

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

June's Monthly Worship Theme: Renewal

Hillcrest Campus Location
4190 Front Street
San Diego, CA 92103
619-298-9978

South Bay Campus Location
970 Broadway, Suite 104
Chula Vista, CA 91911
619-271-5017

Hillcrest Services 10 am Sundays

June 2
"Spiritual Growth"
Rose Littler-Riedel, *Seminarian*

June 9
Rev. Justine Sullivan, *Lead Minister*

South Bay Services 10 am Sundays

June 2
"Spiritual Growth"
Livestream of the Hillcrest Service

June 9
"Savor the Sweet"
Rev. Kristen Kuriga, *Assistant Minister*

June Generosity Offering Alliance San Diego

Alliance San Diego is a local community organization working to develop leaders, engage communities, shape narratives, change policies, and protect rights to create an inclusive democracy where everyone can participate fully with dignity. They identify and acknowledge the disparities that exist in our local communities. All too often the human rights of communities of color, immigrant communities, unhoused communities, and others are violated without repercussion; Alliance is fighting to change that and is committed to living out their core values of inclusion, compassion, justice, collaboration, and integrity. You can learn more about the organization here: alliancesd.org. You can donate at church or on our [website](#), under gift designation select "Generosity."

The Rock and Roll Marathon is **this Sunday, June 2!**

Please be aware of road closures and plan ahead to make it to church.

You can find information and view detours and road closure grid **[HERE](#)**

What's Happening?

Slate of Candidates for First UU's 2024-2025 Board of Trustees

The Nominating Committee is pleased to announce the slate of candidates for First UU's 2024-2025 Board of Trustees.

We had a strong and positive response from our community to our call for potential candidates and we'd like to publicly thank everyone who expressed an interest and showed such caring for our congregation's future.

The Board of Trustees candidates are:

- Karen Lamphere, Vice President/President elect; two-year term
- Armin Kuhlman, Treasurer; one-year term
- Les Vivian, Trustee at Large; two-year term*
- Rose Van Oss, Trustee at Large; three-year term
- Rhiannon Smith, Trustee at Large; three-year term
- Jim Davis, Trustee at Large; three-year term

Also on the ballot will be the candidate for the 2024-2025 Nominating Committee.

They are:

- Gay Hybertsen, three-year term

You can see the biographies and photos of the candidates with summaries of their tenure with our church and engagement with our church community. In-person voting begins at the end of the Annual Congregational Meeting in the Meeting House on Sunday, June 9. Online-only absentee voting begins after the Annual Congregational Meeting and ends at 1 pm on Monday, June 10. Election results will be announced via an email to the congregation on Tuesday, June 11. Only qualified Voting Members may cast ballots in the election. If you have any questions about your eligibility to vote, contact [Robie Evans](#), director of operations.

Your active participation in the voting process ensures that your voice, concerns, and ideas for our church and its future will be properly represented and considered for its strategic direction and long-term sustainability. If you have any questions, or need more information, contact any member of the 2023-2024 Nominating Committee: Christy Anderson, Randy Brinton, Mitch Mitchell, Sarah Ormond, and Susan Riegel Harding.

*Will complete remaining two years of the Member-at-Large position relinquished by a previous Board member.

Beware Text Scams!

Members of the congregation have received texts from someone claiming to be Rev. Justine. Never send money to ANYONE without speaking to them directly.

Follow us on *Instagram* @firstuusd and @uus_south_bay

Budget Forums – Please Attend!

In preparation for the vote on the FY 24-25 General Operating Budget on June 9th, we will hold two separate budget forums:

- * Wed, June 5, 10 am, Bard Hall – IN PERSON!
- * Thurs, June 6, 6:30 pm, bit.ly/SpecialBudgetForum

We will not be going into detail on the budget at the annual meeting, so please plan to attend one of these important informational forums, as there will be plenty of time for questions and discussion.

D4\$ Last Chance to Bid!

Thank you – we've raised almost \$17,000! We have 16 events left with spaces to bid on – at the minimum price! So, bid now to grab your spot(s)! Go to the auction website and fill up your "dance card." Let's build community together in these special ways. This last chance bidding will close at midnight on June 2nd. Please go to [auctria.events/D4D SummerFall 2024](https://auctria.events/D4D_SummerFall_2024).

05-21-24 Board Meeting Review and Digest

- We need Nominating Committee candidates!
- Received the report from the Governance Study Team with gratitude
- Heard the Financial Report and accepted the Draft FY 24-25 General Operating Budget for presentation to the congregation at the June 9th Annual Meeting
- Two budget forums will occur in early June to hear about the budget in more detail; please see the notices in the Window
- Heard about an exciting opportunity from the Our Sustainable Future team's work

More Delegates needed for General Assembly (GA)

Three reasons you'll love GA: June 20-23 Virtual Only

1. Passionate about Article II? Vote to have your final say.
2. Newbie: World/national impact of UUs.
3. Groupie: Enjoy usual inspirational workshops, social justice discussions, and prominent speakers.

...and it's free! Register at www.UUA.org/GA as delegate and get full reimbursement from First UU SD. Contact johnschaibly@gmail.com or 858-453-5990.

Church Directory Update

It's time to update your Membership Directory information! Send your pictures and updates to [Jazmine!](#)

Do You Need to Add Your Group to the Window?

Send your info to [Rose](#) to be included in The Window!

What's Happening?

A Time to Gather

May 30, 7 pm, zoom, <https://bit.ly/3s5AL6u>. Rev. Justine invites us to meet to discuss the departure and change of status of Rev. Tom Owen-Towle. The details of Tom's departure were covered in the letter emailed on Wednesday May 22 (Please reach out to Rev. Justine or Robie Evans if you did not receive the letter).

Hillcrest In-Person Social Hour

June 2, Sundays, following worship, Bard Hall. Join your community after the service for coffee and conversation.

Virtual Social Hour

June 2, Sundays, 11 am, <bit.ly/FirstUUSocialHour>. Meeting ID 824 042 297. Password: FUUSD.

Animal Ministry

June 2, first Sundays, 11:45 am, Peace Garden. Join us as we continue to develop our Animal Memorial Garden.

Board Chat

June 2, first Sundays, 12:30 pm, <bit.ly/FirstUUBoardChat>. Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

June 2, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Open Heart Sangha

June 2, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

Women's Choir

June 3, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women. No experience required.

Board Meeting

June 4, Tuesday, 6:30 pm, online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the [website](#).

Budget Forum

June 5, Wednesday, 10 am, Bard Hall. FY 24-25 General Operating Budget forum.

Chalice Choir

June 5, Weds, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest ensemble. No experience required.

Budget Forum

June 6, Thursday, 6:30 pm, <https://bit.ly/SpecialBudgetForum>. FY 24-25 General Operating Budget forum.

Women Together Meeting

June 8, second Saturdays, 12 pm — 2 pm, Common Room. Contact obata.claudia@gmail.com.

Kirtan Chanting

June 8, second Saturdays, 6 pm — 7:30 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of Kirtan.

Rainbow Action Group's Koffee Klatch

June 9, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Annual Membership Meeting – June 9th

June 9, Sunday, 11:30 am, Meeting House and livestreamed. Please plan on attending. All are welcome and only voting members are allowed to vote. Voting begins at the conclusion of the annual meeting and continues for 24 hours. Results to be announced June 11. A light lunch will be served after the worship service and before the annual meeting. For Annual Meeting Notification and Agenda, please go to the Members section of our website: www.firstuusandiego.org/apps/member/login.

Cosmos

June 9, second Sundays, 1 pm — 3 pm, Room 323. Join us as we explore the birth and evolution of our universe. Contact [James Long](#).

Caregivers/Allies Support Group

June 10, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming new participants. Contact [Les Vivian](#).

Neighborhood Group without Borders

June 12, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. BYO snack or lunch. Refreshments will be provided. Please RSVP to Susan Riegel Harding at 619-987-6234.

Book Club

June 13, Thursday, 6 pm, Zoom. Our next book: *Their Eyes Were Watching God* by Zora Hurston. Contact Mina Taylor at minastaylor@gmail.com

Memory Matters Gathering

June 14, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Update on JTW and Committee on Right Relations

June 15, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Church member Bill James will update us on recent JTW activities and the Committee on Right Relations. Hosted by UU Seniors.

Beware of Scams!

Scammers are pretending to be Rev. Justine and Rev. Kristen! Be wary of emails you receive that appear to be from church staff and ministers - especially if they are asking for money or gift cards.

Please only respond to messages from church staff that come from an email address of:

staffmembername@firstuusandiego.org.

We will not contact you through personal email accounts (gmail, yahoo, etc.).

South Bay Campus

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for Worship every Sunday.

Sunday Morning Volunteer Sign-up at South Bay

We invite you to share your time and talents to help this community thrive. We are signing up Sunday morning volunteers at South Bay for roles like serving as a greeter, providing social hour, getting trained as a worship associate, or learning how to be a technology volunteer. You can sign up [HERE](#)

Summer Spiritual Workshops at South Bay

Over the summer (July & August), we will be offering Spiritual Workshops on Sunday mornings at South Bay during our regular worship time. This will be an opportunity to share our passions, nurture our spiritual growth, and deepen our connections. Do you have a spiritual practice that you would like to share with others? Perhaps you meditate, make art, do qi gong, journal, or sing? We would love to learn with and from you. Contact Rev. Kristen to learn more or sign up: kristen@firstuusandiego.org.

Family & Lifespan

Sunday RE

This Sunday, June 2, is All Church Camp weekend. One Childcare Group will be offered during the Sunday Service after the Time For All Ages. There will be no other Sunday RE Groups this weekend since the Lifespan Staff will be at Camp.

Summer Multigen Gathering

Saturday, June 22, is our first Summer Multigen gathering. Join us for a picnic and games at Civita Park. Bring chairs or a blanket, food for your family and, if you like, some to share. We'll gather just above the playground area. Civita Park is built into the slope of Mission Valley, but all areas of the park are wheelchair accessible. Contact Tony@firstuusandiego.org for more information.

Youth Outing to Saddle Up Ranch

June 29. Saturday, 4:30 pm. Ride horses with us! Email lara@firstuusandiego.org for more details.



South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? Let a minister or staff person know, or call the pantry office: (619) 271-5017.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

Want a Pantry Job That's Only Two Hours a Month?

Sign up to distribute diapers at South Bay one Sunday morning a month. You'll work with an experienced team to provide these essential baby supplies to needy families. For more information, contact Rhea Kuhlman, rheakuhlman2@gmail.com

Shopping Idea: Buy Two, Donate One

Most of what food banks provide doesn't help if you don't have a stove or a fridge. Our "no-cook" bags are stocked with easy-open pop-top soups and stews, protein bars and drinks, tuna, and peanut butter that come from you. Hillcrest has a bin as you enter the Meeting House or leave at South Bay - donations gratefully received.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.



Front Street Productions

Legendary Singer Songwriter Activist
HOLLY NEAR

With TAMMY HALL, Piano
JAN MARTINELLI, Bass

Sandy O and Pat Humphries, support vocals

5pm Sunday
June 16, 2024

First UU Church of San Diego
Free parking in our lot

\$10 admission

Week at a Glance Calendar

Sunday, June 2, 2024

Worship Service & Livestream

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship Service

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. foodpantry@firstuusandiego.org.

Animal Ministry

June 2, first Sundays, 11:45 am, Peace Garden. Come and join us as we continue to develop our Animal Memorial Garden.

Board Chat

June 2, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat, Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

June 2, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, June 3, 2024

Women's Choir

June 3, Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, June 4, 2024

Young Adult Group

Tuesdays, 5:30 pm — 7 pm. Contact [Lara](#) for location info.

Board Meeting

June 4, Tuesday, 6:30 pm, online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the [website](#).

Wednesday, June 5, 2024

Budget Forum

June 5, Wednesday, 10 am, Bard Hall. FY 24-25 General Operating Budget forum.

Chalice Choir Rehearsal

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, June 6, 2024

Food Pantry Midweek Bagging

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Budget Forum

June 6, Thursday, 6:30 pm, bit.ly/BudgetForum. FY 24-25 General Operating Budget forum.

Upcoming Events

Women Together Meeting

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Kirtan Chanting

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Rainbow Action Group's Koffee Klatch

June 9, second Sundays, 11:15 am — 12:15 pm, Room 323. All family, friends and allies are invited.

Cosmos

June 9, second Sundays, 1 pm — 3 pm, room 323. The only prerequisite is an open heart and mind. Contact [James Long](#) for information.

Caregivers/Allies Support Group

June 10, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. For additional information about participating contact [Les Vivian](#).

Neighborhood Group without Borders

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POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Lone Broussard, *Affiliate Minister*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*
Lexi Pulido, *South Bay Music Coordinator*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Valeria Aguilar, *Membership and Social Justice Coordinator*
Rose Littler-Riedel, *Communications Coordinator*
Lara Anderson, *Youth and Young Adult Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Ray Evans, *Facilities Manager*
Mark Epler, *Event Coordinator*

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi,
Steve Howard, and Gay Hybertsen **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: [website@firstuusandiego.org](http://www.firstuusandiego.org)
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement