May 12

"She Who Hears the Cries of the World"

Rev. Kristen Kuriga, *Assistant Minister*

May 19

"Answering the Call"

Rev. Justine Sullivan & Rev. Kristen Kuriga

South Bay Services 10 am Sundays

May 12

"A Celebration of Divine Mother"

Swamini Adityananda Saraswati, *Intern Minister*

May 19

"Answering the Call"

Rev. Justine Sullivan & Rev. Kristen Kuriga
Livestream followed by South Bay Wisdom Circle

May Generosity Offering Doors of Change San Diego

Throughout the month of May our offering is being received in support of Doors of Change, a local San Diego non-profit working to address youth homelessness. Doors of Change provides rapid, empathetic care to homeless youth who are looking for a way off of the streets. Since 2001, they have helped place over 2,800 homeless youth in safe housing. You can learn more about Doors of Change here: <https://doorsofchange.org/>. You can donate at church or on our [website](#), under gift designation select "Generosity."

Journey Toward Wholeness (JTW) What Can I Do?

"Our Time for Change Is Now"

Dr. Bernice A. King, daughter of Martin Luther King, Jr. and CEO of The King Center for Nonviolent Social Change, will give the annual Helen Edison Lecture at UCSD. Under Dr. King's leadership, The King Center has implemented numerous educational initiatives, reaching over 500,000 people around the world. You are invited to an evening of thoughtful conversation and a special performance from Voices of Our City Choir. Friday, May 17, 5 pm — 7:30 pm, The Jeannie Hall, 9615 Scholars Drive North San Diego, CA 92093. Attendance is free, reserve a ticket [HERE](#).

What's Happening?

Our Church Family

It is with a heavy heart the we share **Eva Garcia Mayers** died this week. We're sending care to her family and close friends. We will have the Candle of Life for her on Sunday, 5/19. Plans for a Celebration of Life will be forthcoming.

Longtime member **Clarence (Clancy) Finley** died last month and news about the Celebration of Life will be coming soon. Our thoughts are with his family at this time.

D4\$ Bidding Through Sunday, May 19!

D4\$ 2024 Summer/Fall Auction is here and it's time to bid! Over 45 events and services have been created and the auction commenced Sunday, May 5th in person immediately following services at Hillcrest and continues through May 19. Help for bidding will be available in Bard Hall after worship services every Sunday - come and see the folks at the D4\$ table after service! Here's the link to our [D4\\$ webpage](#).

If you remember your bidding number from past auctions, it's the same one! You can register and review the catalog at our [Auction website](#). And, if you've been a bidder in the past, you may have already received an email from us with a direct link to the auction website. Please make sure you're registered!

We appreciate your participation in this important fundraiser and church community-building project. If you have any questions, please email [Dave Hunt](#) or [Robie Evans](#). Thank you and good luck in bidding on your favorite events!

Join us for Fun on the Membership Committee

Our recent meeting was so much fun, we decided to invite you to join us on the Membership Committee! Besides hanging out with Lynda Gilgun, Karen Thurston, Rhiannon Smith, Steve Howard, and Swamini Adityananda Saraswati, you will experience the satisfaction of helping to welcome new folks into our Beloved Congregation. We would love to have new members as well as long-time members. Contact Swamini at Swamini@FirstUUSanDiego.org.

Welcoming our new Membership & Social Justice Coordinator!

We are excited to welcome Valeria Aguilar as our new Membership & Social Justice Coordinator. Valeria will begin in this full-time role with the church on Tuesday, May 14.

Valeria is a San Diego native, now back in her hometown after completing her double bachelor's degree in Political Science and Ethnic Studies at the University of California, Berkeley. While in the Bay Area, she gained experience in community organizing and leadership while further developing her interest in social justice, education, and collective action. In her spare time she practices yoga, enjoys arts and crafts, and loves going to the beach! Valeria is happy to begin her post-grad journey at the church.

Bard "Summer" Show Call for Artists

This month's theme is "Summer." Think "light, bright, airy and warm." We are looking for any work from photography, abstract and representational assemblage, drawing or painting. Online submission Deadline is Thursday, May 23. Installation is Thursday, June 6 from 10 am until noon. Reception is Thursday, June 13th. Closing and de-installation is August 29th. [CLICK HERE](#) for information or to submit work.

D4\$ Hosts and Participants - We Need Your Photos!

We are hoping to sell out every one of our D4\$ events this year and we need your photos from previous events to help in promotions. Images should show happy people engaged in the event - the higher quality the better! Please email them to Ame Stanko at ame@pixellava.com.

More Delegates needed for General Assembly (GA)

Three reasons you'll love GA: June 20-23 Virtual Only

1. Passionate about Article II? Vote to have your final say.
2. Newbie: World/national impact of UUs.
3. Groupie: Enjoy usual inspirational workshops, social justice discussions, and prominent speakers.

...and it's free! Register at www.UUA.org/GA as delegate and get full reimbursement from First UU SD. For more information, contact johnschaibly@gmail.com or 858-453-5990.

Memory Matters Gathering

May 10, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Women Together Meeting

May 11, second Saturdays, 12 pm — 2 pm, Common Room. Please bring photos of your mothers and grandmothers to share, along with fond memories and experiences from your lives together. If not your mother, a woman in your life who was special. Enjoy sharing in a caring group of women. Contact obata.claudia@gmail.com.

Kirtan Chanting

May 11, second Saturdays, 6 pm — 7:30 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of Kirtan.

Hillcrest In-Person Social Hour

May 12, Sundays, following worship, Bard Hall. Join your community after the service for coffee and conversation.

What's Happening?

Virtual Social Hour

May 12, Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

Board of Trustees Candidates Meet & Greet

May 12, Sunday, after service, Patio. Meet Board of Trustees candidates Armin Kuhlman, Jim Davis, Les Vivian, Rhiannon Smith, and Rose Van Oss. Converse and socialize. Get your church governance questions answered and concerns addressed.

Rainbow Action Group's Koffee Klatch

May 12, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Cosmos

May 12, second Sundays, 1 pm — 3 pm, Room 323. Join us as we explore the birth and evolution of our universe. Contact [James Long](mailto:James.Long).

What Would Happen if President Biden Declared a National Emergency for the Climate?

May 12, Sunday, 3:30 pm, <https://bit.ly/ERClimate>. The Biden administration recently announced that declaration of a National Climate Emergency is being considered. Jon Findley will present the case for declaring a National Climate Emergency and the implications of declaration.

Open Heart Sangha

May 12, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

Coping With Chronic Conditions Support Group

May 13, second and fourth Mondays, 1:30 pm — 3 pm, zoom. Contact [Chris Smith](mailto:Chris.Smith) prior to attending 619-300-7477.

Caregivers/Allies Support Group

May 13, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming prospective new participants. For additional information about participating contact [Les Vivian](mailto:Les.Vivian).

Women's Choir

May 13, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women. No experience required.

Chalice Choir

May 15, Wednesdays, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest ensemble. All have a place in the choir, come and take yours! No experience required.

Philippine Partner Church Presentation

May 18, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Church members Liz Jones and Rich Zemlin will share their experiences visiting our partner church and review our current projects with the church. Hosted by UU Seniors.

Waking from the Dream of Zionism

May 19, Sunday, 11:30 am, Common Room. Please join the Palestine-Israel Justice Team of First UU for a talk by Rabbi Alexis Pearce, Spiritual Services Director for Wesley Palms retirement community and former Rabbi of Congregation Dor Hadash. Rabbi Alexis has been active in interfaith, social justice, and Jewish-Palestinian dialogue efforts in San Diego. She will discuss her own journey of learning about Israel's history and the suffering of Palestinians, and her changing relationship to Zionism. Pizza will be provided. Questions? Email us at pi.justice.team@gmail.com.

Spiritual Agnostics Film Study and Discussion Group

May 19, Sunday, 11:30, Room 323. The film will be: "Journey Into Buddhism; Vajara Sky Over Tibet" from The Acclaimed Yatra Trilogy of John Bush.

Board Meeting

May 21, third Tuesdays, 6:30 pm, online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the [website](http://www.firstuu.org).

Our Grief Journeys

May 23, Thursday, 1:30 pm — 3 pm, Room 323. This is a safe, supportive space for sharing our unique experiences of grief & loss, co-facilitated by Marcia Biller and [Karen Thurston](mailto:Karen.Thurston).

Burrito Project

May 23, Thursday, 5 pm — 8 pm starting in the Common Room. Join the Young Adults to make and distribute burritos to those experiencing food insecurity. Email lara@forstuousandiego.org for info and to join.

Front Street Productions Presents!

May 25, Saturday, 7 pm, Meeting House. Front Street Productions presents "Chimæra Ensemble" orchestra concert. This new Tijuana-based semi-professional orchestra is conducted by Ibis Laurel and is made up of talented instrumentalists who are passionate about making music together. You will hear well known classics along with music by Latin American composers. You must register to attend this open-seating show through [Eventbrite](https://www.eventbrite.com). For information contact [Robie Evans](mailto:Robie.Evans).

Men's Fellowship 4th Monday Meeting

May 27, Monday, 6 pm — 9 pm, Common Room. Potluck starts at 6 pm. Fourth Monday Meeting runs from 7 pm — 9 pm. Newcomers are welcome and they only need to bring an appetite. Please contact Les Vivian, lesvivian@gmail.com, with questions.

Animal Ministry

June 2, first Sundays, 11:45 am, Peace Garden (behind room 113). Come and join us as we continue to develop our Animal Memorial Garden, which will be a place for us all to remember and honor our beloved animal friends.

Board Chat

June 2, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062 Passcode: 203946.

What's Happening?

Hillcrest Song Circle

June 2, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Annual Membership Meeting – June 9th

June 9, Sunday, 11:30 am, Meeting House and livestreamed. Please plan on attending. All are welcome and only voting members are allowed to vote. Voting begins at the conclusion of the annual meeting and continues for 24 hours. Results to be announced via global email on Tuesday, June 11th.

Neighborhood Group without Borders

June 12, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. BYO snack or lunch. Refreshments will be provided. Please RSVP to Susan Riegel Harding at 619-987-6234.

Book Club

June 13, Thursday, 6 pm, Zoom. Our next book: *Their Eyes Were Watching God* by Zora Hurston. Contact Mina Taylor at minastaylor@gmail.com.

South Bay Campus

Summer Spiritual Workshops at South Bay

Over the summer (July & August), we will be offering Spiritual Workshops on Sunday mornings at South Bay during our regular worship time. This will be an opportunity to share our passions, nurture our spiritual growth, and deepen our connections. Do you have a spiritual practice that you would like to share with others? Perhaps you meditate, make art, do qi gong, journal, or sing? We would love to learn with and from you. Contact Rev. Kristen to learn more or sign up: kristen@firstusandiego.org.

Sunday Morning Volunteer Sign-up at South Bay

We invite you to share your time and talents to help this community thrive. We are signing up Sunday morning volunteers at South Bay for roles like serving as a greeter, providing social hour, getting trained as a worship associate, or learning how to be a technology volunteer. You can sign up [HERE](#)

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

South Bay Singers Rehearsals

May 12, Sunday, after service, 11:45 am, South Bay Campus. Do you love to sing? Join the South Bay Singers for upcoming rehearsals led by Tomás Acosta.

South Bay Leadership Meeting

May 15, Wednesday, 6:30 pm — 8 pm, on zoom <https://zoom.us/j/7434659479>. Join us to reflect on our next steps together as a community. Some topics include our location search, summer worship services, volunteer sign-up for Sunday morning, and outreach events for the summer & fall. The meeting will be facilitated by Rev. Kristen. All are welcome!

South Bay Wisdom Circle

May 19, Sunday, after service, 11:30 am — 1 pm, South Bay Worship space. Each month offers the gift of connecting with members of our beloved community to discuss inspiring and important issues, and revel in the wisdom that emerges. The South Bay Wisdom Circle is a drop-in circle and is facilitated by our Intern Minister, Swamini Adityananda Saraswati. For more information: swamini@firstusandiego.org.

Family & Lifespan

Register for All Church Camp

We hope you can join us for All Church Camp at de Benneville Pines May 31 — June 2! For more info and to register, visit:

www.firstusandiego.org/all-church-camp.html

Sunday Religious Education

On May 12 we'll have two Religious Education groups during the Sunday Service: one for Grades 5 and younger, and one for Jr & Sr High.

Parents' Night Out

May 17, Friday, 6:30 pm — 9 pm, Common Room. We provide dinner and childcare so you can have the evening free to do whatever you like! RSVP to tony@firstusandiego.org.

Burrito Project

May 23, Thursday, 5 pm — 8 pm starting in the Common Room. Join the Young Adults to make and distribute burritos to those experiencing food insecurity. Email lara@forstusandiego.org for info and to join.

Youth Book Club

May 26, Sunday, after service, 11 am — 1:30 pm, Room 114A. For our next youth book club meeting we'll be discussing "One of Us is Lying." For info and to participate email lara@firstusandiego.org.



Social Justice

Climate Action: Reduce Plastic Waste

A new study has shown that 50% of the branded plastic found in rivers, the ocean, and on land comes from just 56 companies. The top polluters are Coca-Cola, Pepsi, Nestle, Danone, and Altria. Pressure on these companies has the potential to significantly reduce plastic waste. Learn more [HERE](#).



South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? Let a minister or staff person know, or call the pantry office: (619) 271-5017.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

Want a Pantry Job That's Only Two Hours a Month?

Sign up to distribute diapers at South Bay one Sunday morning a month. You'll work with an experienced team to provide these essential baby supplies to needy families. For more information, contact Rhea Kuhlman, rheakuhlman2@gmail.com

Shopping Idea: Buy Two, Donate One

Most of what food banks provide doesn't help if you don't have a stove or a fridge. Our "no-cook" bags are stocked with easy-open pop-top soups and stews, protein bars and drinks, tuna, and peanut butter that come from you. Hillcrest has a bin as you enter the Meeting House or leave at South Bay - donations gratefully received.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.



Front Street Productions



Legendary Singer Songwriter Activist

HOLLY NEAR

With TAMMY HALL, Piano
JAN MARTINELLI, Bass



Sandy O and Pat Humphries, support vocals

5pm Sunday
June 16, 2024

In the Meeting House at
First UU San Diego
\$10 admission

[Get Tickets](#)

Front Street Productions



Conductor
Ibis Laurel

7 pm Saturday May 25th 2024

The Tijuana-based Chimæra Ensemble is a new, semi-professional orchestra of talented instrumentalists who are passionate about making music together. They will share a program of some well known classical repertoire, along with music by Latin American composers not typically included in the Western classical canon.

First Unitarian Universalist Church of San Diego
298 W Arbor St. San Diego, CA 92103
Free parking in our accessible lot. 



Funded by the
First UU
Outreach and
Growth Fund

Free admission. Register for your seats at:
FrontStreetProductions.org

Week at a Glance Calendar

Friday, May 10, 2024

Memory Matters Gathering

May 10, second and fourth Fridays, 10 am — 11:30 am, online. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Saturday, May 11, 2024

Women Together Meeting

May 11, second Saturdays, 12 pm — 2 pm, Common Room. Contact Claudia obata.claudia@gmail.com.

Dances of Universal Peace

May 11, second Saturdays, 4 pm — 6 pm, Bard Hall.

Kirtan Chanting

May 11, second Saturdays, 6 pm — 7:30 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of uplifting Kirtan.

Sunday, May 12, 2024

Worship Service & Livestream

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship Service

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Board of Trustees Candidates Meet & Greet

May 12, Sunday, after service, Patio. Come meet the Board of Trustees candidates. Ask questions and socialize!

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour. Meeting ID 824 042 297. Password: FUUSD.

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. foodpantry@firsttuusandiego.org.

Rainbow Action Group's Koffee Klatch

May 12, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

Cosmos

May 12, second Sundays, 1 pm — 3 pm, room 323. The only prerequisite is an open heart and mind. Contact [James Long](#) for information.

National Emergency for the Climate

May 12, Sunday, 3:30 pm, <https://bit.ly/ERClimate>. Climate activist Jon Findley will present the case for declaring a National Climate Emergency, and the implications of such a declaration.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, May 13, 2024

Coping With Chronic Conditions Support Group

May 13, second and fourth Mondays, 1:30 pm — 3 pm, zoom. Contact [Chris Smith](#) prior to attending 619-300-7477.

Caregivers/Allies Support Group

May 13, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. For additional information about participating contact [Les Vivian](#).

Women's Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, May 14, 2024

Young Adult Group

Tuesdays, 5:30 pm — 7 pm. Contact [Lara](#) for location info.

Wednesday, May 15, 2024

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, May 16, 2024

Food Pantry Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. foodpantry@firsttuusandiego.org.

Finance Committee Meeting

May 16, Thursday, 6:30 pm, link in the members area of the [website](#).

Upcoming Events

Philippine Partner Church Presentation

May 18, Saturday, 10 am, Bard Hall, and <https://bit.ly/UUSeniors>. Church members Liz Jones and Rich Zemlin will share their experiences visiting our partner church and review our current projects with the church.

Waking from the Dream of Zionism

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POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Lone Broussard, *Affiliate Minister*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Valeria Aguilar, *Social Justice and Membership Coordinator*
Rose Littler-Riedel, *Communications Coordinator*
Lara Anderson, *Youth and Young Adult Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Ray Evans, *Facilities Manager*
Mark Epler, *Event Coordinator*

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi,
Steve Howard, and Gay Hybertsen **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: website@firstuusandiego.org
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement