



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

June's Monthly Worship Theme: Renewal

Hillcrest Campus Location
 4190 Front Street
 San Diego, CA 92103
 619-298-9978

South Bay Campus Location
 970 Broadway, Suite 104
 Chula Vista, CA 91911
 619-271-5017

**Hillcrest Services
10 am Sundays**

**South Bay Services
10 am Sundays**

**June 16
"Fathering"**

UU Men's Fellowship of San Diego

June 16

"The Juneteenth Story"

Swamini Adityananda Saraswati, *Intern Minister*

**June 23
"Weaving Our Lives"**

Rev. Dr. Molly Housh Gordon
 UUA General Assembly Sunday Morning Worship
 Watch Party at Hillcrest

June 23

"Weaving Our Lives"

Rev. Dr. Molly Housh Gordon
 UUA General Assembly Sunday Morning Worship
 Watch Party at South Bay

**June Generosity Offering
Alliance San Diego**

Alliance San Diego is a local community organization working to develop leaders, engage communities, shape narratives, change policies, and protect rights to create an inclusive democracy where everyone can participate fully with dignity. They identify and acknowledge the disparities that exist in our local communities. All too often the human rights of communities of color, immigrant communities, unhoused communities, and others are violated without repercussion; Alliance is fighting to change that and is committed to living out their core values of inclusion, compassion, justice, collaboration, and integrity. You can learn more about the organization here: alliancesd.org. You can donate at church or on our [website](http://www.alliancesd.org), under gift designation select "Generosity."

**Journey Toward Wholeness (JTW)
What Can I Do?**

At the Old Globe Theater through June 23rd, Fat Ham is James Ijames' multi-flavored play inspired by Hamlet. The Pulitzer Prize-winning comedy, staged the same way it was on Broadway, centers on Juicy, a young queer Southern Black man. Amid his extended family at a backyard cookout to celebrate his mother's marriage to his uncle, Juicy is set apart by more than his doubts about his father's death. Ultimately, he must resolve the conflict between what he owes his family and what he owes himself. Tickets are available at TheOldGlobe.org.

What's Happening?

6-4-24 Board Meeting Review and Digest

- Reported we will include South Bay campus in the Our Sustainable Future work
- Clarified Open Mic Process
- Discussed feedback from Staff Limitations policies; no changes made at this time

Check Processing Day

With our new accounting firm, checks are processed weekly first thing on Friday mornings. So, please send your approved check requests and other requests for payment/reimbursement to **Robie Evans** by 3 pm on Thursdays. Thank you!

Kriya Yoga

Be initiated into the mystical, ancient practices of Kriya Yoga from Swami Atmavidyananda, a spiritual master from India. The Swami comes from the direct lineage of Paramahansa Yogananda and Swami Sri Yukteswar, and will be bestowing an ancient practice that can only be transmitted from one who has mastered some of its most essential secrets. Free public lecture at the Shirdi Sai Baba Mandir on Fri 6/14. This will be followed by a 2-day initiation and learning workshop on June 15-16 at FUUSD Hillcrest. RSVP only, as space is limited, at sandiego-ca@kriya.org.

Steps to Simplify Your Life

One way to simplify life is to decrease possessions. Make room in your closet and your life by donating seldom used (or no longer fitting) men's clothing to Uptown Community Service Center. Look for the big blue bin near the Bookroom. Contact Rose Van Oss at 619-884-5035 if you have any questions.

PRIDE Parade

Everyone is welcome to join in the fun at the Pride Parade on Saturday, July 20, and show our support for the entire LGBTQ+ community. Contact **Louise Titlow** if you're interested.

Contact **Rose** to add your group's info to the Window!

Memory Matters Gathering

June 14, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Update on JTW and Committee on Right Relations

June 15, Saturday, 10 am, Bard Hall and <https://bit.ly/UUSeniors>. Church member Bill James will update us on recent JTW activities and the Committee on Right Relations. Hosted by UU Seniors.

Hillcrest In-Person Social Hour

June 16, Sundays, following worship, Bard Hall. Join your community after the service for coffee and conversation.

Virtual Social Hour

June 16, Sundays, 11 am, bit.ly/FirstUUSocialHour. Meeting ID 824 042 297. Password: FUUSD.

Open Heart Sangha

June 16, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

Summer Choir Session 1: Yiddish Music from A to Z

June 17, Monday, 7 pm, Bard Hall. Led by Tomás Acosta, Performances: Thursday, June 27 (Klezmer Summit*); Sunday, June 30. *First UU's Summer Choir has been invited to sing two songs to open the San Diego Jewish arts Festival's Klezmer Summit concert on Thursday, June 27 at 6 pm, being held in the Hillcrest Meeting House. For tickets to attend the concert and support members of our community, visit <https://my.lfjcc.org/14129/14142>.

Picnic & Games at Civita Park

June 22, Saturday, 4 pm — 7 pm, Civita Park in Mission Valley. Join us for an All-Church gathering. Bring a blanket or chairs, a picnic dinner and, if you're able, a dish to share! We'll gather at the mid-level of the park just above the playground area for a time of socializing and games. Parking is available at the park and on surrounding streets.

Hillcrest In-Person Social Hour

June 23, Sundays, following worship, Bard Hall. Join your community after the service for coffee and conversation.

Virtual Social Hour

June 23, Sundays, 11 am, bit.ly/FirstUUSocialHour. Meeting ID 824 042 297. Password: FUUSD.

Open Heart Sangha

June 23, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, margewur@gmail.com.

Coping With Chronic Conditions Support Group

June 24, second and fourth Mondays, 1:30 pm — 3 pm, zoom. Contact **Chris Smith** prior to attending 619-300-7477.

Men's Fellowship 4th Monday Meeting

June 24, Monday, 6 pm — 9 pm, Common Room. Potluck starts at 6 pm. Fourth Monday Meeting runs from 7 pm — 9 pm. Newcomers are welcome and they only need to bring an appetite. Please contact Les Vivian, lesvivian@gmail.com, with questions.

Summer Choir Session 1: Yiddish Music from A to Z

June 24, Monday, 7 pm, Bard Hall. Led by Tomás Acosta, Performances: Thursday, June 27 (Klezmer Summit); Sunday, June 30.

Caregivers/Allies Support Group

June 25, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group is welcoming new participants. Contact **Les Vivian**.

What's Happening?

Two Most Important Climate Bills Nobody Knows About
June 30, Sunday, 3:30 pm, bit.ly/1stUUClimateJustice. Congress's massive Farm Bill, reauthorized every five years, has many provisions that would help alleviate climate change, but conservative forces are trying to defund them. The Earth Bill would cut greenhouse gases dramatically by 2030, but is buried in committee.

Racialized Identities Awareness Book Group
July 5, Friday, 6:30 pm. *A Place at the Nayarit - How a Mexican Restaurant Nourished a Community* by Natalia Molina will be discussed. The novel *Kindred* by Octavia Butler will be discussed on Friday, August 2. If you're interested please contact Louise Titlow for directions.

Animal Ministry
July 7, first Sundays, 11:45 am, Peace Garden. Join us as we continue to develop our Animal Memorial Garden.

Board Chat
July 7, first Sundays, 12:30 pm, bit.ly/FirstUUBoardChat. Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle
July 7, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. Wombated@gmail.com or cmack5913@gmail.com.

Neighborhood Group without Borders
July 10, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. BYO snack or lunch. Refreshments will be provided. Please RSVP to Susan Riegel Harding at 619-987-6234.

Women Together Meeting
July 13, second Saturdays, 12 pm — 2 pm, Common Room. Contact obata.claudia@gmail.com.

Dances of Universal Peace
July 13, second Saturdays, 4 pm — 6 pm, Bard Hall. A heart-centered circle dance combining movement, sound, and breath. This practice promotes peace with live music and open-hearted friends. No experience is necessary.

Kirtan Chanting
July 13, second Saturdays, 6 pm — 7:30 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of Kirtan.

Rainbow Action Group's Koffee Klatch
July 14, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Cosmos
July 14, second Sundays, 1 pm — 3 pm, Room 323. Join us as we explore the birth and evolution of our universe. Contact James Long.

Finance Committee Meeting
July 18, Thursday, 6 pm, link in the members area of the [website](#). Non-committee members do not take part in discussions or have a vote.

South Bay Campus

South Bay Worship
Sundays, 10 am, South Bay Worship Hall. Join the South Bay community for worship every Sunday.

Sunday Morning Volunteer Sign-up at South Bay
We invite you to share your time and talents to help this community thrive. We are signing up Sunday morning volunteers at South Bay for roles like serving as a greeter, providing social hour, getting trained as a worship associate, or learning how to be a technology volunteer. You can sign up [HERE](#)

Summer Spiritual Workshops at South Bay
Over the summer (July & August), we will be offering Spiritual Workshops on Sunday mornings at South Bay during our regular worship time. This will be an opportunity to share our passions, nurture our spiritual growth, and deepen our connections. Do you have a spiritual practice that you would like to share with others? Perhaps you meditate, make art, do qi gong, journal, or sing? We would love to learn with and from you. Contact Rev. Kristen to learn more or sign up: kristen@firstuusandiego.org.

Family & Lifespan

Sunday RE
On June 16 the Men's Fellowship will lead the Service on Father's Day. Jr & Sr High will meet as usual. For elementary grades we'll offer a Makers Mart! Children are invited to explore their creativity with options for crafts that can be completed in one session or projects that can last several weeks. Come create jewelry, paintings, dioramas, miniatures, sewing, decals and more!

On June 23 we'll be hosting a watch party in Bard Hall where we'll stream the Service from General Assembly. There will be no children's or youth programming on Sunday, June 23. Tony will have a table with basic coloring supplies in Bard Hall, but there will be no formal childcare that day.

Young Adult Group
June 18, Tuesdays, 6 pm — 7:30 pm. Contact [Lara](#) for location information.

Picnic & Games at Civita Park
June 22, Saturday, 4 pm — 7 pm, Civita Park in Mission Valley. Join us for an All-Church gathering. Bring a blanket or chairs, a picnic dinner and, if you're able, a dish to share! We'll gather at the mid-level of the park just above the playground area for a time of socializing and games. Parking is available at the park and on surrounding streets.

Youth Outing to Saddle Up Ranch
June 29, Saturday, 4:30 pm. Ride horses with us! Email lara@firstuusandiego.org for more details.

South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? Let a minister or staff person know, or call the pantry office: (619) 271-5017.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

Want a Pantry Job That's Only Two Hours a Month?

Sign up to distribute diapers at South Bay one Sunday morning a month. You'll work with an experienced team to provide these essential baby supplies to needy families. For more information, contact Rhea Kuhlman, rheakuhlman2@gmail.com

Shopping Idea: Buy Two, Donate One

Most of what food banks provide doesn't help if you don't have a stove or a fridge. Our "no-cook" bags are stocked with easy-open pop-top soups and stews, protein bars and drinks, tuna, and peanut butter that come from you. Hillcrest has a bin as you enter the Meeting House or leave at South Bay - donations gratefully received.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.



Social Justice

Climate Action:

Environmental Justice for the Arroyo Alamar

The Arroyo (River) Alamar and surrounding forest in the Tijuana / San Diego border region is an invaluable ecosystem that offers opportunities to mitigate pollution from the nearby industrial areas and the Otay 2 border crossing. Join the movement to declare this area a Conservation Park. [**SIGN THE PETITION HERE.**](#)

Front Street Productions

Front Street Productions Community Event Series



Barbershop Harmony Showcase featuring Los Bordershop Quartet and special guests
Concert: 7:30 pm Saturday, July 27th
Free admission

Summer/
Fall 2024



3rd Annual Summer Arts Festival
Music and more!
3 - 5:30 pm Saturday, August 17th
Free admission



2nd Annual Summer Tardeada
Traditional Mexican Dance Party
2 - 5 pm Saturday, September 7th
Free admission

Family-friendly
concerts and
events.



Tasha Smith Godinez Album Release Party
Champion for contemporary harp music
7:30 pm Friday, October 18th
Free admission



Juan Reynoso - Storyteller
Renowned Storyteller
7:30 pm Saturday, November 2nd
Free admission



First Unitarian Universalist Church of San Diego
298 W Arbor Street, San Diego, CA 92103
(619) 298-9978

► Free parking in our lot

Funded by
the Outreach
and Growth Fund

Registration and tickets at FrontStreetProductions.org

Week at a Glance Calendar

Friday, June 14, 2024

Memory Matters Gathering

June 14, second and fourth Fridays, 10 am — 11:30 am, online. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Saturday, June 15, 2024

Update on JTW and Committee on Right Relations

June 15, Saturday, 10 am, Bard Hall and bit.ly/UUSeniors. Bill James will update on JTW and Committee on Right Relations.

Food Pantry Food Distribution

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. foodpantry@firstuusandiego.org.

Sunday, June 16, 2024

Worship Service & Livestream

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Worship Service

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

Virtual Social Hour

Sundays, 11 am, bit.ly/FirstUUSocialHour, Meeting ID 824 042 297. Password: FUUSD.

Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, June 17, 2024

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Tuesday, June 18, 2024

Young Adult Group

Tuesdays, 6 pm — 7:30 pm. Contact [Lara](#) for location info.

Thursday, June 20, 2024

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Saturday, June 22, 2024

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Open Heart Sangha

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Monday, June 24, 2024

Summer Choir Session 1: Yiddish Music from A to Z

June 24, Monday, 7 pm, Bard Hall. Led by Tomás Acosta, Performances: Thursday, June 27; Sunday, June 30.

Tuesday, June 25, 2024

Caregivers/Allies Support Group

June 25, second Mondays & fourth Tuesdays, 4 pm — 5:30 pm, zoom. For additional information contact [Les Vivian](#).

Upcoming Events

Two Most Important Climate Bills Nobody Knows About

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Women Together Meeting

July 13, second Saturdays, 12 pm — 2 pm, Common Room. Contact Claudia obata.claudia@gmail.com.

Dances of Universal Peace

July 13, second Saturdays, 4 pm — 6 pm, Bard Hall. A heart-centered circle dance combining movement, sound, and breath. No experience is necessary.

Kirtan Chanting

July 13, second Saturdays, 6 pm — 7:30 pm, Common Room. Join Patita Pavana of Spirit Soul And Friends along with our event host, James Long, for an evening of uplifting Kirtan.

Cosmos

July 14, second Sundays, 1 pm — 3 pm, room 323. The only prerequisite is an open heart and mind. Contact [James Long](#).

Finance Committee Meeting

July 18, Thursday, 6 pm, link in the members area of the [website](#). Non-committee members do not take part in discussions or have a vote.

Board Meeting

July 23, Tuesday, 6 pm, online. Board of Trustees meetings are open to congregants. Zoom link in the members only section of the [website](#).

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org
POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Lone Broussard, *Affiliate Minister*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*
Lexi Pulido, *South Bay Music Coordinator*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Valeria Aguilar, *Membership and Social Justice Coordinator*
Rose Littler-Riedel, *Communications Coordinator*
Lara Anderson, *Youth and Young Adult Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Ray Evans, *Facilities Manager*
Mark Epler, *Event Coordinator*

Board of Trustees

Everardo Aguilar, **President**
Valerie Jaques, **Vice President**
Sue Marberry, **Treasurer**
Karen Lamphere, **Secretary**
Leland Beck, Rosalba Ciampi,
Steve Howard, and Gay Hybertsen **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: [website@firstuusandiego.org](http://www.firstuusandiego.org)
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement