



Our Mission

Our mission is to create community, to nurture spiritual growth, and to act on our values to help heal the world. Nuestra misión es crear comunidad, fomentar el crecimiento espiritual y vivir nuestros valores para ayudar a sanar el mundo.

Our Eight Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another, and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience, and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part;
8. Building a diverse multicultural Beloved Community by our actions that accountably dismantle racism and oppressions.

June's Monthly Worship Theme: Renewal

Hillcrest Campus Location
 4190 Front Street
 San Diego, CA 92103
 619-298-9978

South Bay Campus Location
 970 Broadway, Suite 104
 Chula Vista, CA 91911
 619-271-5017

Hillcrest Services
 10 am Sundays

South Bay Summer Workshops
 10 am Sundays

June 30
"This I Believe"
 Jim Davis, *Worship Leader*

June 30
"Exploring Your Personal Mission Statement"
 Angela Garcia-Sims, *Workshop Leader*

July 7
**"Camp on Campus:
 Bringing it Down the Mountain"**
 Tony Bianca, *Director of Lifespan Faith Formation*

July 7
"Songs of Who We Are and Who We Want to Be"
 Marshall Voit, *Music Director*

**5th Sunday Generosity Offering
 Partner Church in Romania**

On this 5th Sunday of the month, our generosity offering is being received in support of our Transylvanian Partner Church, in Brassó, Romania. This special relationship has lasted for 30 years now! There have been visits and much learning about our shared faith. Now, ongoing strains from the War in nearby Ukraine have led the Brassó Congregation to expand their social services, including food deliveries for the homebound. This week's offering will help the congregation support their local community in a time of great need. You can donate at church or on our [website](#), under gift designation select "Generosity."

**Journey Toward Wholeness (JTW) What
 Can I Do?**

A Kumeyaay Vision of Earth Justice
 Thursday, June 27 at 7 pm, Southeastern Live Well Center, 5101 Market Street, San Diego. Every Sunday we hear the land acknowledgment, but how do we stand in solidarity with our Kumeyaay neighbors? The Interfaith Coalition for Earth Justice will offer an opportunity at the Advancing Earth Justice presentation on June 27th (today!). Bobby Wallace and Sarahmarie Llyemewaa Redfern of the Barona Band of Mission Indians will share their thoughts and experiences in an interview with Rev. Beth Johnson, former ICEJ chairperson. Mr. Wallace and Ms. Redfern will also reflect on their life journeys as activists and address what true justice from the U.S. might look like for the Indigenous. Free. Register at [The Kumeyaay Vision of Earth Justice: An Interview with Bobby Wallace and Sarahmarie Llyemewaa Redfern of the Barona Band of Mission Indians - SanDiego350.](#)

What's Happening?

Double Issue!

New Article II Adopted at UUA General Assembly

Last week, in a significant moment in the history of Unitarian Universalism, the delegates to the General Assembly of the Unitarian Universalist Association voted to revise Article II of the UUA bylaws. This has been an important process taking place over the last 4 years. You can read more about this historic vote [HERE](#).

PRIDE Parade

Everyone is welcome to join in the fun at the Pride Parade on Saturday, July 20, and show our support for the entire LGBTQ+ community. Contact [Louise Titlow](#) if you're interested.

Memory Matters Gathering

June 28, second and fourth Fridays, 10 am — 11:30 am, online, with Kathy Gilbert, LCSW, and Gay Hybertsen, LCSW. For those who worry about memory problems and their care partners. Email [hybertsen@att.net](#) for the link.

Hillcrest In-Person Social Hour

June 30 & July 7, Sundays, following worship, Bard Hall. Join your community after the service for coffee and conversation.

Virtual Social Hour

June 30 & July 7, Sundays, 11 am, [bit.ly/FirstUUSocialHour](#), Meeting ID 824 042 297. Password: FUUSD.

Two Most Important Climate Bills Nobody Knows About

June 30, Sunday, 3:30 pm, [bit.ly/1stUUClimateJustice](#). Congress's massive Farm Bill, reauthorized every five years, has many provisions that would help alleviate climate change, but conservative forces are trying to defund them. The Earth Bill would cut greenhouse gases dramatically by 2030, but is buried in committee.

Open Heart Sangha

June 30 & July 7, Sundays, weekly, 4 pm — 5:30 pm, Bard Hall. The Open Heart Sangha, practicing mindfulness meditation in the tradition of Thich Nhat Hanh. All are welcome! Contact Marge, [margewur@gmail.com](#).

Summer Choir Session 2

July 1 & July 8, Mondays, 7 pm, Bard Hall. Led by Marshall Voit.

Racialized Identities Awareness Book Group

July 5, Friday, 6:30 pm. *A Place at the Nayarit - How a Mexican Restaurant Nourished a Community* by Natalia Molina will be discussed. The novel *Kindred* by Octavia Butler will be discussed on Friday, August 2. If you're interested please contact [Louise Titlow](#) for directions.

Animal Ministry

July 7, first Sundays, 11:45 am, Peace Garden. Join us as we continue to develop our Animal Memorial Garden.

Board Chat

July 7, first Sundays, 12:30 pm, [bit.ly/FirstUUBoardChat](#), Meeting ID: 863 0218 5062 Passcode: 203946.

Hillcrest Song Circle

July 7, first Sundays, 2 pm — 4 pm, Room 323. Bring your guitar/and or voice. [Wombated@gmail.com](#) or [cmack5913@gmail.com](#).

Coping With Chronic Conditions Support Group

July 8, second and fourth Mondays, 1:30 pm — 3 pm, zoom. Contact [Chris Smith](#) prior to attending 619-300-7477.

Caregivers/Allies Support Group - DATE CHANGE

July 9, Tuesday, 4 pm — 5:30 pm, zoom. The Caregivers/Allies Support Group *will not be meeting on Monday, July 8*. The next meeting will be Tuesday, July 9. Contact [Les Vivian](#) or [Mary Ann Harper](#) for information.

Neighborhood Group without Borders

July 10, second Wednesdays, 11 am — 1 pm, 4349 Adams Ave, San Diego, CA 92116. BYO snack or lunch. Refreshments will be provided. Please RSVP to Susan Riegel Harding at 619-987-6234.

Book Club

July 11, Thursday, 6 pm, Zoom. Join us for a discussion on *Drive Your Plow Over Bones of the Dead* by Nobel prize winner Olga Tokarczuk. Contact [minastaylor@gmail.com](#).

Finance Committee Meeting

July 11, Thursday, 6 pm, link in the members area of the [website](#). Non-committee members do not take part in discussions or have a vote.

Women Together Meeting

July 13, second Saturdays, 12 pm — 2 pm, Common Room. We will share whatever is comfortable to share about our closest and most intimate partners in life - spouses or not, living or passed on. Bring photos if you wish. Contact [obata.claudia@gmail.com](#).

Dances of Universal Peace

July 13, second Saturdays, 4 pm — 6 pm, Bard Hall. A heart-centered circle dance combining movement, sound, and breath. This practice promotes peace with live music and open-hearted friends. No experience is necessary.

Rainbow Action Group's Koffee Klatch

July 14, second Sundays, 11:15 am — 12:15 pm, Room 323. Bring some refreshments and join us. All family, friends and allies are invited.

Cosmos

July 14, second Sundays, 1 pm — 3 pm, Room 323. Join us as we explore the birth and evolution of our universe. Contact [James Long](#).

Men's Fellowship 4th Monday - Summer Picnics

July 22, Monday, 5:30 pm, BBQ at Morley Field (in front of the tennis courts). Burgers, hot dogs and veggie burgers will be grilled. Bring salads, beverages, snacks or treats to share. Games, conversation and fire ring. Visit the UUMF patio table or contact Chris Guelich [chrisguelich@gmail.com](#) or Les Vivian [lesvivian@gmail.com](#).

South Bay Campus

Summer Spiritual Workshops at South Bay

Throughout July & August lay leaders and staff will offer spiritual workshops at our regular worship time of Sunday at 10 am at the South Bay Campus. Join us for these participatory experiences that will offer nourishment and deepened connection.

June 30: "Exploring Your Personal Mission Statement," facilitated by Angela Garcia-Sims, Lay Leader

A personal mission statement is a short statement of how a person approaches living, decides how to focus their life and living, one's life aspiration. Through mindful reflection, we discover our life purpose. This spiritual activity will involve thinking about what truly matters to you, exploring what brings you happiness and drafting or refining a personal mission statement to help guide towards a fulfilling life.

July 7: "Songs of Who We Are and Who We Want to Be," facilitated by Marshall Voit, Music Director

July 14: "Circle Singing," facilitated by Lexi Pulido, South Bay Music Coordinator

July 21: "Collaging as a Spiritual Practice," facilitated by Rev. Kristen Kuriga, Assistant Minister

July 28: "Meditation & Kirtan," facilitated by Swamini Adityananda Saraswati, Intern Minister, and Patita Pavani Das

Sunday Morning Volunteer Sign-up at South Bay

We invite you to share your time and talents to help this community thrive. We are signing up Sunday morning volunteers at South Bay for roles like serving as a greeter, providing social hour, getting trained as a worship associate, or learning how to be a technology volunteer. You can sign up [HERE](#)

Family & Lifespan

Youth Outing to Saddle Up Ranch

June 29. Saturday, 4:30 pm. Ride horses with us! Email lara@firstuusandiego.org for more details.

Sunday RE

On Sundays throughout the summer we'll have two groups for children and youth during our 10 am service. PreK - 5th can "get their craft on" in our Summer Maker's Space! Supplies are provided for one-day crafts, and children can also opt to work on a project that will take multiple weeks. Jr & Sr High Youth Group also meets during service.

Young Adult Group

July 2, Tuesdays, 6 pm — 7:30 pm. Contact [Lara](#) for location information.

South Bay Food Pantry News

Need Support?

Could you or someone you know use support with food, blankets, or other basic needs? Let a minister or staff person know, or call the pantry office: (619) 271-5017.

The South Bay Food Pantry...

is located at 970 Broadway, Suite 101, Chula Vista 91911. Open to the public Saturdays 11 am — 12:30 pm. Contact foodpantry@firstuusandiego.org or 619-271-5017.

Want a Pantry Job That's Only Two Hours a Month?

Sign up to distribute diapers at South Bay one Sunday morning a month. You'll work with an experienced team to provide these essential baby supplies to needy families. For more information, contact Rhea Kuhlman, rheakuhlman2@gmail.com

Shopping Idea: Buy Two, Donate One

Most of what food banks provide doesn't help if you don't have a stove or a fridge. Our "no-cook" bags are stocked with easy-open pop-top soups and stews, protein bars and drinks, tuna, and peanut butter that come from you. Hillcrest has a bin as you enter the Meeting House or leave at South Bay - donations gratefully received.

Midweek Bagging

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. Join us putting together bags of healthy food for Saturday's distribution. Drop by or check ahead with foodpantry@firstuusandiego.org.

Social Justice

Climate Action: Support AB2083

California is the leading industrial state in the U.S, and industrial emissions account for about 25% of greenhouse gases produced in California. AB2083 directs the state to start creating an electrification roadmap to reduce industrial pollution. [Tell your legislators](#) to support AB2083.

Get Ready for UU the Vote 2024!

June 30, Sunday, 11:30 am, Common Room. Join us to learn how you can make a difference in the critical 2024 elections. During this UU the Vote organizing and information session, we will discuss the ways to be involved, the mission and goals for 2024 and future events. By participating in UU the Vote 2024, we'll be showing up to live our values including combating criminalization; protecting and expanding healthcare, including abortion, and more. Join us to voice your hopes and goals as we develop this project; let your voice be heard! Together, we can address the current threats to our democracy and human dignity. For more information, questions, or concerns contact Valeria Aguilar, Membership and Social Justice Coordinator, at valeria@firstuusandiego.org or Fay Kandarian, acting UU the Vote Coordinator for First UU, fay.kandarian@snet.net.

Front Street Productions

Front Street Productions Community Event Series



**Barbershop Harmony Showcase featuring
Los Bordershop Quartet and special guests**

Concert: 7:30 pm Saturday, July 27th
Free admission

Summer/
Fall 2024



3rd Annual Summer Arts Festival

Music and more!
3 - 5:30 pm Saturday, August 17th
Free admission



2nd Annual Summer Tardeada

Traditional Mexican Dance Party
2 - 5 pm Saturday, September 7th
Free admission

Family-friendly
concerts and
events.



Tasha Smith Godinez Album Release Party

Champion for contemporary harp music
7:30 pm Friday, October 18th
Free admission



Juan Reynoso - Storyteller

Renowned Storyteller
7:30 pm Saturday, November 2nd
Free admission



Funded by
the Outreach
and Growth Fund

First Unitarian Universalist Church of San Diego

298 W Arbor Street, San Diego, CA 92103
(619) 298-9978

► Free parking in our lot



Registration and tickets at FrontStreetProductions.org

Two Weeks at a Glance Calendar**Double Issue!****Friday, June 28, 2024****Memory Matters Gathering**

June 28, second and fourth Fridays, 10 am — 11:30 am, online. For those who worry about memory problems and their care partners. Email hybertsen@att.net for the link.

Saturday, June 29, 2024**Food Pantry Food Distribution**

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. foodpantry@firstuusandiego.org.

Sunday, June 30, 2024**Worship Service & Livestream**

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Summer Workshops

Sundays, 10 am, South Bay Worship Hall.

Hillcrest In Person Social Hour

Sundays, following service, Bard Hall. Coffee and tea provided.

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Open Heart Sangha

Sundays, 4 pm — 5:30 pm, Bard Hall. margewur@gmail.com.

Monday, July 1, 2024**Summer Choir Session 2**

July 1, Monday, 7 pm, Bard Hall. Led by Marshall Voit.

Tuesday, July 2, 2024**Young Adult Group**

Tuesdays, 6 pm — 7:30 pm. Contact [Lara](#) for location info.

Thursday, July 4, 2024**Food Pantry Midweek Bagging**

Thursdays, 11 am — 12:30 pm, South Bay Campus Room 105. foodpantry@firstuusandiego.org.

Friday, July 5, 2024**Racialized Identities Awareness Book Group**

July 5, Friday, 6:30 pm. *A Place at the Nayarit - How a Mexican Restaurant Nourished a Community* by Natalia Molina will be discussed with the Racialized Identities Awareness Book Group. If you're interested please contact [Louise Titlow](#) for directions.

Saturday, July 6, 2024**Food Pantry Food Distribution**

Saturdays, 11 am — 1 pm, South Bay Campus. Volunteers arrive by 10:30 am to staff a station. foodpantry@firstuusandiego.org.

Sunday, July 7, 2024**Worship Service & Livestream**

In person or [online](#) at 10 am! Outdoor viewing available.

South Bay Summer Workshops

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Wednesday, July 10, 2024**Neighborhood Group without Borders**

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Our Staff

Ministers:

Rev. Justine Sullivan, *Lead Minister*
Rev. Kristen Kuriga, *Assistant Minister*
Swamini Adityananda Saraswati, *Intern Minister*
Rev. Lone Broussard, *Affiliate Minister*
Rev. Bonnie Tarwater, Rev. Dr. Everett Howe,
Rev. Frank Placone-Willey, Rev. Julie Forest
and Rev. Katy Swanson, *Community Ministers*
Rev. Dr. Thomas A. Owen-Towle, *Minister Emeritus*

Music Staff:

Marshall Voit, *Music Director*
Andrea Spiero, *JUUL Tones Ensemble Director*
Tony Bianca, *Handbell Program Director*
Tomás Acosta, *Collaborative Pianist*
Lexi Pulido, *South Bay Music Coordinator*

Staff:

Robie Evans, *Director of Operations*
Tony Bianca, *Director of Lifespan Faith Formation*
Valeria Aguilar, *Membership and Social Justice Coordinator*
Rose Littler-Riedel, *Communications Coordinator*
Lara Anderson, *Youth and Young Adult Coordinator*
Jazmine Ramanathan, *Administrative Assistant*
Kate Collier, *Program Assistant*
Corina Macias, *South Bay Ministry Assistant*
Pam Bates, *Scheduler*
Ray Evans, *Facilities Manager*
Mark Epler, *Event Coordinator*

POSTMASTER: Please send address changes to
The Window, 4190 Front Street, San Diego, CA 92103-2098

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, CA 92103-2098
Phone: 619-298-9978, Fax: 619-298-9997
E-mail: mail@firstuusandiego.org

Board of Trustees

Valerie Jaques, **President**
Karen Lamphere, **Vice President**
Armin Kuhlman, **Treasurer**
Leland Beck, Jim Davis, Steve Howard, Rhiannon Smith,
Rose Van Oss, and Les Vivian **Trustees**

Important E-mail Addresses:

General First Church E-mail: mail@firstuusandiego.org
Scheduling of Church Property: schedule@firstuusandiego.org
The Window (newsletter): [window@firstuusandiego.org](mailto>window@firstuusandiego.org)
First Church Web Site: [website@firstuusandiego.org](http://www.firstuusandiego.org)
<http://www.firstuusandiego.org> (Main site)
<http://www.firstuusandiego.org/uus-of-the-south-bay>
(UUs of the South Bay)

Contact the Main Office (Hillcrest Campus):

First Unitarian Universalist Church of San Diego
4190 Front Street, San Diego, California 92103
619-298-9978 • mail@firstuusandiego.org
www.firstuusandiego.org

Office Hours:

Tuesday—Friday, 10 am to 2 pm and Sunday after Services

Contact the South Bay Campus (Chula Vista):

Unitarian Universalists of the South Bay
970 Broadway, Suite 101 & 104, Chula Vista, California, 91911
619-271-5017 • uusouthbay@firstuusandiego.org
www.firstuusandiego.org/uus-of-the-south-bay
Campus Hours: Sunday for Service or By Arrangement