

The Window

A Weekly Publication



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

June's Monthly Worship Theme: Renewal

Hillcrest Campus Location
 4190 Front Street
 San Diego, CA 92103
 619-298-9978

South Bay Campus Location
 970 Broadway, Suite 104
 Chula Vista, CA 91911
 619-271-5017

Hillcrest Services
 10 am Sundays

June 9
"Our Year Together"
 Rev. Justine Sullivan, *Lead Minister*

June 16
"Father's Day"
 UU Men's Fellowship of San Diego

South Bay Services
 10 am Sundays

June 9
"Savor the Sweet"
 Rev. Kristen Kuriga, *Assistant Minister*

June 16
"Juneteenth"
 Swamini Adityananda Saraswati, *Intern Minister*

June Generosity Offering
Alliance San Diego

Alliance San Diego is a local community organization working to develop leaders, engage communities, shape narratives, change policies, and protect rights to create an inclusive democracy where everyone can participate fully with dignity. They identify and acknowledge the disparities that exist in our local communities. All too often the human rights of communities of color, immigrant communities, unhoused communities, and others are violated without repercussion; Alliance is fighting to change that and is committed to living out their core values of inclusion, compassion, justice, collaboration, and integrity. You can learn more about the organization here: alliancesd.org. You can donate at church or on our [website](#), under gift designation select "Generosity."

Journey Toward Wholeness (JTW)
What Can I Read?

Beyond the Shores: A History of African Americans Abroad by Tamara J. Walker

Published in 2023, *Beyond the Shores* not only recounts where African Americans stayed and where they ate when they traveled but also why they left the U.S. in the first place and how they were treated once they reached their destinations. Drawing on years of research, Dr. Tamara J. Walker chronicles their experiences in atmospheric detail, taking readers from well-known capital cities to more unusual destinations such as Yangiyul, Uzbekistan, and Kabondo, Kenya.

What's Happening?

Our Church Family

Long-time church member **Susan Oliver-Miller** is at home after a lengthy hospital stay. Healing energy and good thoughts are welcome as she begins treatment for pancreatic cancer. Please no phone calls at this time. Cards and letters are welcome. They can be sent to the address in the church directory. Please keep her family in your thoughts and prayers: Nick Miller, Sarah Oliver-Miller, Kelly Hutton, and Jenny Miller.

Slate of Candidates for First UU's 2024-2025 Board of Trustees

The Nominating Committee is pleased to announce the slate of candidates for First UU's 2024-2025 Board of Trustees.

We had a strong and positive response from our community to our call for potential candidates and we'd like to publicly thank everyone who expressed an interest and showed such caring for our congregation's future.

The Board of Trustees candidates are:

- Karen Lamphere, Vice President/President elect; two-year term
- Armin Kuhlman, Treasurer; one-year term
- Les Vivian, Trustee at Large; two-year term*
- Rose Van Oss, Trustee at Large; three-year term
- Rhiannon Smith, Trustee at Large; three-year term
- Jim Davis, Trustee at Large; three-year term

Also on the ballot will be the candidate for the 2024-2025 Nominating Committee.

They are:

- Gay Hybertsen, three-year term

You can see the biographies and photos of the candidates with summaries of their tenure with our church and engagement with our church community. In-person voting begins at the end of the Annual Congregational Meeting in the Meeting House on Sunday, June 9. Online-only absentee voting begins after the Annual Congregational Meeting and ends at 1 pm on Monday, June 10. Election results will be announced via an email to the congregation on Tuesday, June 11. Only qualified Voting Members may cast ballots in the election. If you have any questions about your eligibility to vote, contact **Robie Evans**, Director of Operations.

Your active participation in the voting process ensures that your voice, concerns, and ideas for our church and its future will be properly represented and considered for its strategic direction and long-term sustainability. If you have any questions, or need more information, contact any member of the 2023-2024 Nominating Committee: Christy Anderson, Randy Brinton, Mitch Mitchell, Sarah Ormond, and Susan Riegel Harding.

*Will complete remaining two years of the Member-at-Large position relinquished by a previous Board member.

6-4-24 Board Meeting Review and Digest

- Reported we will include South Bay campus in the Our Sustainable Future work
- Clarified Open Mic Process
- Discussed feedback from Staff Limitations policies; no changes made at this time

More Delegates needed for General Assembly (GA)

Three reasons you'll love GA: June 20-23 Virtual Only

1. Passionate about Article II? Vote to have your final say.
2. Newbie: World/national impact of UUs.
3. Groupie: Enjoy usual inspirational workshops, social justice discussions, and prominent speakers.

...and it's free! Register at www.UUA.org/GA as delegate and get full reimbursement from First UU SD. Contact johnschaibly@gmail.com or 858-453-5990.

Men's Clothing Drive

Sunday, June 9, drop-off at the Hillcrest Campus. Uptown Community Service Center is in need of men's gently used clothing. Uptown was founded 40 years ago by Rev. Tom Owen-Towle with other local ministers to help homeless and financially challenged neighbors. Some of the important services provided are a mailing address, showers, clothing and food. Clothing as well as hygiene products can be deposited in the big blue bin near the book room. Please contact Rose Van Oss at 619-884-5035 with any questions.

Check Processing Day

With our new accounting firm, checks are processed weekly first thing on Friday mornings. So, please send your approved check requests and other requests for payment/reimbursement to **Robie Evans** by 3 pm on Thursdays. Thank you!

Women Together Meeting

June 8, second Saturdays, 12 pm — 2 pm, Common Room. Please bring several photos (3 - 5) of your fathers and grandfathers and share fond memories of these men who were / are part of your family. If not a father or grandfather, share about a man who played a significant role in your life. Contact obata.claudia@gmail.com.

Kirtan Chanting

June 8, second Saturdays, 6 pm — 7:30 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of Kirtan.

What's Happening?

Hillcrest In-Person Social Hour

June 9, Sundays, following worship, Bard Hall. Join your community after the service for coffee and conversation.

Virtual Social Hour

June 9, Sundays, 11 am, bit.ly/FirstUUSocialHour. Meeting ID 824 042 297. Password: FUUSD.

Annual Membership Meeting – June 9th

June 9, Sunday, 11:30 am, Meeting House and livestreamed. Please plan on attending. All are welcome and only voting members are allowed to vote. Voting begins at the conclusion of the annual meeting and continues for 24 hours. Results to be announced June 11. A light lunch will be served after the worship service and before the annual meeting. For Annual Meeting Notification and Agenda, please go to the Members section of our website: www.firstuusandiego.org/apps/member/login.

Rainbow Action Group's Koffee Klatch - Cancelled

June 9 meeting cancelled so all may attend the annual membership meeting.

Cosmos

June 9, second Sundays, 1 pm — 3 pm, Room 323. Join us as we explore the birth and evolution of our universe. Contact [James Long](mailto:James.Long).

Open Heart Sangha

June 9, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

Caregivers/Allies Support Group

June 10, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming new participants. Contact [Les Vivian](mailto:Les.Vivian).

Summer Choir

June 10, Mondays, 7 pm, Bard Hall. Join this warm and welcoming group of women. No experience required.

Neighborhood Group without Borders

June 12, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. BYO snack or lunch. Refreshments will be provided. Please RSVP to Susan Riegel Harding at 619-987-6234.

Summer Choir

June 12, Wednesday, 7 pm, Bard Hall. Join us for singing and fun with First UU's largest ensemble. No experience required.

Book Club

June 13, Thursday, 6 pm, Zoom. Our next book: *Their Eyes Were Watching God* by Zora Hurston. Contact Mina Taylor at minastaylor@gmail.com

Memory Matters Gathering

June 14, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Update on JTW and Committee on Right Relations

June 15, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Church member Bill James will update us on recent JTW activities and the Committee on Right Relations. Hosted by UU Seniors.

Picnic & Games at Civita Park

June 22, Saturday, 4 pm — 7 pm, Civita Park in Mission Valley. Join us for an All-Church gathering. Bring a blanket or chairs, a picnic dinner and, if you're able, a dish to share! We'll gather at the mid-level of the park just above the playground area for a time of socializing and games. Parking is available at the park and on surrounding streets.

Racialized Identities Awareness Book Group

July 5, Friday, 6:30 pm, Room 323. *A Place at the Nayarit - How a Mexican Restaurant Nourished a Community* by Natalia Molina will be discussed with the Racialized Identities Awareness Book Group. If you're interested please contact [Louise Titlow](mailto:Louise.Titlow).

Animal Ministry

July 7, first Sundays, 11:45 am, Peace Garden. Join us as we continue to develop our Animal Memorial Garden.

Board Chat

July 7, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat. Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

July 7, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Dances of Universal Peace

July 13, second Saturdays, 4 pm — 6 pm, Bard Hall. A heart-centered circle dance combining movement, sound, and breath. Embracing the many sacred traditions of humanity, this practice promotes peace with live music and open-hearted friends. No experience is necessary.

Board Meeting

July 23, Tuesday, 6 pm, online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the [website](http://www.firstuusandiego.org).

Beware Text Scams!

Members of the congregation have received texts from someone claiming to be Rev. Justine. Never send money to ANYONE without speaking to them directly.

Beware of email Scams!

Scammers are pretending to be Rev. Justine and Rev. Kristen! Be wary of emails you receive that appear to be from church staff and ministers - especially if they are asking for money or gift cards. Please only respond to messages from church staff that come from an email address of:

staffmembername@firstuusandiego.org.

We will not contact you through personal email accounts (gmail, yahoo, etc.).

South Bay Campus

South Bay Worship

Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for worship every Sunday.

Sunday Morning Volunteer Sign-up at South Bay

We invite you to share your time and talents to help this community thrive. We are signing up Sunday morning volunteers at South Bay for roles like serving as a greeter, providing social hour, getting trained as a worship associate, or learning how to be a technology volunteer. You can sign up [HERE](#)

Summer Spiritual Workshops at South Bay

Over the summer (July & August), we will be offering Spiritual Workshops on Sunday mornings at South Bay during our regular worship time. This will be an opportunity to share our passions, nurture our spiritual growth, and deepen our connections. Do you have a spiritual practice that you would like to share with others? Perhaps you meditate, make art, do qi gong, journal, or sing? We would love to learn with and from you. Contact Rev. Kristen to learn more or sign up: kristen@firstuusandiego.org.

South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? Let a minister or staff person know, or call the pantry office: (619) 271-5017.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

Want a Pantry Job That's Only Two Hours a Month?

Sign up to distribute diapers at South Bay one Sunday morning a month. You'll work with an experienced team to provide these essential baby supplies to needy families. For more information, contact Rhea Kuhlman, rheakuhlman2@gmail.com

Shopping Idea: Buy Two, Donate One

Most of what food banks provide doesn't help if you don't have a stove or a fridge. Our "no-cook" bags are stocked with easy-open pop-top soups and stews, protein bars and drinks, tuna, and peanut butter that come from you. Hillcrest has a bin as you enter the Meeting House or leave at South Bay - donations gratefully received.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.

Family & Lifespan

Sunday RE

On June 9 we'll start our Summer RE schedule. Jr & Sr High will continue to meet as usual. For Elementary grades we'll offer a Makers Mart! Children are invited to explore their creativity with options for crafts that can be completed in one session or projects that can last several weeks. Come create jewelry, paintings, dioramas, miniatures, sewing, decals and more!

Young Adult Group

June 11, Tuesdays, 6 pm — 7:30 pm. Contact [Lara](#) for location information.

Picnic & Games at Civita Park

June 22, Saturday, 4 pm — 7 pm, Civita Park in Mission Valley. Join us for an All-Church gathering. Bring a blanket or chairs, a picnic dinner and, if you're able, a dish to share! We'll gather at the mid-level of the park just above the playground area for a time of socializing and games. Parking is available at the park and on surrounding streets.



Youth Outing to Saddle Up Ranch

June 29. Saturday, 4:30 pm. Ride horses with us! Email lara@firstuusandiego.org for more details.

Bringing it Down the Mountain Camp on Campus

Sunday, July 7th

10:00 Worship
followed by Camp
activities in Bard Hall
and on the Patio



Social Justice

Climate Action: Let's Go, San Diego

June 8, Saturday, 10 am, Pier Plaza, Imperial Beach. Support transformative transportation solutions at the Campaign Kickoff for this important ballot measure. A broad, county-wide coalition of San Diegans came together to successfully place this measure on the November ballot. Join Mayor Paloma Aguirre of Imperial Beach will kick off the campaign to pass this essential transit ballot measure in November. [RSVP HERE!](#)

Week at a Glance Calendar

Saturday, June 8, 2024

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. foodpantry@firstuusandiego.org.

Women Together Meeting

June 8, second Saturdays, 12 pm — 2 pm, Common Room. Contact Claudia obata.claudia@gmail.com.

Kirtan Chanting

June 8, second Saturdays, 6 pm — 7:30 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of uplifting Kirtan.

Sunday, June 9, 2024

Worship Service & Livestream

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship Service

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

Annual Membership Meeting – June 9th

June 9, Sunday, 11:30 am, Meeting House and livestreamed. All are welcome and only voting members are allowed to vote.

Cosmos

June 9, second Sundays, 1 pm — 3 pm, room 323. The only prerequisite is an open heart and mind. Contact [James Long](#).

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, June 10, 2024

Caregivers/Allies Support Group

June 10, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. For additional information contact [Les Vivian](#).

Summer Choir

Mondays, 7 pm — 8:30 pm, Bard Hall.

Tuesday, June 11, 2024

Young Adult Group

Tuesdays, 6 pm — 7:30 pm. Contact [Lara](#) for location info.

Wednesday, June 12, 2024

Neighborhood Group without Borders

June 12, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. Text RSVP to 619-987-6234 RSVP.

Summer Choir

Wednesdays, 7 pm — 8:30 pm, Bard Hall.

Thursday, June 13, 2024

Food Pantry Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. foodpantry@firstuusandiego.org.

Book Club

June 13, Thursday, 6 pm, Zoom. Our next book: *Their Eyes Were Watching God* by Zora Hurston. Contact Mina Taylor at minastaylor@gmail.com.

Upcoming Events

Memory Matters Gathering

June 14, second and fourth Fridays, 10 am — 11:30 am, online. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

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POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Lone Broussard, *Affiliate Minister*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*
Lexi Pulido, *South Bay Music Coordinator*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Valeria Aguilar, *Membership and Social Justice Coordinator*
Rose Littler-Riedel, *Communications Coordinator*
Lara Anderson, *Youth and Young Adult Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Ray Evans, *Facilities Manager*
Mark Epler, *Event Coordinator*

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi,
Steve Howard, and Gay Hybertsen **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: [website@firstuusandiego.org](http://www.firstuusandiego.org)
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement